

Please register for the programs,
activities and events offered.

Chapleau Cree First Nation

P.O. Box 400
828 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0784
Fax: 705-864-1760
E-mail: reception@chapleaucree.ca

Life's Sacred Journey

P.O. Box 400
814 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-860-0003
Fax: 705-860-0004
E-mail: bandrep@lifessacredjourney.ca

Chapleau Cree Health Centre

P.O. Box 400
801 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0200
Fax: 705-864-0206
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



For the week of:
**September 15, to
September 21, 2025**

Summer Hours:

**Monday - Thursday
8AM - 5PM**

**Friday
8AM - Noon**

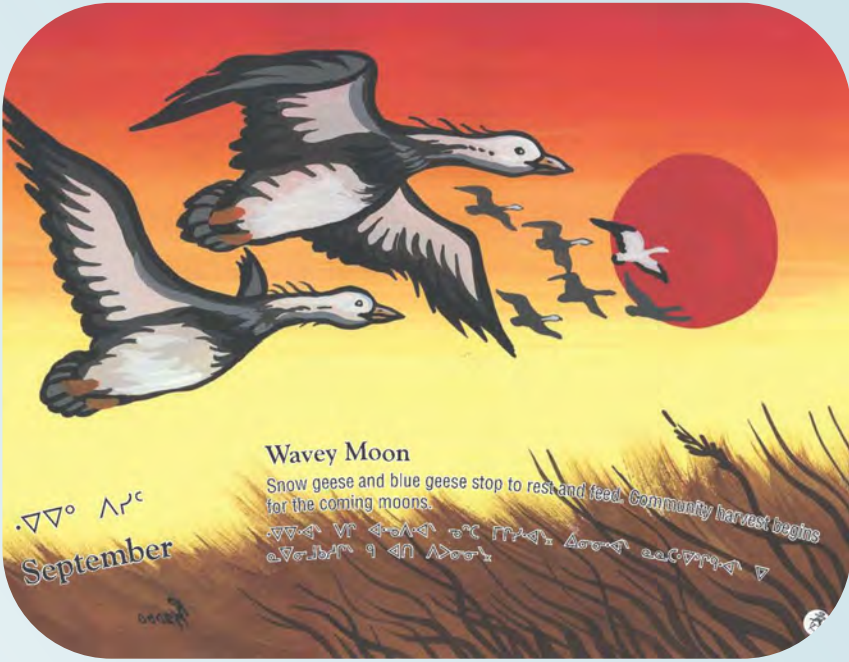
Participation and Feedback on
Activities/Events/Programs is
always welcomed

Please submit feedback to
Kyle Corston @ 705-864-0784 or
communityrelations@chapleaucree.ca



This Week's Highlights:

- **Back to School Party!**
- **Reiki Master Certification**
- **Nutrition BINGO**
- **Massage with Kathleen**



Oški-kīšikâw
MONDAY
Wehwewi-Pisim
September 15

it's a good
week to
have a
good week

Back to School PARTY!



5pm-7pm@ Health



Nīso-kīšikâw
TUESDAY
Wehwewi-Pisim
September 16



Town Run
10:00 a.m.

Call **Health** at
705-864-0200 before 9am
to get picked up

**Reiki Master
Certification**



ALL DAY @ Health

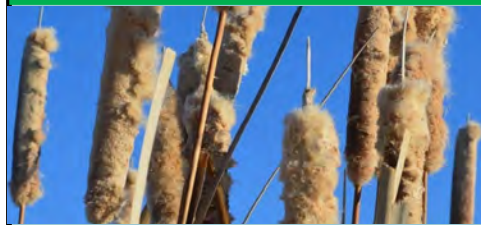


Apihtawan
WEDNESDAY
Wehwewi-Pisim
September 17

**Reiki Master
Certification**



ALL DAY @ Health



Nutrition Bingo



7-9pm @Band Office



Nêwi-kīšikâw
THURSDAY
Wehwewi-Pisim
September 18



Town Run
10:00 a.m.

Call **Health** at
705-864-0200 before 9am
to get picked up

**Reiki Master
Certification**



ALL DAY @ Health

**MASSAGE
W/ KATHLEEN**



3pm-8pm @ Health



Pahkwêšikani-kīšikâw
FRIDAY
Wehwewi-Pisim
September 19



Not Receiving the
Weekly Pamphlet in a
timely manner?
Call **Kyle Corston** at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your inbox

Matinawe-Kisikaw
SATURDAY
Wehwewi-Pisim
September 20



Ayamihêwi-kīšikâw
SUNDAY
Wehwewi-Pisim
September 21

A Sunday
Well spent
brings a week
of Content.

