

Please register for the programs,
activities and events offered.

Chapleau Cree First Nation

P.O. Box 400
828 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0784
Fax: 705-864-1760
E-mail: reception@chapleaucree.ca

Life's Sacred Journey

P.O. Box 400
814 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-860-0003
Fax: 705-860-0004
E-mail: bandrep@lifessacredjourney.ca

Chapleau Cree Health Centre

P.O. Box 400
801 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0200
Fax: 705-864-0206
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



**RESPECT TOBACCO!!!
SAY NO TO SMOKING!**



For the week of:
**October 27, to
November 2, 2025**

Winter Hours:

**Monday - Friday
8:30AM - 4:30PM**

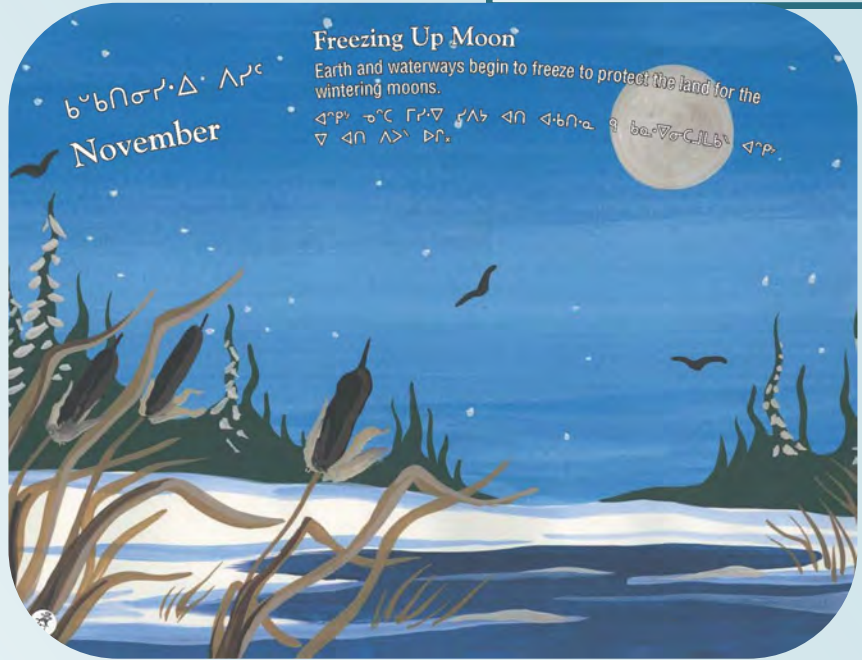
Participation and Feedback on
Activities/Events/Programs is
always welcomed

Please submit feedback to
Kyle Corston @ 705-864-0784 or
communityrelations@chapleaucree.ca



This Week's Highlights:

- 1:1's with Martin Scott
- Youth Self Defense Groups 1&2
- Hunter's Bag Workshop
- Community Haircut Day
- Sweat Lodge with Martin Scott
- Maamwesying Lunch n Learn (Diabetes and Lower Limbs)
 - Bowen w/ D. Barnes
- Community Dinner (turkey & dumplings)
 - Kids Halloween Movie Night (Ghostbusters: Frozen Empire)
 - Ladies Go Pink Finale/ Men Go Blue Begins
 - Gun Case Workshop



Oški-kīšikâw

MONDAY

Pimahamowi-Pisim

October 27

MONDAY
LET'S DO THIS!

1:1 Sessions w/ Martin Scott



9am-12pm@ Health

**Youth Self
Defence
Group 1&2**



GROUP 1: 6-7pm
GROUP2: 7-8pm
@ Band Office

Hunter's Bag Workshop



6:30-9pm@ Health



Nīso-kīšikâw

TUESDAY

Pimahamowi-Pisim

October 28



Town Run

10:00 a.m.

