

Please register for the programs,
activities and events offered.

Chapleau Cree First Nation

P.O. Box 400
828 Fox Lake Road
Chapleau ON
P0M 1K0

Phone: 705-864-0784
Fax: 705-864-1760
E-mail: reception@chapleaucree.ca

Life's Sacred Journey

P.O. Box 400
814 Fox Lake Road
Chapleau ON
P0M 1K0

Phone: 705-860-0003
Fax: 705-860-0004
E-mail: bandrep@lifessacredjourney.ca

Chapleau Cree Health Centre

P.O. Box 400
801 Fox Lake Road
Chapleau ON
P0M 1K0

Phone: 705-864-0200
Fax: 705-864-0206
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



For the week of:
**August 18, to
August 24, 2025**

Summer Hours:

**Monday - Thursday
8AM - 5PM**

**Friday
8AM - Noon**

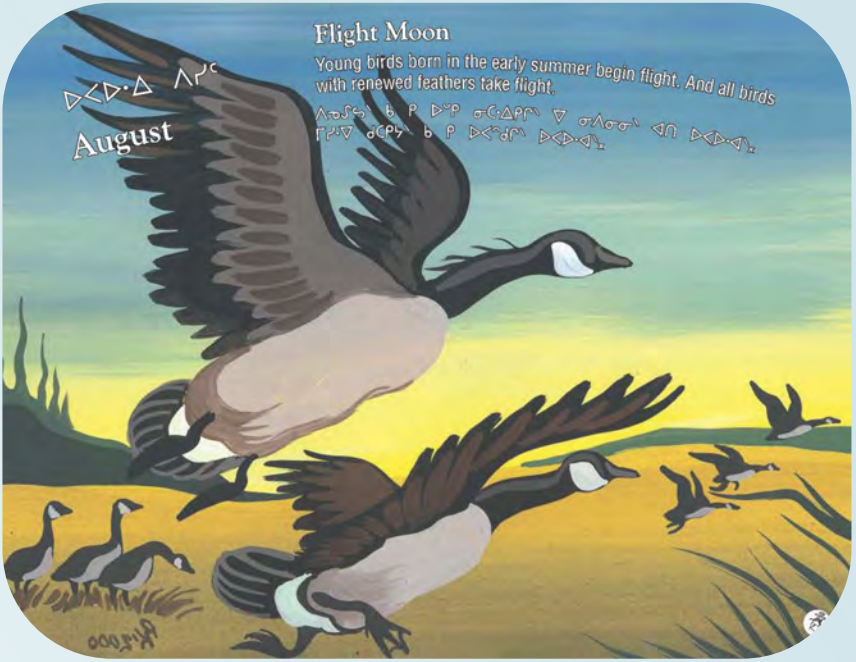
Participation and Feedback on
Activities/Events/Programs is
always welcomed

Please submit feedback to
Kyle Corston @ 705-864-0784 or
communityrelations@chapleaucree.ca



This Week's Highlights:

- Food Preservation—Canning
- Winging it? Let's Talk Birds & Bees & Real Facts (Dinner)
- Nutrition BINGO
- Massage w/ Kathleen



Oški-kīšikāw
MONDAY
Ohpahowi-Pisim
August 18



**Food Preservation—
Canning**



3pm-8pm @ Health



Nīso-kīšikāw
TUESDAY
Ohpahowi-Pisim
August 19



Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up

**Food Preservation—
Canning**



4pm-8pm @ Health

**Winging It? Let's Talk
Birds & Bees & Real
Facts (Dinner)**



5:30pm-7pm @ Health



Apihtawan
WEDNESDAY
Ohpahowi-Pisim
August 20



Nutrition Bingo



7-9pm @Band Office



Nēwi-kīšikāw
THURSDAY
Ohpahowi-Pisim
August 21



Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up



MASSAGE w/KATHLEEN



3pm-8pm @ Health



Pahkwēšikani-kīšikāw
FRIDAY
Ohpahowi-Pisim
August 22



Not Receiving the
Weekly Pamphlet in a
timely manner?
Call **Kyle Corston** at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your inbox

