

**Please register for the programs,
activities and events offered**

Chapleau Cree First Nation

P.O. Box 400
828 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0784
Fax: 705-864-1760
E-mail: reception@chapleaucree.ca

Life's Sacred Journey

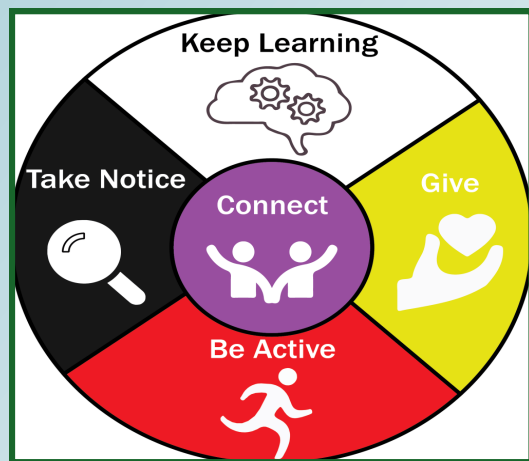
P.O. Box 400
814 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-860-0003
Fax: 705-860-0004
E-mail: bandrep@lifessacredjourney.ca

Chapleau Cree Health Centre

P.O. Box 400
801 Fox Lake Road
Chapleau ON
P0M 1K0
Phone: 705-864-0200
Fax: 705-864-0206
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



For the week of:
**February 3 to
February 9, 2025**

Winter Hours:
**Monday - Friday
8:30AM - 4:30PM**

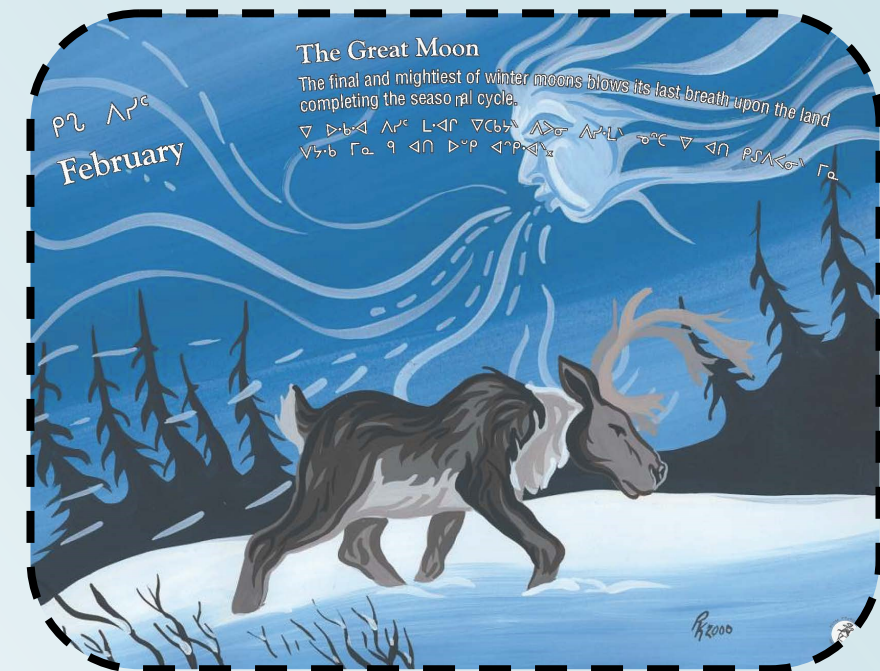
Participation and Feedback on
Activities/Events/Programs is
always welcomed

Please submit feedback to
Kyle Corston @ 705-864-0784 or
communityrelations@chapleaucree.ca



This Week's Highlights:

- **Community Haircut Day**
- **Adult Beading Social**
- **Mini Mitt Making Workshop**
- **Reflexology**
- **Valentines Couples Dinner**



