

Please register for the programs,
activities and events offered.

Chapleau Cree First Nation

P.O. Box 400
828 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0784
Fax: 705-864-1760
E-mail: reception@chapleaucree.ca

Life's Sacred Journey

P.O. Box 400
814 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-860-0003
Fax: 705-860-0004
E-mail: bandrep@lifessacredjourney.ca

Chapleau Cree Health Centre

P.O. Box 400
801 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0200
Fax: 705-864-0206
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



For the week of:
**September 29, to
October 5, 2025**

Summer Hours:

**Monday - Thursday
8AM - 5PM**

**Friday
8AM - Noon**

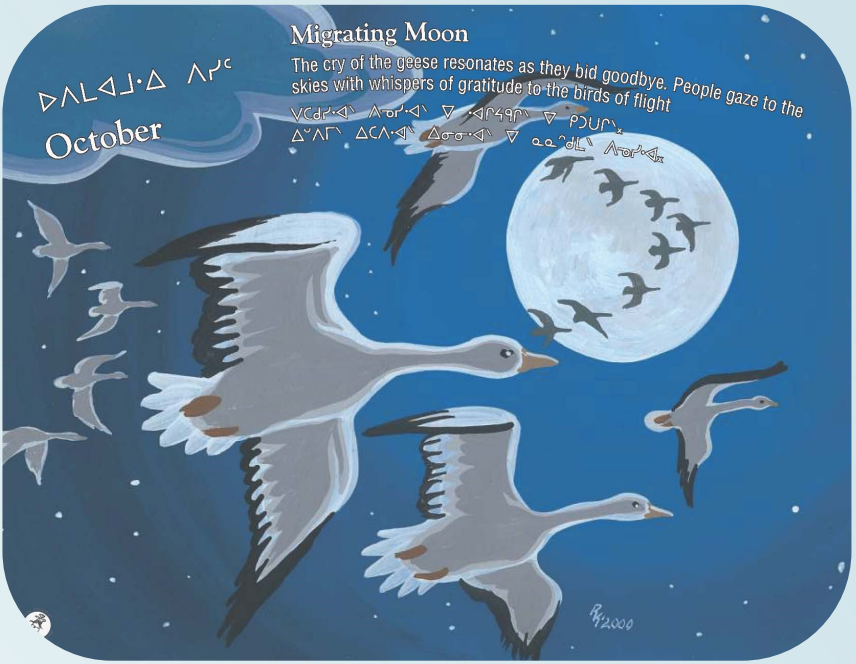
Participation and Feedback on
Activities/Events/Programs is
always welcomed

Please submit feedback to
Kyle Corston @ 705-864-0784 or
communityrelations@chapleaucree.ca



This Week's Highlights:

- Youth Self Defense Classes
- OFFICES CLOSED for National Truth and Reconciliation Day!
- Senior's Thanksgiving Dinner (rescheduled from last week!)
- Reflexology



Oški-kīšikāw
MONDAY
Wehwewi-Pisim
September 29



Youth Self Defence



6:30-7:30pm@ Band Office



Nīso-kīšikāw
TUESDAY
Wehwewi-Pisim
September 30



Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up

**OFFICES
CLOSED**



National Day
for Truth and
Reconciliation

STAT HOLIDAY



Apihtawan
WEDNESDAY
Pimahamowi-Pisim
October 1



**SENIORS THANKSGIVING
DINNER**



5:30-7:30pm@Band Office



Nēwi-kīšikāw
THURSDAY
Pimahamowi-Pisim
October 2

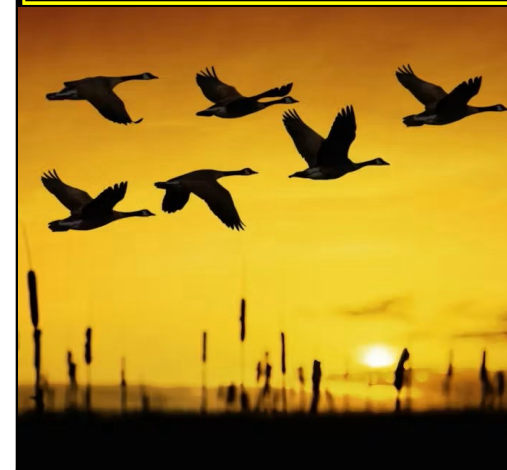


Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up

REFLEXOLOGY



3pm-8pm @ Health



Pahkwēšikani-kīšikāw
FRIDAY
Pimahamowi-Pisim
October 3



Not Receiving the
Weekly Pamphlet in a
timely manner?
Call **Kyle Corston** at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your inbox

Matinawe-Kisikaw
SATURDAY
Pimahamowi-Pisim
October 4



Ayamihêwi-kīšikāw
SUNDAY
Pimahamowi-Pisim
October 5

Relax
It's Sunday!