CELEBRATION OF LIFE



Randall McLellan Corston
August 8, 1951

-

September 7, 2025

*Our sincerest condolences to family and
friends on the passing of your loved one.*



COMMUNITY NOTICE

RE: ST. JOHN'S RESIDENTIAL SCHOOL DRONE WORK

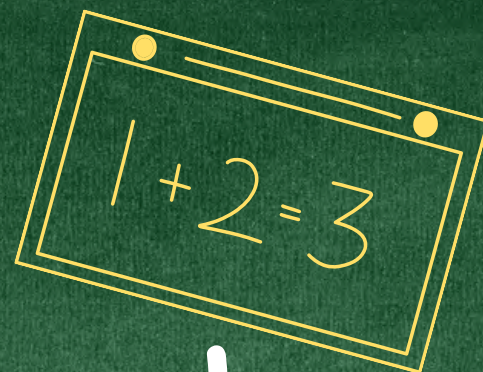
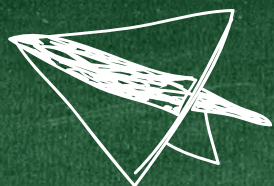
Ongoing Work – September 15, 2025

Please be advised that non-invasive Drone work is tentatively scheduled to take place over all sites of interest regarding the former St. John's IRS. Thank You.



Please contact St. John's IRS Initiative team for any questions, including if you would like to observe this work with a team member

705-864-0784 ext 223



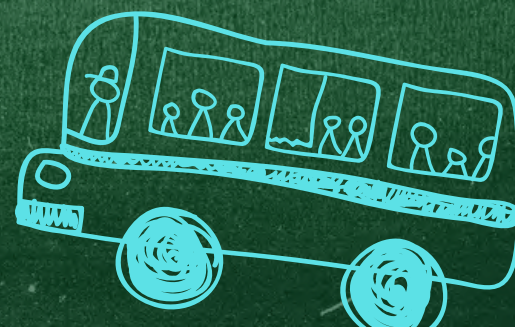
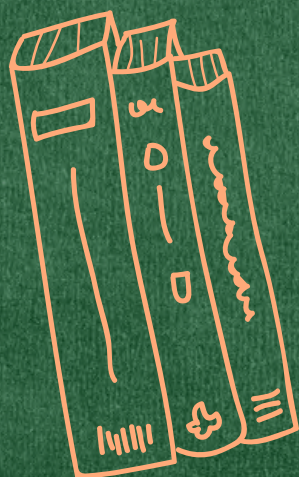
Back to School

Receipt Submission Date Extension

If you went on a back to school shopping trip between
August 1st and September 3rd
but were not able to register prior to your departure, we
will still accept receipts for reimbursement.

The new submission date is:

September 14th





BACK TO SCHOOL

PARTY

MONDAY SEPTEMBER 15

AGES 6 - 18
CHILDREN 7 AND UNDER TO
BE ACCOMPANIED BY AN
ADULT

TO REGISTER CALL HEALTH - 705-864-0200

5:00PM - 7:00PM

LOCATION: HEALTH CENTRE

FOR INQUIRIES, CALL NATHALIE - EXT. 203

MAXIMUM OF 15 PARTICIPANTS



Patrick Champagne, RSW

Therapist

I am a Registered Social Worker and Therapist with a professional career spanning over a decade.

My approach to managing and treating addictions is based on assisting clients in identifying the root cause(s) of their addiction with a focus on harm reduction and relapse prevention and Trauma.

I aim to help clients build connections to traditional medicine and overcome barriers to cultural reconnection. I also helps clients work through intergenerational trauma by focusing on how this trauma impacts clients in their daily life.

My promise and dedication is to provide a safe, and non-judgemental space to support you in taking meaningful steps in their healing journey. While I do have a concentration in counselling for Indigenous peoples, I am also open to other cultural backgrounds and non-indigenous clients dealing with addiction, trauma, and mental health.



Areas of Focus:

- Trauma Therapy
- Grief Counselling
- Culturally Informed Practice
- Addictions, Harm Reduction & Relapse Prevention
- Intergenerational or Residential School Trauma
- Indigenous Social Work

Free 20 minute consultation available!

Approved NIHB Provider!