Call **Health** at

705-864-0200 before 9am

to get picked up

COMMUNITY HAIRCUT DAY



10am-4pm @ Health

Sweat Lodge w/ M. Scott



5:30-8:30pm@ Turtle Lodge

Hunter's Bag Workshop



6:30-9pm@ Health



Apihtawan

WEDNESDAY

Pimahamowi-Pisim

October 29

1:1 Sessions w/ Martin Scott



9am-4pm@ Health

Maamwesying

Lunch n' Learn

(Diabetes & Lower Limbs)



11:30am-1pm @ Health

**Bowen Therapy
w/ D. Barnes**



1pm-8pm @ Health



**COMMUNITY
DINNER**



5:30-6:30pm@ B. Office Hall



Nêwi-kīšikâw

THURSDAY

Pimahamowi-Pisim

October 30



Town Run

10:00 a.m.

Call **Health** at

705-864-0200 before 9am

to get picked up

Bowen Therapy w/ D. Barnes



10am-5pm @ Health

Sweat Lodge w/ M. Scott



5:30-8:30pm@ Turtle Lodge

Kids Halloween Movie Night!!!



6pm-8:30pm @ Band Office



Pahkwēšikani-kīšikâw

FRIDAY

Pimahamowi-Pisim

October 31

LADIES GO PINK FINALE!!!



1:1 Sessions w/ Martin Scott



9am-4pm@ Health



**Not Receiving the
Weekly Pamphlet in a
timely manner?**
Call **Kyle Corston** at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your inbox

Matinawe-Kisikaw

SATURDAY

Kaskatinisiw-Pisim

November 1

MEN GO BLUE BEGINS!!!



Gun Case Workshop



9am-4pm @ Health

Ayamihêwi-kīšikâw

SUNDAY

Kaskatinisiw-Pisim

November 2

Gun Case Workshop



9am-4pm @ Health

**Have a wonderful
weekend!**



Martin Scott

Traditional Counselling
Sweatlodge Conductor

**October 27th – 31st
2025
Health Centre**

*Call Health to book
your 1:1 Session*

**1:1 Counselling
Sessions by
appointment
Monday 27th
Wednesday 29th
Friday 31st**

**for more
information**
contact Tracy
705-864-0200



**Sweatlodge
Ceremonies
5:30 PM
Tuesday 28th
Thursday 30th**



CHAPLEAU CREE PRESENTS

YOUTH SELF-DEFENSE CLASSES

Give your child the tools to stand tall with Warrior Spirit's youth self-defence program!

OUR 12 WEEK PROGRAM INCORPORATES THE FUNDAMENTALS OF WRESTLING, JUDO, AND BOXING IN A SAFE, POSITIVE, AND INCLUSIVE ENVIRONMENT.

LED BY A FORMER POLICE OFFICER, OUR INSTRUCTOR BRINGS REAL-LIFE EXPERIENCE, ENSURING YOUR CHILD LEARNS PRACTICAL TECHNIQUES AND SITUATIONAL AWARENESS—NOT JUST THEORY.

DESIGNED SPECIFICALLY FOR KIDS AND TEENS, OUR CLASSES BUILD:

- Confidence through real-world self-defence skills
- Fitness with fun, high-energy training
- Discipline & Focus through structured practice
- Respect & Empathy with team-building and anti-bullying strategies

Limited Spots Available

Call Health to register

 864-0200



WEEKLY CLASSES ON MONDAYS

6:00 PM & 7:00 PM



BAND OFFICE BASEMENT



Open
to ages
6-18

NO EXPERIENCE
NEEDED!

JUST A WARRIOR SPIRIT



WARRIOR SPIRIT
FITNESS & SELF-DEFENSE

STRONG BODIES, STRONG MINDS, SAFE KIDS





Chapleau Cree Presents

HUNTER BAG WORKSHOP ¹⁶⁺

Come join us at the Health Center to make your
very own leather hunter's bag.



OCTOBER 27 & 28

6:00pm - 9:00pm | @ Health Center

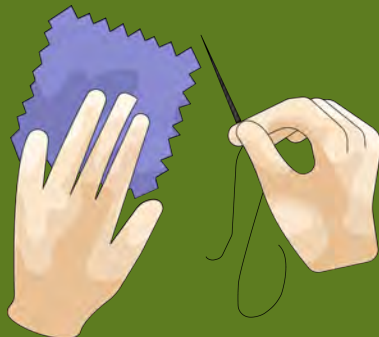


All Hand
Sewing

Only 2 days

Facilitated by:
Cindy Fletcher

Call 705-864-0200 to register
For inquiries call Nathalie x 203



CCFN Band Members
Maximum 10 participants Waitlist welcome

Haircut Day

Chantal Gravel

October 14 & 28
10:00am - 4:00pm

FREE of charge
Gratuity encouraged

CALL HEALTH 705-864-0200
TO BOOK AN APPOINTMENT

CCFN Members. Waitlist Welcome.





