

Please register for the programs,
activities and events offered.

Chapleau Cree First Nation

P.O. Box 400
828 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0784
Fax: 705-864-1760
E-mail: reception@chapleaucree.ca

Life's Sacred Journey

P.O. Box 400
814 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-860-0003
Fax: 705-860-0004
E-mail: bandrep@lifessacredjourney.ca

Chapleau Cree Health Centre

P.O. Box 400
801 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0200
Fax: 705-864-0206
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



For the week of:
**November 3, to
November 9, 2025**

Winter Hours:

**Monday - Friday
8:30AM - 4:30PM**

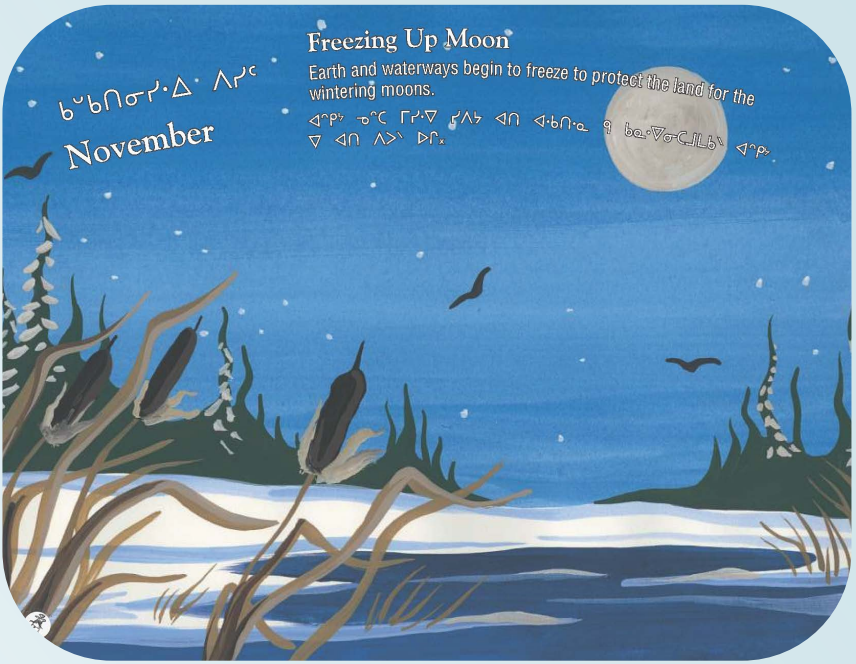
Participation and Feedback on
Activities/Events/Programs is
always welcomed

Please submit feedback to
Kyle Corston @ 705-864-0784 or
communityrelations@chapleaucree.ca



This Week's Highlights:

- Draw for LADIES GO PINK!!!
- YOUTH Self Defense Groups 1&2
- Community Haircut Day
- Nutrition BINGO



Oški-kīšikāw
MONDAY
Kaskatinisiw-Pisim
November 3



**DRAW FOR
 LADIES GO PINK!!!**



12pm-1pm @ Health

**Youth Self
 Defence
 Group 1&2**



**GROUP 1: 6-7pm
 GROUP2: 7-8pm
 @ Band Office**



**CHAPLEAU CREE
 FIRST NATION**

Nīso-kīšikāw
TUESDAY
Kaskatinisiw-Pisim
November 4



Town Run
10:00 a.m.
 Call **Health** at
705-864-0200 before 9am
 to get picked up