Accept Private Insurances!

Accepting New Clients!

**Patrick Champagne, RSW, HBSW,AC(HON),
Timmins, Ontario Canada**

705-360-3132

info@patchampagne.com

www.patchampagne.com



Registered Social Worker/Therapist
Patrick Champagne will be visiting
the LIFE'S SACRED JOURNEY Office to
offer his services to the Community

Tuesday, September 16th 2025,

10am –12pm & 1pm—4pm

Afternoon availability for walk-in appointments
at the LSJ Office

Patrick is also available for virtual appointments!

Feel free to drop in and speak with him about his services, re-
quest a 20 minute consultation, or call

Hilary at 705 860-0003 to

book an appointment.



See Patrick's Poster to learn more about him and how he can help.



16. 17. 18
SEPTEMBER



REIKI MASTER CERTIFICATION

Heal Yourself and Others

Certification by Reiki Master
Anne-Marie Leblanc

Prerequisites:
Reiki Level II (must provide
copy of certificate)
CCFN Bandmember

Participants must commit to the
FULL 3 Day Certification training!

Contact Tracy at Health 705-864-0200 to register or for more
information.



NUTRITION BINGO THANKSGIVING SPECIAL!

Sept. 17th, 2025

BRING YOUR BINGO DABBERS!

GAME | NIGHT | FUN

Band Office Door Opens At 7:00 pm

CALL 705 864 0200 TO REGISTER



Massage Day

with Kathleen Bouchard

September 18, 2025
3:00 PM - 8:00 PM
at Health Centre.



*Call Health to book your
appointment 705-864-0200
Priority CCFN Members.
Waitlist welcomed.*

Haircut Day

Chantal Gravel

September
2 and 23, 2025
10:00am - 4:00pm

FREE of charge
Gratuity encouraged

CALL HEALTH 705-864-0200
TO BOOK AN APPOINTMENT

CCFN Members. Waitlist Welcome.





SENIOR'S

*Thanks
Giving*

DINNER

23 SEPTEMBER

5:30 PM

@ Band Office

Call Health to register 705-864-0200





ADULTS ONLY BEADING SOCIAL

16+

SEPTEMBER 23, 2025
6:30PM - 9:00PM



TO REGISTER CALL HEALTH- 705-864-0200
FOR INQUIRIES CALL NATHALIE - EXT. 203

10 PARTICIPANTS ONLY
OPEN TO CCFN BAND MEMBERS
WAITLIST WELCOMED



Every Child Matters



In observance of Orange Shirt Day, we invite CCFN members to drop by the Health Office to pick up a shirt on Wednesday, September 24th. It is pick up only. Adult & Children's shirts will be available.