Matinawe-Kisikaw
SATURDAY
Ohpahowi-Pisim
August 23

HAVE
a great
WEEK
end

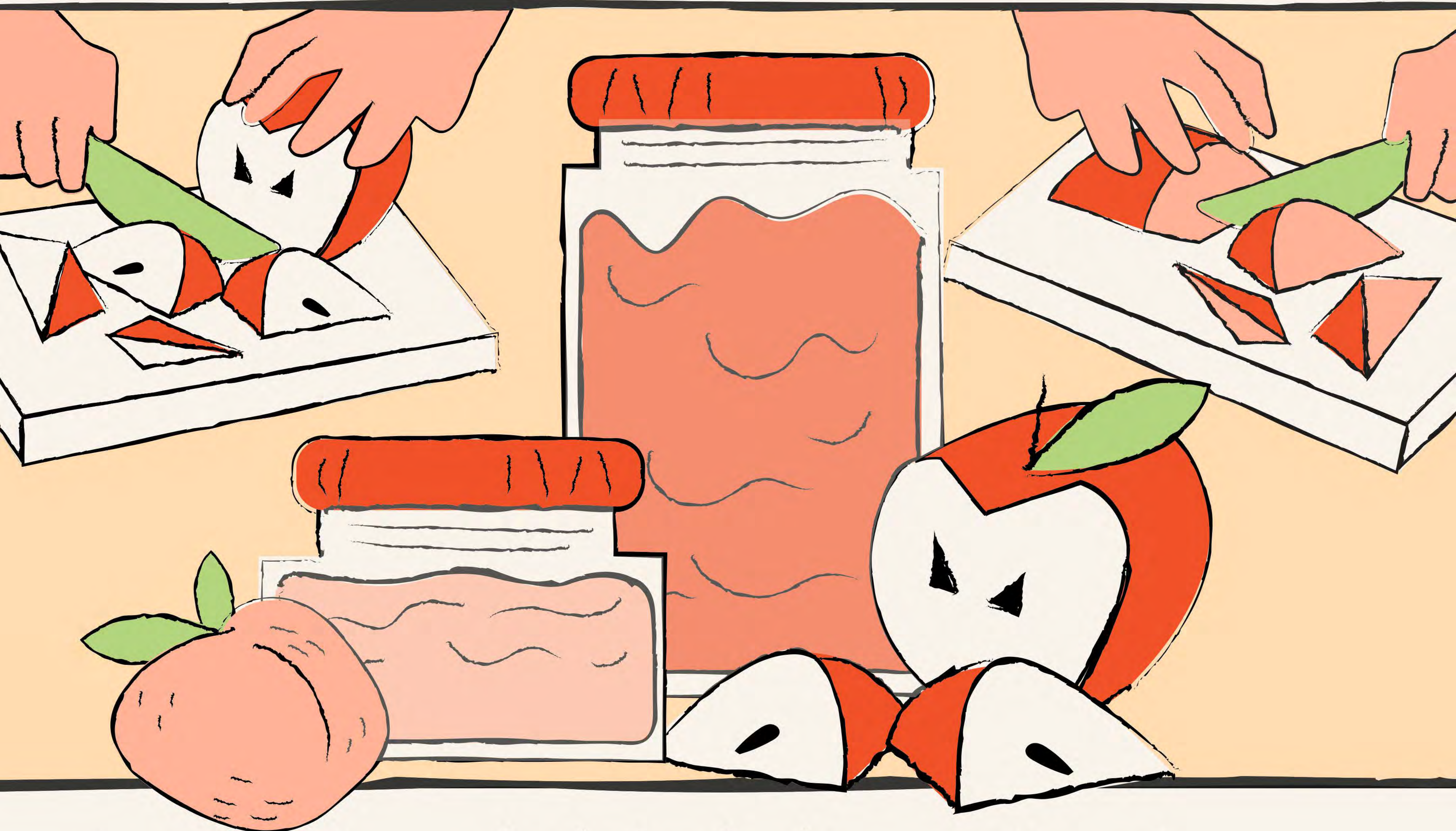
Ayamihêwi-kīšikāw
SUNDAY
Ohpahowi-Pisim
August 24



FOOD PRESERVATION

CANNING METHOD

ADULTS 18+



Learn how to can foods for food preservation. Save money, time and enjoy fresh food year round.

This session, Cindy Fletcher teach how to can spaghetti sauce and salsa sauce.

MAX 10 Participants!