**COMMUNITY HAIRCUT
 DAY**



10am-4pm @ Health



Apihtawan
WEDNESDAY
Kaskatinisiw-Pisim
November 5



Nēwi-kīšikāw
THURSDAY
Kaskatinisiw-Pisim
November 6

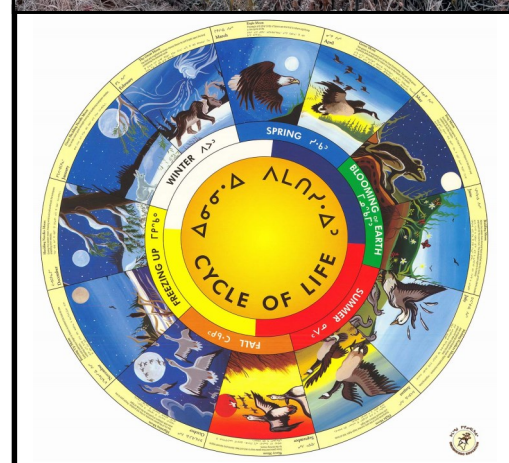


Town Run
10:00 a.m.
 Call **Health** at
705-864-0200 before 9am
 to get picked up

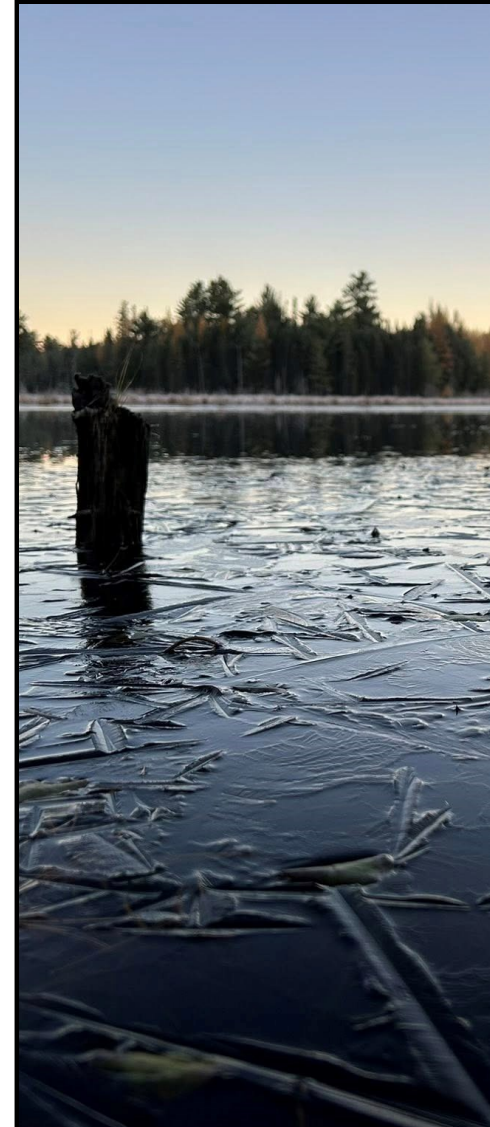
Nutrition Bingo



7pm-9pm @Health



Pahkwēšikani-kīšikāw
FRIDAY
Kaskatinisiw-Pisim
November 7

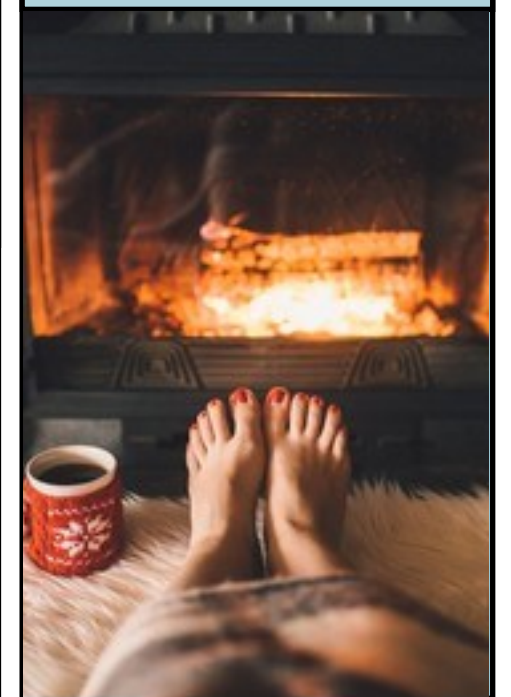


**Not Receiving the
 Weekly Pamphlet in a
 timely manner?
 Call **Kyle Corston** at the
Band Office 705 864 0784
 and give your email—
 you'll
 receive the pamphlet
 right to your inbox**