YOUR FEET AND DIABETES

LUNCH & LEARN

The Lunch & Learn is presented by the Maamwesying Ontario Health Team, Lower Limb Preservation Project in collaboration with the Diabetic Nurse Educator.



Join us for a Lunch & Learn within your community!

Date: Wednesday October 29, 2025

Time: 11:30am-1pm

Location: Chapleau Cree First Nation
Health Center

If you are interested in having a lower limb assessment completed, we will have staff in office who can complete this 30 minute assessment!



Maamwesying
ONTARIO HEALTH TEAM

Funded by the Province of Ontario



Health Sciences North
Horizon Santé-Nord



Registered Social Worker/Therapist
Patrick Champagne will be visiting
the LIFE'S SACRED JOURNEY Office to
offer his services to the Community

Tuesday, October 28th 2025,

9am –12pm & 1pm—4pm

**Afternoon availability for walk-in appointments
at the LSJ Office**

Patrick is also available for virtual appointments!

Feel free to drop in and speak with him about his services, re-
quest a 20 minute consultation, or call

Hilary at 705 860-0003 to book an appointment.



See Patrick's Poster to learn more about him and how he can help.



Patrick Champagne, RSW

Therapist

I am a Registered Social Worker and Therapist with a professional career spanning over a decade.

My approach to managing and treating addictions is based on assisting clients in identifying the root cause(s) of their addiction with a focus on harm reduction and relapse prevention and Trauma. I aim to help clients build connections to traditional medicine and overcome barriers to cultural reconnection. I also helps clients work through intergenerational trauma by focusing on how this trauma impacts clients in their daily life.

My promise and dedication is to provide a safe, and non-judgemental space to support you in taking meaningful steps in their healing journey. While I do have a concentration in counselling for Indigenous peoples, I am also open to other cultural backgrounds and non-indigenous clients dealing with addiction, trauma, and mental health.



Areas of Focus:

- Trauma Therapy
- Grief Counselling
- Culturally Informed Practice
- Addictions, Harm Reduction & Relapse Prevention
- Intergenerational or Residential School Trauma
- Indigenous Social Work

Free 20 minute consultation available!

Approved NIHB Provider!

Accept Private Insurances!

Accepting New Clients!

**Patrick Champagne, RSW, HBSW,AC(HON),
Timmins, Ontario Canada**

705-360-3132

info@patchampagne.com

www.patchampagne.com



BOWEN

with Dorcas Barnes

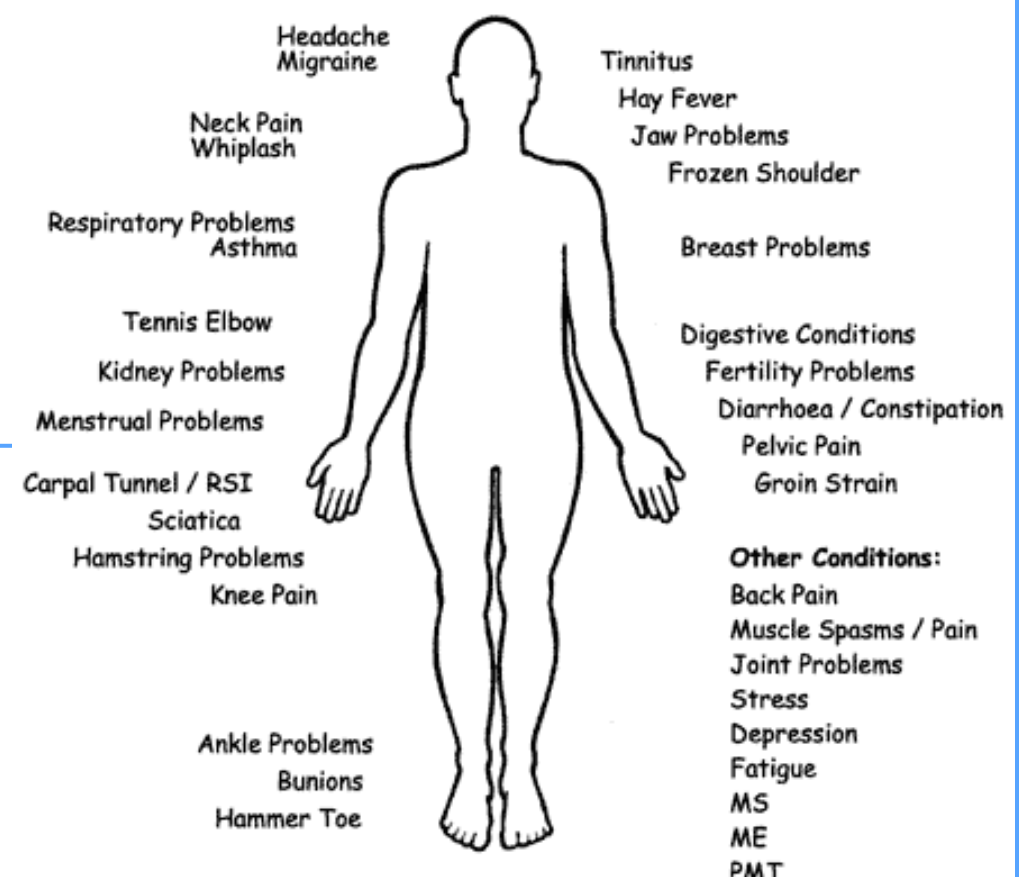
October 29th, 2025 appointments
1:00 PM–8:00 PM

October 30th, 2025 appointments
10:00 AM–5:00 PM
at Health Centre

Bowen Therapy

The Bowen Technique is a gentle non-invasive, holistic therapy.
It can benefit adults and children of all ages

Conditions Which Have Responded to The Bowen Technique

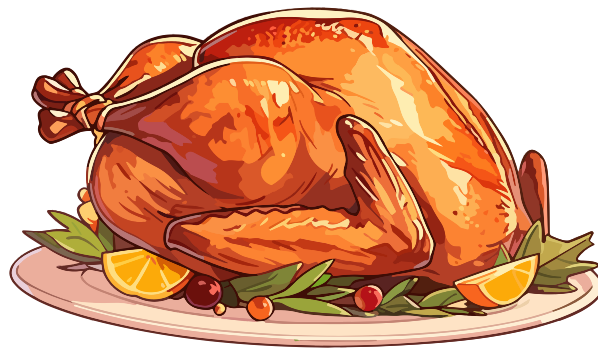


Call to book your appointment at Health
705-864-0200
Priority CCFN Members, waitlist welcomed



Turkey & Dumplings

COMMUNITY DINNER



OCTOBER 29 | 5:30PM

BAND OFFICE BASEMENT

CALL TO REGISTER

705-864-0200





PIZZA



SNACKS

POPCORN

HALLOWEEN MOVIE NIGHT

ALL TREATS NO TRICKS

THURSDAY, OCTOBER 30, 2025

6:00PM - 8:00PM

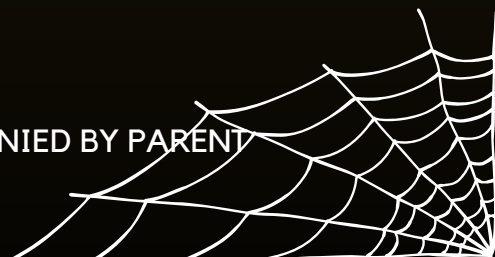
**TO REGISTER CALL: CHAPLEAU CREE HEALTH CENTRE -
705-864-0200**