Oški-kīšikāw
MONDAY
Kise-Pisim
February 3



Nīso-kīšikāw
TUESDAY
Kise-Pisim
February 4



Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up

COMMUNITY HAIRCUT DAY



10am-4pm @ Health

Adult
Beading Social



7pm-9pm @ Health



Apihtawan
WEDNESDAY
Kise-Pisim
February 5

Mini Mitt Making
Workshop



6pm-9pm @ Health



Nēwi-kīšikāw
THURSDAY
Kise-Pisim
February 6



Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up

REFLEXOLOGY



3pm-8pm @ Health

Mini Mitt Making
Workshop



6pm-9pm @ Health



Pahkwēšikani-kīšikāw
FRIDAY
Kise-Pisim
February 7

Valentine COUPLES
Dinner—Adults Only



6pm-7pm @ Band Office Hall



Not Receiving the
Weekly Pamphlet in a
timely manner?
Call **Kyle Corston** at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your in-box

Matinawe-Kisikaw
SATURDAY
Kise-Pisim
February 8



Ayamihēwi-kīšikāw
SUNDAY
Kise-Pisim
February 9





HEART Health MONTH

Sleep is essential for **heart health.**

Poor sleep—whether it's not enough sleep, irregular sleep patterns, or low-quality rest—can impact your health and wellness

Here's why sleep matters for your **heart:**

1. Regulates Blood Pressure
2. Reduces Inflammation
3. Supports Heart Rate and Rhythm
4. Controls Blood Sugar Levels
5. Regulates Weight and Metabolism
6. Manages Stress and Mental Health

Call Pamela at the Health Center for to book a Heart Health Assessment 705-864-0200



HEY KIDS!

**THE COMMUNITY
RINK IS NOW
OPEN!!!**

**SO COME ON OUT,
HAVE A GREAT TIME,
AND BE SAFE!**

MEEGWETCH!

Haircut Day

Jennifer Hoover-Simon

February 4 & 25
2025

FREE of charge
Gratuuity encouraged

**CALL HEALTH 705-864-0200 TO
BOOK YOUR APPOINTMENT**

CCFN Members. Waitlist Welcome.





ADULTS ONLY BEADING SOCIAL

TUESDAYS - FEBRUARY 4 AND 18, 2025
- 7PM - 9PM



TO REGISTER CALL HEALTH- 705-864-0200
FOR INQUIRIES CALL NATHALIE - EXT. 203

10 PARTICIPANTS ONLY
OPEN TO CCFN BAND MEMBERS
WAITLIST WELCOMED



Adult Mini Mitt Workshop

**FEBRUARY 5 & 6, 2025 -
6:00PM - 9:00PM**



to register call health - 705-864-0200

for inquiries call Nathalie - ext. 203

open to CCFN band members
waitlist welcome

10 participants only





REFLEXOLOGY

with Kathleen Bouchard

*February 6, 2025
3:00 PM-8:00 PM
at Health Centre*

*Call Health to book
your appointment.
Priority CCFN
Members, waitlist
welcomed.*

705-864-0200



A romantic dinner setting is shown in the top half of the image. It includes a white plate with a fork and knife, a white heart-shaped cookie with a red heart inside, and several red roses and rose petals scattered around. A large red heart is visible in the bottom right corner.

Valentine's Day Dinner for 2

FRIDAY, FEBRUARY 7TH

**BAND OFFICE
6:00 PM**

ADULT COUPLES ONLY - FREE - ROMANTIC SETTING

**BY RESERVATION ONLY ~ Limited seating ~ Call Health at
705-864-0200 ~ Deadline to register is Jan 31st, 2025**

Adult Couple's Only Valentine's Dinner



Appetizer

Individual Charcuterie Boards with fruit, meat, cheese, crackers

Main Course

Please choose your option

Prime Rib

or

Cornish Game Hens

with mashed potatoes, beef / poultry gravy, garlic butter green beans, homemade buns

Dessert

Red Velvet Cheesecake

Drinks

coffee, tea, juice, soda, water & sparkling water

February 7th, 2025



Heart Health Drop-In Clinic

Protect Your
Heart Live
Longer!

February 11th
5:00 - 7:00 PM
&
February 20th
1:30-3:30 PM

Prevention Tips

- Eat a balanced diet rich in fruits, vegetables, and whole grains.
- Stay active with at least 30 minutes of exercise daily.
- Avoid smoking and limit alcohol consumption.
- Regular check-ups: Monitor your blood pressure, cholesterol, and blood sugar levels.