August 18th & 19th , 2025

Band Office Kitchen

August 18th 3:00 - 8:00 PM - Spaghetti Sauce

August 19th 4:00 - 8:00 PM - Salsa Sauce

Call Tracy at Health to register 705-864-0200



NUTRITION BINGO NIGHT

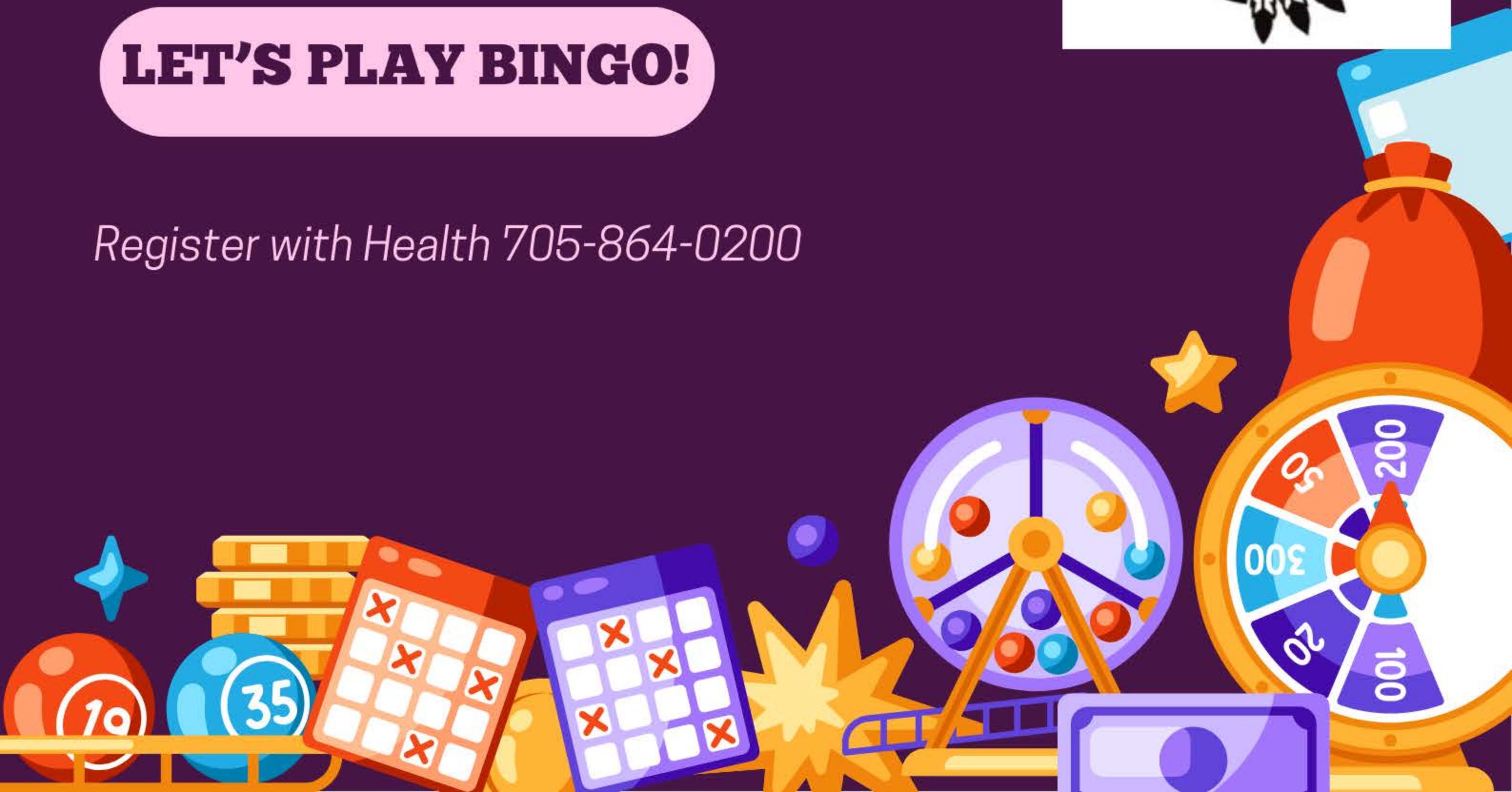
AUGUST 20TH AT 7:00 PM

BAND OFFICE

Bring your reuseable grocery bags

LET'S PLAY BINGO!

Register with Health 705-864-0200





Massage Day

with Kathleen Bouchard

August 21, 2025
3:00 PM - 8:00 PM
at Health Centre.