Matinawe-Kisikaw
SATURDAY
Kaskatinisiw-Pisim
November 8



Ayamihêwi-kīšikāw
SUNDAY
Kaskatinisiw-Pisim
November 9





Chapleau Cree Presents

GUN CASE WORKSHOP ¹⁶⁺

Come join us at the Health Center to make your
very own Leather Gun Case



NOVEMBER 1 & 2

9:00am - 4:00pm | @ Health Center



All Hand
Sewing

Delicious Lunch
will be provided

Facilitated by:
Cindy Fletcher

Call 705-864-0200 to register
For inquiries call Nathalie x 203



CCFN Band Members
Maximum 10 participants Waitlist welcome

Haircut Day

Chantal Gravel

November 4 & 18
10:00am - 4:00pm

FREE of charge
Gratuity encouraged

CALL HEALTH 705-864-0200
TO BOOK AN APPOINTMENT

CCFN Members. Waitlist Welcome.





NUTRITION BINGO

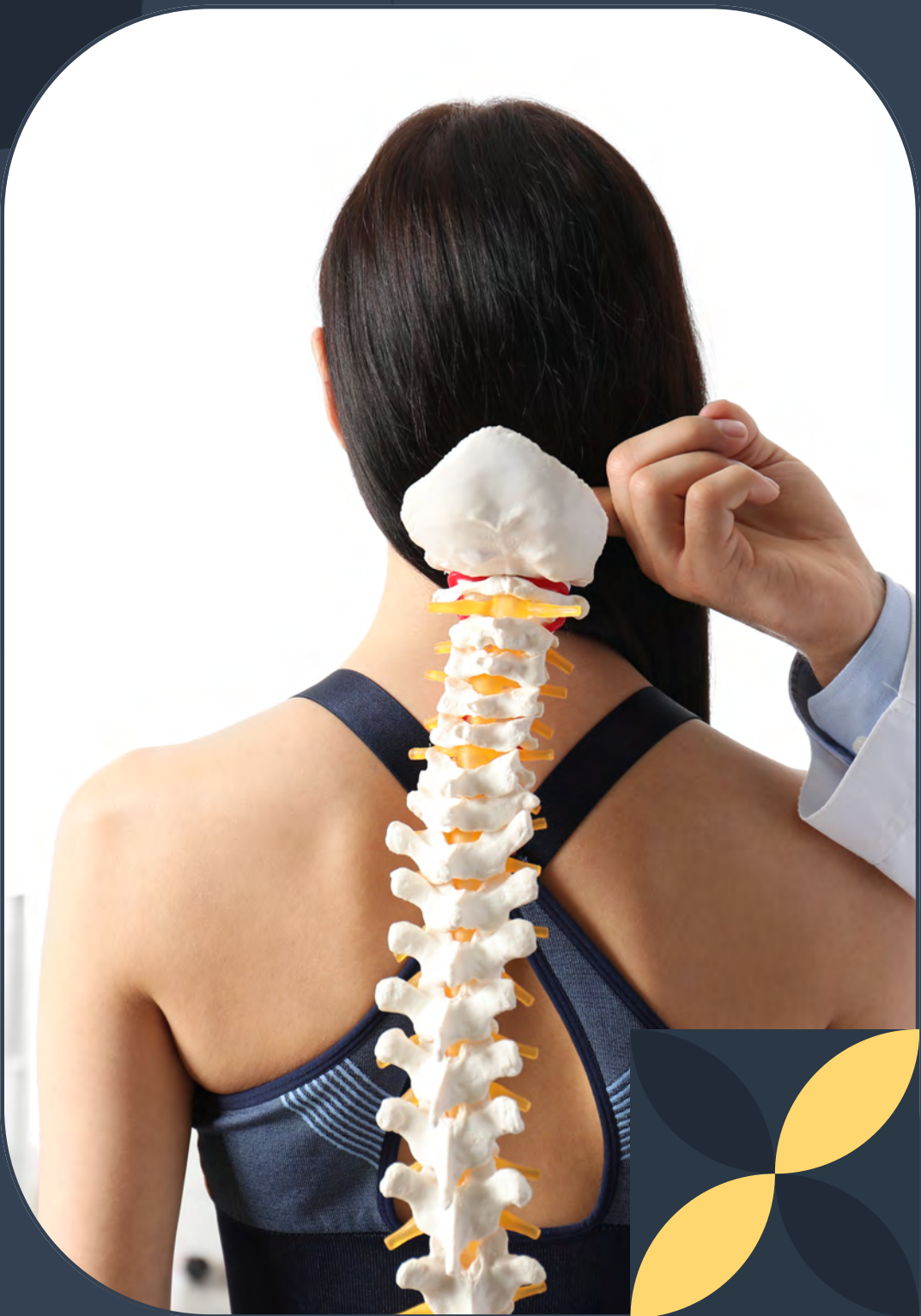
Nov. 6th, 2025

BRING YOUR GROCERY BAGS!

GAME | NIGHT | FUN

Band Office Door Opens At 7:00 pm

CALL 705 864 0200 TO REGISTER



WELLNESS THROUGH CHIROPRACTIC CARE

Welcome to Mushkegowuk Health , where we prioritize your well-being through personalized chiropractic care. Our experienced team is dedicated to helping you achieve optimal health and vitality.

Services Offered



Spinal Adjustments

Expert chiropractors restoring balance to your spine.



Peripheral Joint

Relax and rejuvenate with therapeutic massages.



Rehabilitation Exercises

Strengthen and enhance your body's natural healing abilities.