More information  Pam @ 705-864-0200



CHAPLEAU WINTER CARNIVAL BREAKFAST

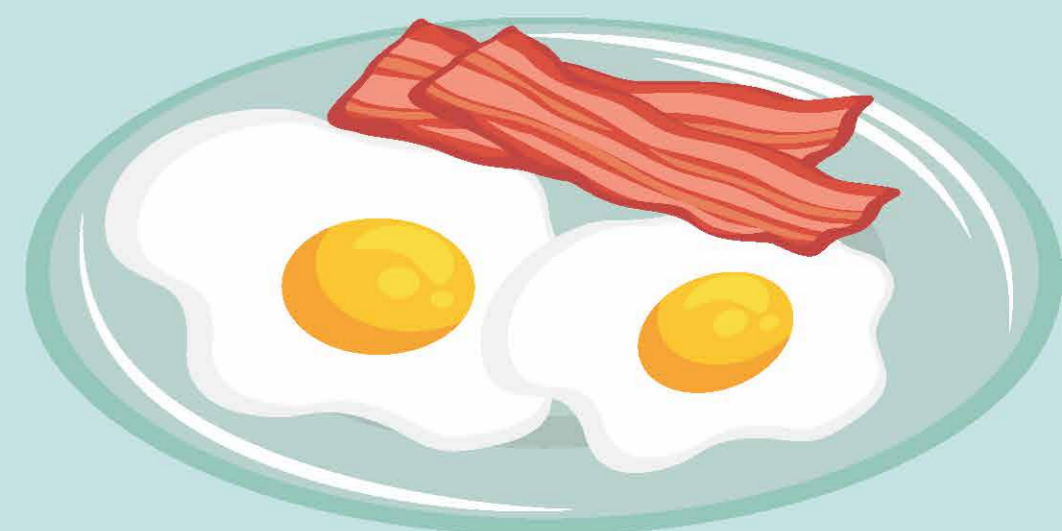
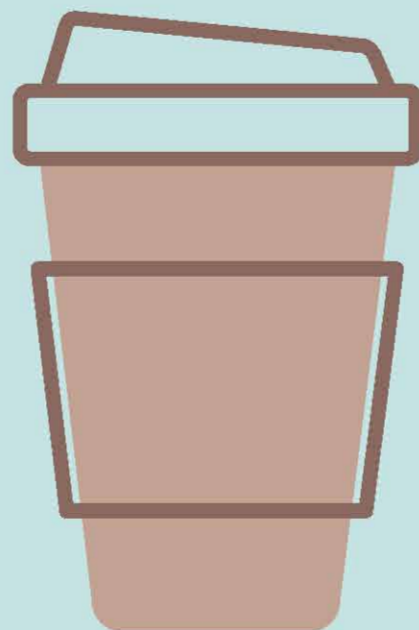
SPONSORED BY ODD FELLOWS

Saturday and Sunday, February 15 and 16, 2025

REGISTRATION DEADLINE - FRIDAY, FEBRUARY 7,
2025 - 12:00PM

CALL HEALTH CENTRE TO REGISTER FOR TICKETS -
705-864-0200

TICKETS ARE FOR CCFN BAND MEMBERS AND
IMMEDIATE FAMILY/HOUSEHOLD



Lunch & Learn

Heart Health



Time: Noon

*Location: Health
Centre*

Date: Feb 19, 2025

Door Prizes!

*Please call Health
705-864-0200 to
register for this event
as limited lunch &
seating available*





NUTRITION BINGO

Feb 19, 2025

★ GAME | NIGHT | FUN

Band Office Door Opens At 7:00 pm

CALL 705 864 0200 TO REGISTER





Massage Day

with Kathleen Bouchard

February 20, 2025
3:00 PM - 8:00 PM
at Health Centre.



*Call Health to book your
appointment 705-864-0200
Priority CCFN Members.
Waitlist welcomed.*



BOWEN

with Dorcas Barnes

February 27, 2025 appointments

1:00 PM–8:00 PM

February 28, 2025 appointments

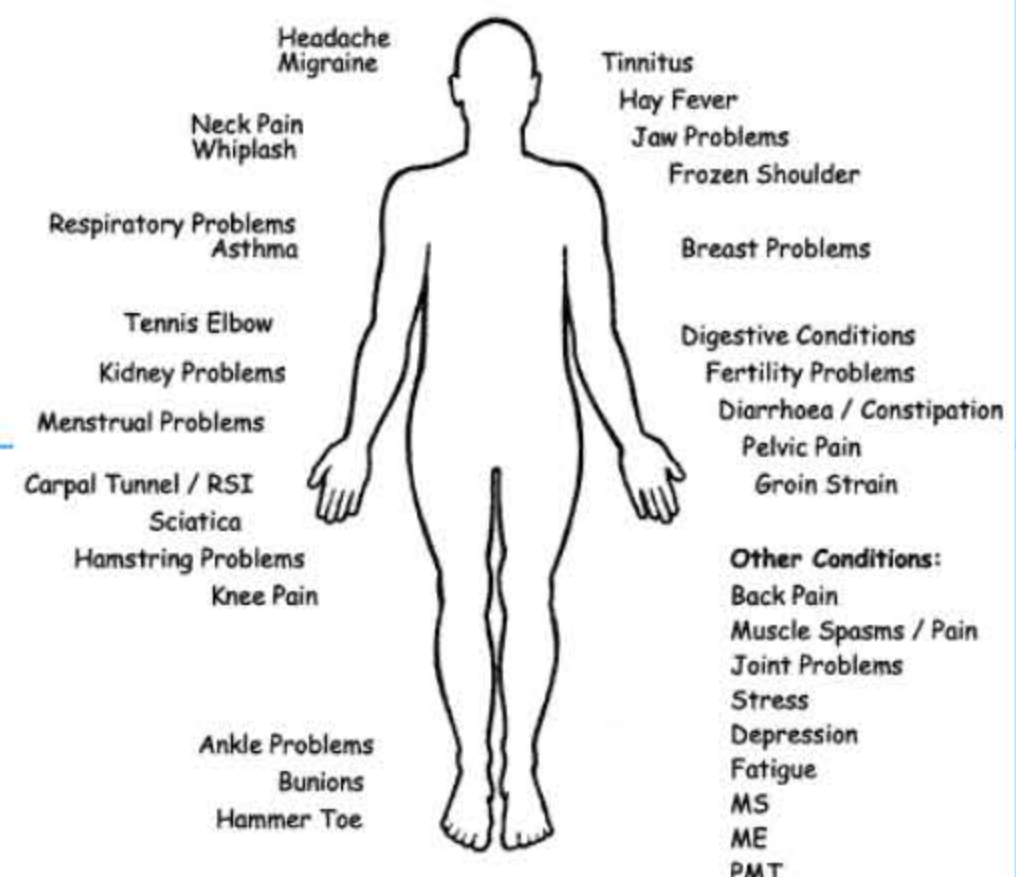
10:00 AM–5:00 PM

at Health Centre

Bowen Therapy

The Bowen Technique is a gentle non-invasive, holistic therapy. It can benefit adults and children of all ages

Conditions Which Have Responded to The Bowen Technique



Call to book your appointment at Health
705-864-0200

Priority CCFN Members, waitlist welcomed

**FAMILY DAY
ACTIVITY**

WINTER TUBING AT KAMISKOTIA

ALL AGES

FAMILY FUN

**VALID FROM
FEBRUARY 1-
28, 2025**

**DAYTIME TUBING
KAMISKOTIA SKI
RESORT**

**VOUCHERS AVAILABLE AT HEALTH, FAMILIES MUST
PRE-REGISTER AT HEALTH - 705-864-0200**

CALL NATHALIE FOR INQUIRIES - EXT. 203

**vouchers are single use and available for CCFN members and
immediate family residing in the Chapleau area -
upon submission of receipts, families are eligible for a
\$150.00 gas voucher (one per household) and \$75.00/person
for meals - receipts to be submitted by March 5, 2025**

Welcome savings



Home Owners interested in Energy Efficiency Upgrades should go to <https://www.homerenovationsavings.ca>

Do two or more upgrades

Rebates that require a home energy assessment

Get started



HEAT PUMP WATER HEATERS

\$500



WINDOWS AND DOORS

\$100 per rough opening



INSULATION (ATTIC, WALL, FOUNDATION, EXPOSED FLOOR)

Up to \$8,900



AIR SEALING

Up to \$250

Do one or more upgrades

Rebates that do not require a home energy assessment

Get started



HEAT PUMPS

Up to \$12,000



SOLAR PANELS AND BATTERY STORAGE

Up to \$10,000



SMART THERMOSTATS

\$75



Employment Opportunity Director of Indigenous Procurement and Entrepreneurship Development (IPED)

Applications are now being accepted for the following remote **Full Time Permanent** position:

Director of Indigenous Procurement and Entrepreneurship Development (IPED)

The Director of IPED is responsible for the strategic development, delivery and support for First Nation businesses and communities in Ontario in government procurement and entrepreneurship growth. The Director's mandate is to help build in-depth understanding and knowledge of the Indigenous procurement programs that are delivered by both the federal and provincial governments with FN businesses and communities, provide on-going support to find these opportunities and help in the successful completion of contract bids so that growth is achieved. The Director will also help lead a FN Entrepreneurship Committee in the development and execution of strategic priorities that will not only foster growth in FN entrepreneurship development but improve the chances of success.

POSITION RESPONSIBILITIES

PRIMARY DUTIES

- Understand OFNEDA's mandate and plan and develop action plans to deliver on the priorities that the position is responsible for.
- Establish IPED objectives and budget with detailed initiatives to grow FN business procurement with federal and provincial governments, entrepreneurship workshops and other supports, conferences/forums, financing access, mentor and membership support .
- Communicate constantly with the Executive Director on IPED initiatives for approvals and evaluation.
- Allocate material, financial and human resources to implement the organization's IPED strategies and achieve its objectives.
- Operate under the organizations policies, controls and procedures.
- Formulate and gain approval on business supports, training development, forums/engagement sessions and spend.
- Develop an annual IPED work plan for the Executive Director's approval based on the Strategic Plan.
- Coordinate with the accountant on the processing and timely filing of payments and spending for the organization on IPED initiatives.
- Communicate effectively and respond timely to requests from the Executive Director, the Executive Board, members, consultants, government officials/contacts, FN business owners and others.
- Enhance and build partnerships with the business community to build the membership and provide more support for growth in business development.
- Work closely with the Entrepreneurship Committee to deliver the priorities to the FN business members in the areas of training, support, financing access, procurement, networking, etc.

SECONDARY DUTIES

- Be familiar with and liaise with other FN institutions and organizations to promote membership, sponsorship, training and networking.
- Other tasks/duties/responsibilities as requested by the Executive Director.



OFNEDA
ONTARIO FIRST NATIONS ECONOMIC
DEVELOPERS ASSOCIATION

Employment Opportunity
Director of Indigenous Procurement and
Entrepreneurship Development (IPED)

QUALIFICATIONS

OFNEDA will consider candidates that possess an adequate combination of skills and experiences required to successfully fulfil this role. All candidates will have the flexibility to travel within the province of Ontario (and occasionally nationally) and must possess an excellent understanding of First Nation communities and culture. Candidates will also have a practical knowledge of First Nation economic development organizations and their mandates.

Although not mandatory, OFNEDA would expect candidates to have, at a minimum, the following experience and education qualifications:

- University degree or college diploma in business or economics
- Minimum of three(3) years of FN entrepreneurship experience.
- Understanding of the Indigenous procurement programs with the federal and provincial governments.
- Superior communication skills
- Excellent organizational and time management skills
- Proven proposal writing skills
- Budgeting experience
- Flexibility to travel
- Knowledge of FN economic development organizations and their mandates
- Understanding of FN Economic Development in Ontario and connections with FN businesses and communities.
- Ability to work independently with minimal supervision.

TERMS OF EMPLOYMENT

This is a remote Full Time Permanent position beginning immediately. Annual salary range for this position is \$70,000 to \$75,000 per year based on a 35-hour work week.

APPLICATION PROCESS

Cover letter, resume, along with email address and phone number of two employment references are required for a complete application package. Incomplete or late application package will not be considered.

Please submit application package to:

Tiffany Taylor, Recruitment Officer for OFNEDA
Cambium Indigenous Professional Services (CIPS)
t.taylor@indigenouseconomic.ca

Deadline for Applications: Friday, February 14, 2025 @ 4:30 p.m.

Job description can be found on the OFNEDA website: www.ofneda.ca or by emailing the above contact.



OFNEDA

ONTARIO FIRST NATIONS ECONOMIC
DEVELOPERS ASSOCIATION

Employment Opportunity

Marketing/Training Director

Applications are now being accepted for the following remote **Full Time Permanent** position:

Marketing/Training Director

The Marketing/Training Director is responsible for the strategic marketing and training program development and execution of the association. Some coordination on financial information with contracted service providers and conferences and workshops with other organizations. The Director's mandate is to help build awareness and growth of the association and its' membership and sponsorship through various marketing/social media channels; communicate updates on new programs and funding opportunities; identify and coordinate training seminars for members; aide the executive director in delivering support services; promote various advertising opportunities on the OFNEDA website, newsletter and other social media channels; and help coordinate the annual conference.

POSITION RESPONSIBILITIES

PRIMARY DUTIES

- Understand OFNEDA's mandate to deliver information about the organization
- Establish marketing/training objectives and promotional/training budget with detailed initiatives to grow membership, sponsorship, participation in events, workshops, and conferences.
- Communicate constantly with the Executive Director on marketing/training initiatives for approvals and evaluation.
- Allocate material, financial and human resources to implement the organization's marketing/training strategies and achieve its objectives.
- Operate under the organizations policies, controls and procedures.
- Formulate and gain approval on promotional campaigns/training workshops and spend.
- Develop an annual marketing/training work plan for the Executive Director's approval.
- Coordinate with the accountant on the processing and timely filing of payments and spending for the organization on marketing/training initiatives.
- Communicate effectively and respond timely to requests from the Executive Director, the Executive Board, members, consultants and potential advertisers/sponsors.
- Enhance and build partnerships with the business community to build the membership and provide more advertising revenue from the website, newsletter and social media.
- Promote and help coordinate an improved professional development curriculum with other FN institutions.
- Oversee the continued development of the organizations website to provide the required information to promote the growth and support of its' membership

SECONDARY DUTIES

- Be familiar with and liaise with other First Nation institutions and organizations to promote membership, sponsorship, training and advertising revenues.
- Other tasks/duties/responsibilities as requested by the Executive Director.

QUALIFICATIONS

OFNEDA will consider candidates that possess an adequate combination of skills and experiences required to successfully fulfil this role. All candidates will have the flexibility to travel within the province of Ontario (and occasionally nationally) and must possess an excellent understanding of First Nation communities



OFNEDA
ONTARIO FIRST NATIONS ECONOMIC
DEVELOPERS ASSOCIATION

Employment Opportunity

Marketing/Training Director

and culture. Candidates will also have a practical knowledge of First Nation economic development organizations and their mandates.

Although not mandatory, OFNEDA would expect candidates to have, at a minimum, the following experience and education qualifications:

- University degree or college diploma in business or economics
- Three years of marketing/training coordination experience preferably in a similar role
- Superior communication skills
- Excellent organizational and time management skills
- Proven proposal writing skills
- Budgeting experience
- Flexibility to travel
- Knowledge of First Nation economic development organizations and their mandates
- Ability to work from a home-based office with minimal supervision.

TERMS OF EMPLOYMENT

This is a remote Full Time Permanent position beginning immediately. Annual salary range for this position is \$70,000 to \$75,000 per year based on a 35-hour work week.

APPLICATION PROCESS

Cover letter, resume, along with email address and phone number of two employment references are required for a complete application package. Incomplete or late application package will not be considered.

Please submit application package to:

Tiffany Taylor, Recruitment Officer for OFNEDA
Cambium Indigenous Professional Services (CIPS)
t.taylor@indigenouseaware.com

Deadline for Applications: Friday, February 14, 2025 @ 4:30 p.m.

Job description can be found on the OFNEDA website: www.ofneda.ca or by emailing the above contact.



OFNEDA

ONTARIO FIRST NATIONS ECONOMIC
DEVELOPERS ASSOCIATION

Employment Opportunity

Training Coordinator

Applications are now being accepted for the following remote **Full Time Permanent** position:

Training Coordinator

The Training Coordinator is responsible for the development, sourcing, scheduling, coordination and delivery of all training programs for OFNEDA. The Training Coordinator is also responsible for sourcing and delivering training programs for First Nation entrepreneurs in cooperation with the Entrepreneurship Committee and DM&T. The Training Coordinator's mandate is to:

- Develop training subject matter that is a priority to First Nation EDOs in Ontario and source professional trainers to deliver workshops either in-person or on-line.
- Coordinate execution of professional EDO certified training programs like CANDO TAED and EDAC Ed.C with FN EDOs who qualify.
- Work with consultants on determining appropriate training material for underdeveloped FN EDOs.
- Provide member support services in funding application completion and proposal writing.
- Be an active member of the conference committee in planning the conference workshop and speaker subject matter and source speakers for delivery and participation.
- Network with other Indigenous organizations on promoting other workshop training sessions for the benefit of OFNEDA members.

POSITION RESPONSIBILITIES

The Training Coordinator primary role is to:

- Understand OFNEDA's mandate and deliver training workshops and professional certification programs for FN EDOs in Ontario.
- Develop and implement an annual training work plan for the Director of Marketing & Training's approval
 - Establish a training schedule that meets organization objectives and EDO needs and coordinate the delivery of the schedule each year both in-person and online.
 - Source professional trainers to deliver the schedule at the best possible through an RFP process and execute contract agreements.
 - Coordinate the delivery of the CANDO TAED and EDAC Ec.D programs each year to EDO members who qualify.
 - Work with outside consultants on developing an OFNEDA EDO training program geared towards northern community needs. Schedule and execute program once developed and approved.
 - Provide member support in the areas of funding application completion and proposal writing.
- Communicate constantly with the Director of Marketing & Training on training initiatives for approvals and evaluation.
- Coordinate with the accountant on the processing and timely filing of payments and spending for the organization on training initiatives.
- Communicate effectively and respond timely to requests from the Director of Marketing & Training, Executive Director, the Executive Board, members, consultants and potential trainers.
- Internal member in the development of workshop topics and speaker material for the OFNEDA annual conference
- Operate under the organizations policies, controls and procedures.
- Other tasks/duties/responsibilities as requested by the Director of Marketing & Training.



OFNEDA
ONTARIO FIRST NATIONS ECONOMIC
DEVELOPERS ASSOCIATION

Employment Opportunity

Training Coordinator

QUALIFICATIONS

OFNEDA will consider candidates that possess an adequate combination of skills and experiences required to successfully fulfil this role. All candidates will have the flexibility to travel within the province of Ontario (and occasionally nationally) and must possess an excellent understanding of First Nation communities and culture. Candidates will also have a practical knowledge of First Nation economic development organizations and their mandates.

Although not mandatory, OFNEDA would expect candidates to have, at a minimum, the following experience and education qualifications:

- Highschool diploma; College diploma preferred in Business Administration
- Minimum of one year of training coordination experience, preferably in a similar role
 - Includes the ability to source, develop, schedule and deliver training sessions.
 - Includes the ability to prepare RFPs for training and coordinate with other institutions.
- Proficiency in the Microsoft Office Suite of Products
- In addition to the above, candidates must also possess the following personal attributes:
- Superior communication skills
- Excellent organizational and time management skills

Ability to work from a home-based office with minimal supervision.

TERMS OF EMPLOYMENT

This is a remote Full Time Permanent position beginning immediately. Annual salary range for this position is \$54,000 to \$58,000 per year based on a 35-hour work week.

APPLICATION PROCESS

Cover letter, resume, along with email address and phone number of two employment references are required for a complete application package. Incomplete or late application package will not be considered.

Please submit application package to:

Tiffany Taylor, Recruitment Officer for OFNEDA
Cambium Indigenous Professional Services (CIPS)
t.taylor@indigenouseaware.com

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