*Call Health to book your
appointment 705-864-0200
Priority CCFN Members.
Waitlist welcomed.*



ADULTS ONLY BEADING SOCIAL

16+

**AUGUST 25 , 2025
6:30PM - 9:00PM**



**TO REGISTER CALL HEALTH- 705-864-0200
FOR INQUIRIES CALL NATHALIE - EXT. 203**

**10 PARTICIPANTS ONLY
OPEN TO CCFN BAND MEMBERS
WAITLIST WELCOMED**

Haircut Day

Chantal Gravel

August 26, 2025
10:00am - 4:00pm

FREE of charge
Gratuity encouraged

CALL HEALTH 705-864-0200
TO BOOK AN APPOINTMENT

CCFN Members. Waitlist Welcome.





INDIGENOUS CULTURAL TEAM

POWWOW PROTOCOL TEACHINGS WITH GERALD CHUM



*Open to staff, children, youth,
families and caregivers and
community.*

Wednesday, August 20th, 2025


2:00pm

Microsoft Teams

Must register to receive the Teams link

For registration or questions please contact:

Charnelle Kapashesit - Indigenous Cultural Worker
Charnelle.Kapashesit@kunuwanimano.com
(705) 288-0437



Registered Social Worker
and Therapist
Patrick Champagne
will be in the community,
offering his services at the
Life's Sacred Journey Office on

Tuesday, August 19th from
9am-12pm and 1pm-4pm

Please contact Hilary
at 705 860-0003 to arrange an
appointment

Patrick also has virtual
appointments available.
See his poster for more info.



Patrick Champagne, RSW

Therapist

I am a Registered Social Worker and Therapist with a professional career spanning over a decade.

My approach to managing and treating addictions is based on assisting clients in identifying the root cause(s) of their addiction with a focus on harm reduction and relapse prevention and Trauma. I aim to help clients build connections to traditional medicine and overcome barriers to cultural reconnection. I also helps clients work through intergenerational trauma by focusing on how this trauma impacts clients in their daily life.

My promise and dedication is to provide a safe, and non-judgemental space to support you in taking meaningful steps in their healing journey. While I do have a concentration in counselling for Indigenous peoples, I am also open to other cultural backgrounds and non-indigenous clients dealing with addiction, trauma, and mental health.



Areas of Focus:

- Trauma Therapy
- Grief Counselling
- Culturally Informed Practice
- Addictions, Harm Reduction & Relapse Prevention
- Intergenerational or Residential School Trauma
- Indigenous Social Work

Free 20 minute consultation available!

Approved NIHB Provider!

Accept Private Insurances!

Accepting New Clients!

**Patrick Champagne, RSW, HBSW,AC(HON),
Timmins, Ontario Canada**

705-360-3132

info@patchampagne.com

www.patchampagne.com

CORDA

CANADA ONTARIO RESOURCE DEVELOPMENT AGREEMENT

EMPOWERING ONTARIO FIRST
NATIONS COMMUNITIES



Canada

Ontario



THE CORDA OFFICE IS NOW ACCEPTING FUNDING APPLICATIONS FOR 2026-2027

Application Deadline:

Monday, October 6, 2025, by 11:59 p.m. EST

CORDA is an agreement between Canada, Ontario, and First Nations' members in Ontario. The program promotes resource and economic development opportunities.

Who Can Apply:

- ✓ First Nations
- ✓ First Nations members and organizations
- ✓ Territorial organizations in Ontario

Maximum Funding
Level Per Project: \$35,000

Eligible Projects May Include:

- ✓ Training and Employment Initiatives
- ✓ Environmental Stewardship
- ✓ Traditional Learning and Crafts
- ✓ Equipment and Supplies
- ✓ Forestry, Trapping, and Fishing
- ✓ Resource Planning and Eco-Tourism
- ✓ Maple Syrup Production
- ✓ And More

For More Information or to Request
an Application Package:

Contact: CORDA Secretariat

Email: corda@hiawathafn.ca

Visit: <http://>

www.hiawathafirstnation.com/services-departments/corda/

CORDA Office Address:

431 Hiawatha Line, Hiawatha, ON, K9J 0E6

Phone: 705-295-4421 | Fax: 705-996-4501

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*F-CHAPCIS25-02: Residential pricing valid until 12-31-25. Limited time offer, available in select locations. Services available only where technology exists. Business services available upon request. Promotional pricing subject to policies as stated on www.vianet.ca/legal/billing-policy. Advertised pricing subject to applicable taxes. One-time order processing, network connection or install fees may apply. Speeds vary by device set-up, applicable network management or other individual technology factors. Promotional pricing valid on a 24-month agreement.

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