LADIES & FEMALE
YOUTH

GO PINK OCTOBER

BREAST CANCER

AWARENESS

MONTH

GO PINK CONTEST

SHOW YOUR SUPPORT FOR OCTOBER BREAST CANCER AWARENESS BY WEARING PINK. EVERY DAY YOU WEAR PINK FROM OCT 1ST–OCT 31ST TAKE A SELFIE SHOWING YOUR PINK AND EMAIL PIC TO PROGRAMS@CHAPLEAUCREE.CA WITH "PINK & DAY". EXAMPLE: FOR OCT 15, TYPE PINK15 IN THE SUBJECT LINE FOR AN ENTRY BALLOT FOR A CHANCE TO WIN

APPLE IPAD AIR 13" 1 TB WITH WI-FI & 5G.
DRAW WILL TAKE PLACE ON NOV 1ST AT NOON.

LADIES & FEMALE YOUTH



CONTEST OPEN TO **FEMALE** CHAPLEAU AREA
CCFN BANDMEMBERS AND IMMEDIATE
FEMALE AFFILIATES RESIDING IN THE
SAME HOUSEHOLD





SENIOR'S *Thanks Giving* DINNER

****DATE RESCHEDULED TO****

1ST OCTOBER
5:30 PM

@ Band Office

Call Health to register 705-864-0200





REFLEXOLOGY

with Kathleen Bouchard

*October 2, 2025
3:00 PM–8:00 PM
at Health Centre*

*Call Health to book
your appointment.
Priority CCFN
Members, waitlist
welcomed.*

705-864-0200





Indigenous Cultural Team

Workshop Hand Drum Making

Open to Children and Youth

 : October 4, 2025
: 10:00am-4:00pm

 : Wiichihiitaan House
: Chapleau Cree First Nation
933 Lindy Louttit Drive

What You'll Get

- Drum Kit
- Traditional Teachings
- Drum Birthing Ceremony
- Lunch provided

Register now! Limited Seats

Charnelle Kapashesit
Indigenous Cultural Worker
705-288-0437

Charnelle.Kapashesit@kunuwanimano.com



Haircut Day

Chantal Gravel

October 14 & 28
10:00am - 4:00pm

FREE of charge
Gratuity encouraged

CALL HEALTH 705-864-0200
TO BOOK AN APPOINTMENT

CCFN Members. Waitlist Welcome.





Massage Day

with Kathleen Bouchard

October 15, 2025
3:00 PM - 8:00 PM
at Health Centre.



*Call Health to book your
appointment 705-864-0200
Priority CCFN Members.
Waitlist welcomed.*

PINK OCTOBER

SAVE ^{THE} DATE

Lunch and Learn

October 15th, 2025

12:00 pm to 1:00 PM

At Health Center

PLEASE CALL HEALTH 705-864-0200 TO REGISTER FOR THIS EVENT

BREAST CANCER AWARENESS MONTH

St. John's IRS Initiative Trauma & Wellness Support

October 16th, 2025:

- **1:00pm–5:00pm:** One on Ones: with Lisa Wesley at the Health Centre
- **5:00pm–6:00pm:** Dinner*: must be registered for Understanding Trauma Workshop (18+)
- **6:00pm–9:00pm:** Understanding Trauma Workshop with Lisa Wesley (20 participants max)

October 17th, 2025:

- **9:00am-4:30pm:** One on Ones with Lisa Wesley at the Health Centre

October 17th, 2025

- **12:00pm-4:00pm:** Community Fire at the Turtle Lodge with Adrienne Beaupre & Deanna Dixon, everyone welcome to attend - drop in (no registration necessary), light refreshments to be served



Please register for One on One's and
Workshop with Chantal at the Health Centre
705-864-0200 x 201



NUTRITION BINGO

Oct. 21st, 2025

BRING YOUR GROCERY BAGS!

GAME | NIGHT | FUN

Band Office Door Opens At 7:00 pm

CALL 705 864 0200 TO REGISTER



Ladies Night

Breast Cancer

AWARENESS MONTH

**LADIES 18 YRS +
DINNER, PRESENTATION,
FACIALS, SOCIAL EVENT**

OCTOBER 23RD @ 5:30 PM

AT BAND OFFICE

Register at Health 705-864-0200





BOWEN

with Dorcas Barnes

October 29th, 2025 appointments
1:00 PM–8:00 PM

October 30th, 2025 appointments
10:00 AM–5:00 PM
at Health Centre

Bowen Therapy

The Bowen Technique is a gentle non-invasive, holistic therapy.
It can benefit adults and children of all ages

Conditions Which Have Responded to The Bowen Technique



Call to book your appointment at Health
705-864-0200
Priority CCFN Members, waitlist welcomed



Time to pump out your septic tank?