*National Day for Truth
and Reconciliation
September 30, 2025*



BOWEN

with Dorcas Barnes

September 24th, 2025

appointments

1:00 PM–8:00 PM

September 25th, 2025

appointments

10:00 AM–5:00 PM

at Health Centre

Call to book your appointment at Health
705-864-0200

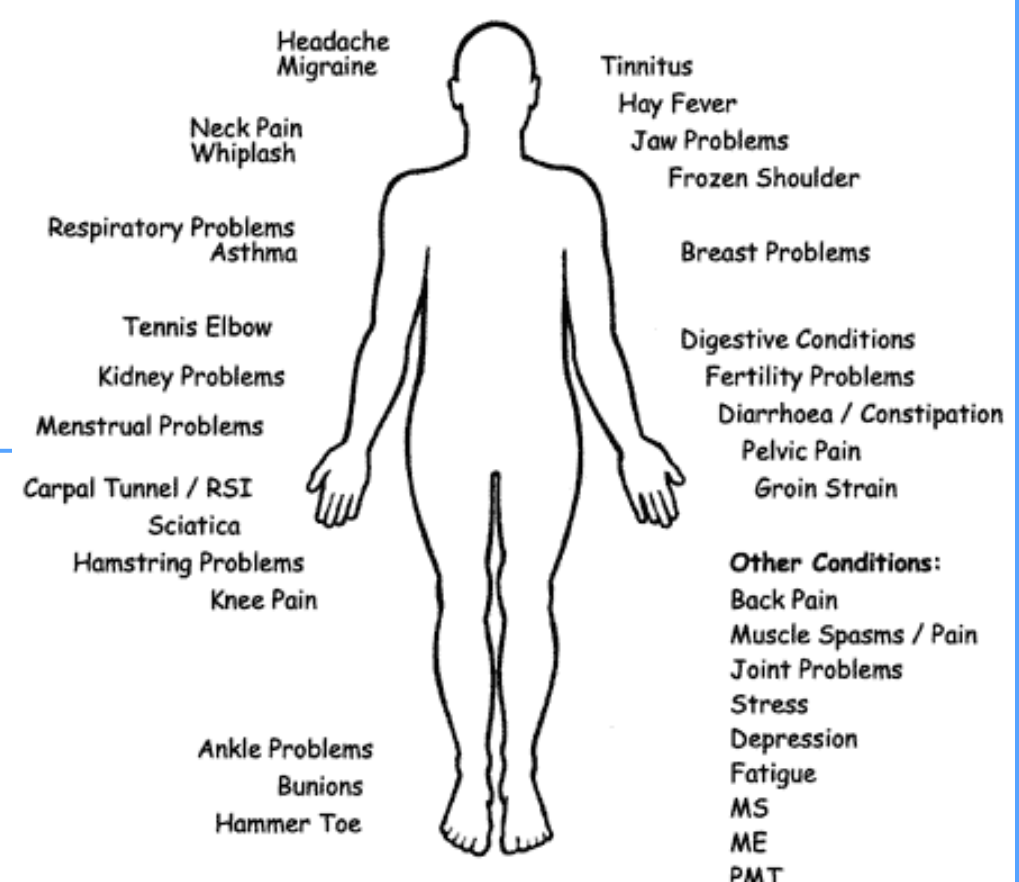
Priority CCFN Members, waitlist welcomed

Bowen Therapy

The Bowen Technique is a gentle non-invasive, holistic therapy.

It can benefit adults and children of all ages

Conditions Which Have Responded to The Bowen Technique





CHAPLEAU CREE
PRESENTS

Community Dinner

24
SEPTEMBER

5:30 pm
@ Band Office

MENU

Parmesan Chicken
Scalloped potatoes
Salad, Bread and
Dessert



REGISTER BY CALLING 705 864 0200
OR EMAIL H.ADMINASSIST@CHAPLEAUCREE.CA

CHAPLEAU CREE PRESENTS

YOUTH SELF-DEFENSE CLASSES

Give your child the tools to stand tall with Warrior Spirit's youth self-defence program!

OUR 12 WEEK PROGRAM INCORPORATES THE FUNDAMENTALS OF WRESTLING, JUDO, AND BOXING IN A SAFE, POSITIVE, AND INCLUSIVE ENVIRONMENT.

LED BY A FORMER POLICE OFFICER, OUR INSTRUCTOR BRINGS REAL-LIFE EXPERIENCE, ENSURING YOUR CHILD LEARNS PRACTICAL TECHNIQUES AND SITUATIONAL AWARENESS—NOT JUST THEORY.

DESIGNED SPECIFICALLY FOR KIDS AND TEENS, OUR CLASSES BUILD:

- Confidence through real-world self-defence skills
- Fitness with fun, high-energy training
- Discipline & Focus through structured practice
- Respect & Empathy with team-building and anti-bullying strategies