Meet Our Expert

DR. David Popovic

Expert Chiropractor

November 10th, 2025
10:00 am to 2:30 pm



Ready to prioritize your well-being?
Contact us today

HEALTH CENTRE



705 864 0200

CCFN Members
Waitlist for others welcome.



CCFN X MNP

Community Engagement

Please join us after dinner for an interactive community session with MNP to discuss CCFN Economic Development Strategy

Register with Health at 705-864-0200



Thursday

November 13, 2025



Community Hall



**Dinner Starting at
5:30 PM**



Unlock the
Power of
Collaboration



Gain Insight
into the
Future



Impactful
Discussions



Online attendance is also
welcomed!



Live Streaming

Men's Social Event

November 15th, 2025

Dinner at 6:00 PM

followed by card games, pool, table tennis, darts and the
streaming of the UFC 309 Event

Please call Health to register for this event

705-864-0200

ONLY Men!





N.A.A.W

**NATIONAL
ADDICTIONS
AWARENESS WEEK**

**NOV. 19TH
2025**

DINNER

**“Living The Good Life” Nominees will be
honoured at the dinner.**

**5:30 PM - Community Dinner & NAAW
awards will be presented to nominees**



**7:00 PM - Call out to musicians for entertainment.
Bring your musical instruments.**



**More NAAW Activities are tentatively being planned for this
week. Check your pamphlets for updates.
Please call Health 705-864-0200 to register for this event.**