for inquiries call Nathalie - ext. 203

LOCATION: HEALTH CENTRE

OPEN TO CCFN BAND MEMBERS

**CHILDREN 6 YEARS AND YOUNGER TO BE ACCOMPANIED BY PARENT
WAITLIST WELCOMED**





Chapleau Cree Presents

GUN CASE WORKSHOP ¹⁶⁺

Come join us at the Health Center to make your
very own Leather Gun Case



NOVEMBER 1 & 2

9:00am - 4:00pm | @ Health Center



All Hand
Sewing

Delicious Lunch
will be provided

Facilitated by:
Cindy Fletcher

Call 705-864-0200 to register
For inquiries call Nathalie x 203



CCFN Band Members
Maximum 10 participants Waitlist welcome

Blue



NOVEMBER

ATTENTION MEN & MALE YOUTH

THIS CONTEST IS FOR YOU!

SHOW YOUR SUPPORT FOR MEN'S HEALTH BY WEARING BLUE THROUGHOUT THE MONTH OF NOVEMBER. TAKE SELFIES WEARING BLUE AND EMAIL PIC TO TRACY FOR YOUR CHANCE TO WIN

APPLE IPAD AIR 13" 1 TB WITH WI-FI & 5G

EACH SELFIE SUBMITTED IS AN ENTRY INTO THE CONTEST.

CONTEST OPENS NOV 1ST & CLOSSES NOV 30TH. DRAW TO TAKE PLACE DEC. 1ST @ NOON.

CONTEST OPEN TO **MALE CHAPLEAU AREA CCFN BANDMEMBERS AND IMMEDIATE MALE AFFILIATES RESIDING IN THE SAME HOUSEHOLD**

email selfies wearing blue @ programs@chapleaucree.ca with Blue & Day in subject line. Example: for Nov 15, type Blue15 in the subject line for an entry ballot for a chance to win.

Let's create awareness for Men's Health. Early Detection saves lives.



REMEMBRANCE DAY

Lest We Forget

NOVEMBER 10TH, 2025

11:00 AM

BAND OFFICE BASEMENT HALL

LIGHT LUNCH TO FOLLOW

CCFN X MNP

Community Engagement

Please join us after dinner for an interactive community session with MNP to discuss CCFN Economic Development Strategy



Thursday

November 13, 2025



Community Hall



**Dinner Starting at
5:30 PM**



Why Attend?

Unlock the
Power of
Collaboration



Gain Insight
into the
Future



Impactful
Discussions



Online attendance is also
welcomed!



ATTENTION CCFN MEMBERS
Limited Seats!



DZ ***TRAINING***

November 17-21, 2025

- ✓ 1 week in class at Band Office
- ✓ MTO Medical required
- ✓ 5 day Practical done locally
- ✓ Written & Road Test
- ✓ G licence



REGISTER NOW



705-864-0784 ext 227



education@chapleaucree.ca



SURVIVOR'S WORKING CIRCLE

Meeting and Oral History & Testimony Collection

IN-PERSON MEETING LOCATION: Brunswick House First Nation Recreation Centre
NOVEMBER 19, 2025 | 10:00 am - 2:00 pm
NOVEMBER 20, 2025 | 9:00 am - 4:00 pm

Please **RSVP** to your initiative lead or community coordinator

Chris BHFN | IRSlead@bhfn.ca

Connie COFN | connie.picody@chapleauojibwe.ca

Edith CCFN | bandadmin@chapleaucree.ca

***indicates a required question**

NAME (FIRST AND LAST): *

MAILING ADDRESS: *

PHONE: *

EMAIL: *

WILL YOU BE ATTENDING IN PERSON? *

***A LINK WILL BE AVAILABLE TO JOIN VIRTUALLY**

☐ Yes

☐ No

AFFILIATION or ROLE AT THE SURVIVOR'S WORKING CIRCLE MEETING: *

☐ Residential School Survivor

☐ Residential School Survivor Support Person

☐ Intergenerational Survivor

☐ Community Support Worker (Cultural, Mental Health, etc.)

☐ Community Member

☐ Other _____



Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca

BIDDING OPPORTUNITY

Provision of Catering Services to

Chapleau Cree First Nation

Economic Development Strategy Engagement Dinner

Chapleau Cree Band Office at 5:30 p.m.

Chapleau Cree First Nation will be hosting a Dinner and Engagement Session for MNP Consultants on November 13th, 2025 at 5:30 PM.

Brief Description	Dinner for approximately 60 participants. Entrée, fruit, vegetables, dessert Coffee, water, juice, tea *Please Note: Adjustments will be made as for any increases in the number of participants*
Contract Duration	November 13 th , 2025
Venue	Chapleau Cree Band Office

- **Interested bidders will be required to submit a healthy menu (to be included with the bid)**
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, cooking equipment, tablecloths, napkins, utensils will be provided by Chapleau Cree Health.
- The successful bidder must provide their own take-out containers.
- The successful bidder will be responsible for all necessary clean up and disposal of leftover food. Kitchen must be returned to original condition.
- 50% holdback will be instituted on any advances to be released after inspection of kitchen/facility clean-up following the event.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Edith Larocque, Band Administrator
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0

or by email to bandadmin@chapleaucree.ca

Subject Line: **Catering Bid: November 31st 2025, Strategy Dinner**

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu will be October 14th 2025.



Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca



BIDDING OPPORTUNITY

Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	Lunch for approximately Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree

Breakfast

Lunch

Snacks

Dinner

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Chapleau Cree First Nation

P.O. Box 400

Chapleau, ON P0M 1K0

or by email to

Subject Line:

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu is:



Individuals are invited to submit their application, résumé, and three references to the following:
Edith Larocque, Band Administrator
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0
bandadmin@chapleaucree.ca
Subject Line: **Employment: (Administrative Support)**

We thank all applicants, but only those selected for an interview will be contacted.
First Nation individuals and CCFN band members are encouraged to apply!



Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca

EMPLOYMENT OPPORTUNITY

Position:	Anticipatory Administrative Assistant – FULL TIME
Location:	The Chapleau Cree First Nation (CCFN) is a member of the Mushkegowuk Council and is situated on the Fox Lake Reserve, located just outside the community of Chapleau. The community is approximately four hours north of Sault Ste. Marie and two hours southwest of Timmins.
Description:	The Chapleau Cree First Nation is seeking the services of a self-motivated dependable employee to provide office support and clerical duties for the Band Administrator.
Preferred Qualifications:	✓ Degree in Business Administration or Equivalent ✓ 2 years' experience in a similar type of position ✓ Valid G driver's license ✓ May be required to provide a Canadian Police Information Check
Skills:	✓ Excellent use of technology for collaboration. ✓ Strong computer skills, including all Microsoft applications. ✓ Rigorous analytical and research skills. ✓ Innovative, supportive, highly driven and attention to detail. ✓ Ability to communicate with all levels of the organization. ✓ Dedicated self-starter, ability to work well under pressure and deadlines. ✓ Excellent time management and organizational skills. ✓ Highly motivated, efficient team player who can provide comprehensive administrative support. ✓ Ability to complete multiple tasks while dealing with frequent interruptions and tight timelines. ✓ Ability to work with and adapt successfully to shifting priorities, variations in work schedules, locations and/or tasks and respond to changing procedures, technology and/or policies in a positive, appropriate manner. ✓ Ability to lead coordination of community presentations.
Duties/Responsibilities:	✓ Follow directions as provided by the Band Administrator to ensure the timely day-to-day business of the Chapleau Cree First Nation ✓ Coordinate and manage the Band Administrator's schedule ✓ Act in a resource capacity with other departments of CCFN ✓ Taking minutes at meetings as directed by Administrator ✓ Maintain filing systems and coordinate with the finance department ✓ Assist in the timely delivery of program and service management for the CCFN ✓ Assist in the preparation and submission of required provincial, federal and First Nation reporting ✓ Supports communication memos, newsletter articles and announcements ✓ Ability to travel and attend meetings on behalf of CCFN ✓ Incumbent may be expected to perform other job-related duties other than those contained in this description.

Wage: \$ 45,760.00 - \$ 54,080.00

Closing Date: November 25, 2025

Individuals are invited to submit their application, résumé and three references to the following:

Edith Larocque, Band Administrator
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0
bandadmin@chapleaucree.ca

We thank all applicants, but only those selected for an interview will be contacted.
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