- Septic Tank Cleaning
- Date: To be determined
- Deadline to sign up – October 10th , 2025
- On-Reserve households

Rate per household will be \$350.00



TO REGISTER OR FOR INQUIRIES CALL CHANTAL @ THE HEALTH CENTRE

• 705 864-0200

Your septic tank should be pumped out every 2 to 3 years



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reception@chapleaucree.ca



BIDDING OPPORTUNITY

Provision of Catering Services to Chapleau Cree Health Services Ladies ONLY Dinner Breast Cancer Awareness Chapleau Cree Health Centre at 5:30 PM

Chapleau Cree Health Services will be hosting a dinner “Ladies Night” – Breast Cancer Awareness on October 23rd, 2025 at 5:30 PM.

Brief Description	Dinner for approximately 30 participants. Entrée, fruit, vegetables, dessert Coffee, water, juice, tea *Please Note: Adjustments will be made as for any increases in the number of participants*
Contract Duration	October 23rd, 2025
Venue	Chapleau Cree Band Office

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, cooking equipment, tablecloths, napkins, utensils will be provided by Chapleau Cree Health.
- The successful bidder will be responsible for all necessary clean up.
- Any leftover food and refreshments shall remain on site.
- Kitchen must be returned to original condition.
- 50% holdback will be instituted on any advances to be released after inspection of kitchen/facility clean-up following the event.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Tracy Martin
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0

or by email to programs@chapleaucree.ca

Subject Line: **Catering Bid Dinner Ladies Night Oct 23, 2025**

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu will be October 14, 2025.



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Tel: (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca



BIDDING OPPORTUNITY Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	For approximately 25 individuals Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree Health Centre

- | | |
|------------------------------------|---|
| ☐ Breakfast | ☒ Lunch |
| ☐ Snacks | ☐ Dinner |

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree Health Services
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Tracy Martin 
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0

or email to: programs@chapleaucree.ca 

SubjectLine: Lunch & Learn Diabetes & Lower Limb Oct.28th, 2025

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu is: 10/22/2025



Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca



BIDDING OPPORTUNITY

Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	For approximately Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree

Breakfast

Lunch

Snacks

Dinner

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Chapleau Cree First Nation

P.O. Box 400

Chapleau, ON P0M 1K0

or email to:

by email to

Subject Line:

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu is:



Chapleau Cree First Nation

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Tel: (705) 864-0784 ♦ Fax (705)864-1760

reception@chapleaucree.ca

EMPLOYMENT OPPORTUNITY

Position: SEASONAL ON-CALL SNOWPLOW OPERATOR

Location: The Chapleau Cree First Nation (CCFN) is a member of the Mushkegowuk Council and is situated on the Fox Lake Reserve, located just outside the community of Chapleau. The community is approximately four hours north of Sault Ste. Marie and two hours southwest of Timmins.

Description: This position is for a Seasonal Snowplow Operator for the Public Works department. This position is on an on-call basis during the winter months.

Preferred Qualifications:

- ✓ Valid G driver's license.
- ✓ Valid D-Z driver's license.
- ✓ Heavy equipment experience.
- ✓ Ontario Secondary School Diploma or equivalent.
- ✓ Requirements of employment may include but not be limited to the successful candidate providing a clear CPIC

Duties/Responsibilities:

- ✓ Be an integral member of our winter maintenance team.
- ✓ Safely operate a combo plow unit
- ✓ Operate snowplow equipment to clear driveways, parking lots, and other designated areas of snow and ice
- ✓ Pre-treat roads and parking lots with salt, sand or solutions to prevent snow or ice buildups.
- ✓ Maintain accurate documentation such as fuel reports, safety reports and hours of service
- ✓ Maneuvering a snowplow through poor visibility, strong winds, icy roads
- ✓ Variable hours are required due to excessive or long periods of snowfall
- ✓ Maintain and clean the equipment, conducting routine maintenance and minor repairs.
- ✓ Familiarity with route maps and sand/salt application rates
- ✓ Call in requirements during winter storm events.

Wage: \$35.00/hr.

Closing Date: October 17, 2025

Individuals are invited to submit their application, résumé and three references to the following:

Edith Larocque, Band Administrator
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0
bandadmin@chapleaucree.ca

We thank all applicants, but only those selected for an interview will be contacted.
First Nation individuals and CCFN band members are encouraged to apply!