Chapleau Cree Band Office - Hall



CHRISTMAS SHOPPING TRIP 2025

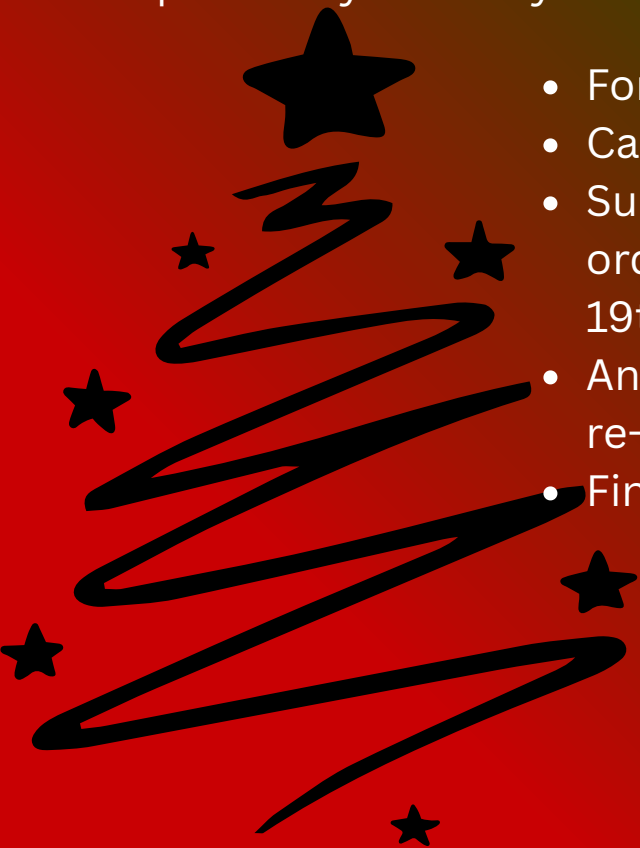


Chapleau Cree Band Members, who reside in the Chapleau area are invited to participate in our annual sponsored Christmas Shopping Trip between November 1st and December 24th, 2025



Life's Sacred Journey will re-imburse as follows:

- one standard room rate per family to a maximum of \$250.00 (taxes included) for a maximum of 2 nights stay
- \$250.00 Pimii Kamik gas voucher per family, to be received along with re-imburement cheque
- Meals, up to \$75.00 per person for a maximum of 2 adults per family for 3 days
- For questions, please call Hilary 705-860-0003
- Call Health Centre to register 705-864-0200
- Submit receipts to CCHC by December 10th in order to receive re-imburement by December 19th
- Any receipts received after December 10th will be re-imbursed after January 9th, 2026
- Final date to submit receipts - January 16th, 2026





**YOUNG
DRIVERS®**



Call out for interest

What is expected:

- 30 hours online course
- 10 hours in class/road
- YD car and refresh
before road test

If interested or for more information,
call Nathalie at 705-864-0200 ext. 203



First Nation Employment Services Framework Survey



The Chiefs of Ontario (COO), in partnership with the Ministry of Labour, Immigration, Training and Skills Development (MLITSD), invites community members to take part in the First Nation Employment Services Framework Survey.

This survey will help identify barriers to employment, the supports and services communities need, and opportunities to strengthen employment programs for First Nations people across Ontario. Your input will guide the development of a First Nation Employment Services Framework that is culturally relevant, community-driven, and grounded in First Nation rights and traditions. By completing this survey, you are helping shape a stronger, First Nation-led approach to employment services.

Survey open until Thursday October 30, 2025 at 11:59 p.m.

To access the survey please visit: <https://www.surveymonkey.com/r/L6FNWKD>

OR SCAN:



Thank You for Participating

All participants who complete the survey will be entered into a draw to win a \$250 visa gift card



SURVIVOR'S WORKING CIRCLE

Meeting and Oral History & Testimony Collection

IN-PERSON MEETING LOCATION: Brunswick House First Nation Recreation Centre
NOVEMBER 19, 2025 | 10:00 am - 2:00 pm
NOVEMBER 20, 2025 | 9:00 am - 4:00 pm

Please **RSVP** to your initiative lead or community coordinator
Chris BHFN | IRSlead@bhfn.ca
Connie COFN | connie.picody@chapleauojibwe.ca
Edith CCFN | bandadmin@chapleaucree.ca

***indicates a required question**

NAME (FIRST AND LAST): *

MAILING ADDRESS: *

PHONE: *

EMAIL: *

WILL YOU BE ATTENDING IN PERSON? *

***A LINK WILL BE AVAILABLE TO JOIN VIRTUALLY**

- ☐ Yes
- ☐ No

AFFILIATION or ROLE AT THE SURVIVOR'S WORKING CIRCLE MEETING: *

- ☐ Residential School Survivor
- ☐ Residential School Survivor Support Person
- ☐ Intergenerational Survivor
- ☐ Community Support Worker (Cultural, Mental Health, etc.)
- ☐ Community Member
- ☐ Other