Limited Spots Available

Call Health to register

 **864-0200**



WEEKLY CLASSES STARTING MONDAY SEPTEMBER 22, 2025

6:30 PM - 7:30 PM



BAND OFFICE BASEMENT

STRONG BODIES, STRONG MINDS, SAFE KIDS



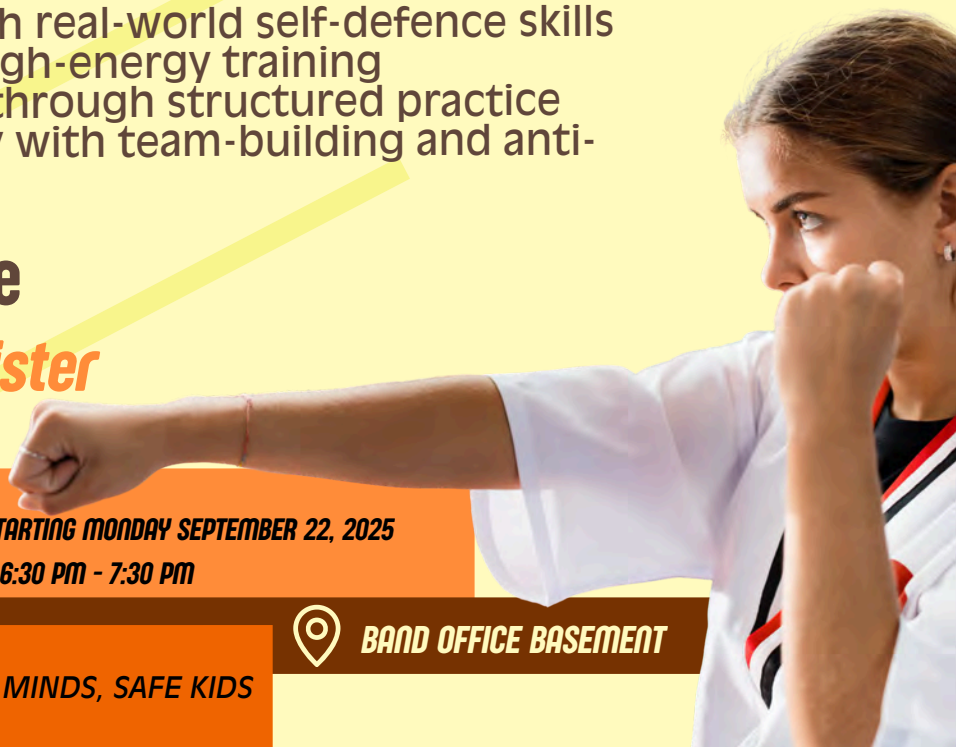
WARRIOR SPIRIT
FITNESS & SELF-DEFENSE



**Open
to ages
6-18**

**NO EXPERIENCE
NEEDED!**

JUST A WARRIOR SPIRIT



ATTENTION CCFN MEMBERS!!!

***WE ARE HOLDING A CONTEST FOR INTERESTED MEMBERS
TO SUBMIT A DESIGN FOR A NEW WELCOME SIGN
FOR THE ENTRANCE OF THE CHAPLEAU CREE FN RESERVE.
Here's a chance to flaunt your artistic skills by designing a sign
that showcases our proud history and culture, while inspiring
generations into the future!***

Deadline to submit a design is December 1st, 2025.

Email submissions to: reception@chapleaucree.ca

GOOD LUCK!!!





ATTENTION CCFN MEMBERS:

The Hunting Cabins constructed at Sideburned Lake (which are accessible by water only) are being made available for Members' use. Members must register for cabins at the Band Office to prevent duplicate booking.

Call 705-864-0784 for more information.

Meegwetch!



ATTENTION CCFN MEMBERS :

The Board of Directors at the Chapleau Public Library would like to announce that they are amending their membership policy, and members of local First Nations who live on reserve will NO LONGER BE CHARGED MEMBERSHIP FEES, and are invited to take library memberships under the same terms as any other Chapleau resident.

They hope in some way that that this will promote reconciliation, and the recognition that the First Nations are the original inhabitants of the land where the Township of Chapleau now stands.





THE ALUMNI™

VS

LAW ENFORCEMENT ALL STARS

SUNDAY. SEPT. 21. 2025

BENEFITHOCKEY.COM

George Armstrong Arena
100 Church St., Greater Sudbury, ON.
Doors Open 1:00 PM, Puck Drops 2:00 PM

In Support Of:



Special Olympics
Ontario



After Game Party:

**SHOELESS
JOE'S**
SPORTS GRILL™



CCFN MEMBERS!!!

NHL Alumni Benefit Hockey tour in support of Torch Run and Special Olympics event taking place in Sudbury on Sunday Sept. 21, 2025.

Tickets are available on a first come first served basis!

Please call reception @ 705-864-0784 if you are interested as there are **only 15 tickets available!**

Deadline is September 17th, 2025 at 12pm

MEEGWETCH!



ATTENTION:

The rink washrooms are now CLOSED due to increased reports of ongoing vandalism and destruction of property. We will reconsider reopening once cameras are put in place with regularly scheduled viewing.

Meegwetch

CCFN ADMINISTRATION

ATTENTION CCFN BAND MEMBERS:

This is a call out to all Band Members who are interested in signing up for upcoming training and employment opportunities in the CCFN area, on a casual basis and who are available to work on short notice.

Please call the Band Office at 705-864-0784 if you're interested.

Meegwetch!





Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca



BIDDING OPPORTUNITY

Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	For approximately Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree

Breakfast

Lunch

Snacks

Dinner

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Chapleau Cree First Nation

P.O. Box 400

Chapleau, ON P0M 1K0

or by email to

Subject Line:

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu is: