Please register for the programs, activities and events offered

Chapleau Cree First Nation

P.O. Box 400 828 Fox Lake Road Chapleau ON POM 1K0

Phone: 705-864-0784 Fax: 705-864-1760

E-mail: reception@chapleaucree.ca

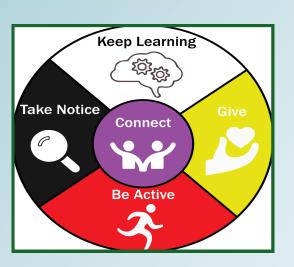
Life's Sacred Journey

P.O. Box 400 814 Fox Lake Road Chapleau ON POM 1K0

Phone: 705-860-0003 Fax: 705-860-0004

E-mail: bandrep@lifessacredjourney.ca





Chapleau Cree Health Centre

P.O. Box 400 801 Fox Lake Road Chapleau ON POM 1K0

Phone: 705-864-0200 Fax: 705-864-0206

E-mail: h.adminassist@chapleaucree.ca





For the week of:

November 25 to December 1, 2024

Winter Hours:

Monday - Friday 8:30AM - 4:30PM

Participation and Feedback on Activities/Events/Programs is always welcomed

Please submit feedback to **Kyle Corston** @ **705-864-0784** or **communityrelations@chapleaucree.ca**



This Week's Highlights:

- Community Haircut Day
- Lunch & Learn (Diabetes)
 - Beading Social
 - Bowen Therapy
 - Community Dinner
 (Penne Pasta w/ Sausages & Peppers)
- Ladies Parka Workshop—Finishing
 Touches
- Christmas Stocking Making Workshop



Oški-kîšikâw

MONDAY

Kaskatinisiw-Pisim

November 25







<u>Nîso-kîsikâw</u>
<u>TUESDAY</u>
<u>Kaskatinisiw-Pisim</u>
November 26



COMMUNITY HAIRCUT DAY



10am-4pm @ Health

LUNCH & LEARN (Diabetes)



12pm-1pm @ Health

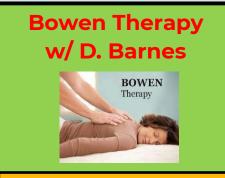
Beading Social



7pm-9pm @ Health



Apihtawan
WEDNESDAY
Kaskatinisiw-Pisim
November 27



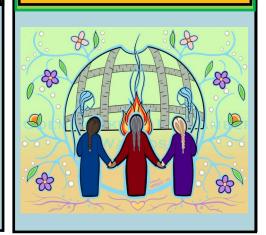
1pm-8pm @ Health



COMMUNITY DINNER



5:30-6:30pm@ B. Office Hall (Penne Pasta w/ Sausages & Peppers)



<u>Nêwi-kîsikâw</u>
<u>THURSDAY</u>
<u>Kaskatinisiw-Pisim</u>
November 28



Bowen Therapy w/ D. Barnes

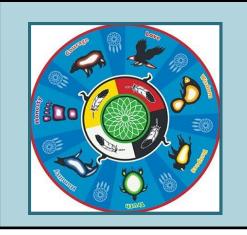


10am-5pm @ Health

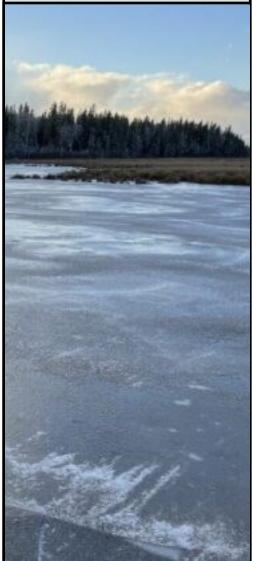
Ladies Parka Making FINAL TOUCH UPS!



7pm-9pm @ Health



<u>Pahkwêšikani-kîšikâw</u>
<u>FRIDAY</u>
<u>Kaskatinisiw-Pisim</u>
November 29



Not Receiving the
Weekly Pamphlet in a
timely manner?
Call Kyle Corston at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your in-box

Matinawe-Kisikaw
SATURDAY
Kaskatinisiw-Pisim
November 30



Ayamihêwi-kîsikâw
SUNDAY
Piwahtakini-Pisim
December 1



9am-3:30pm @ Health

CELEBRATION OF LIFE



Raymond Barty
April 18, 1927

November 19, 2024

Our sincerest condolences to family and friends on the passing of your loved one.

Community

Haircut Day

Jennifer Hoover-Simon

November 12 & 26, 2024

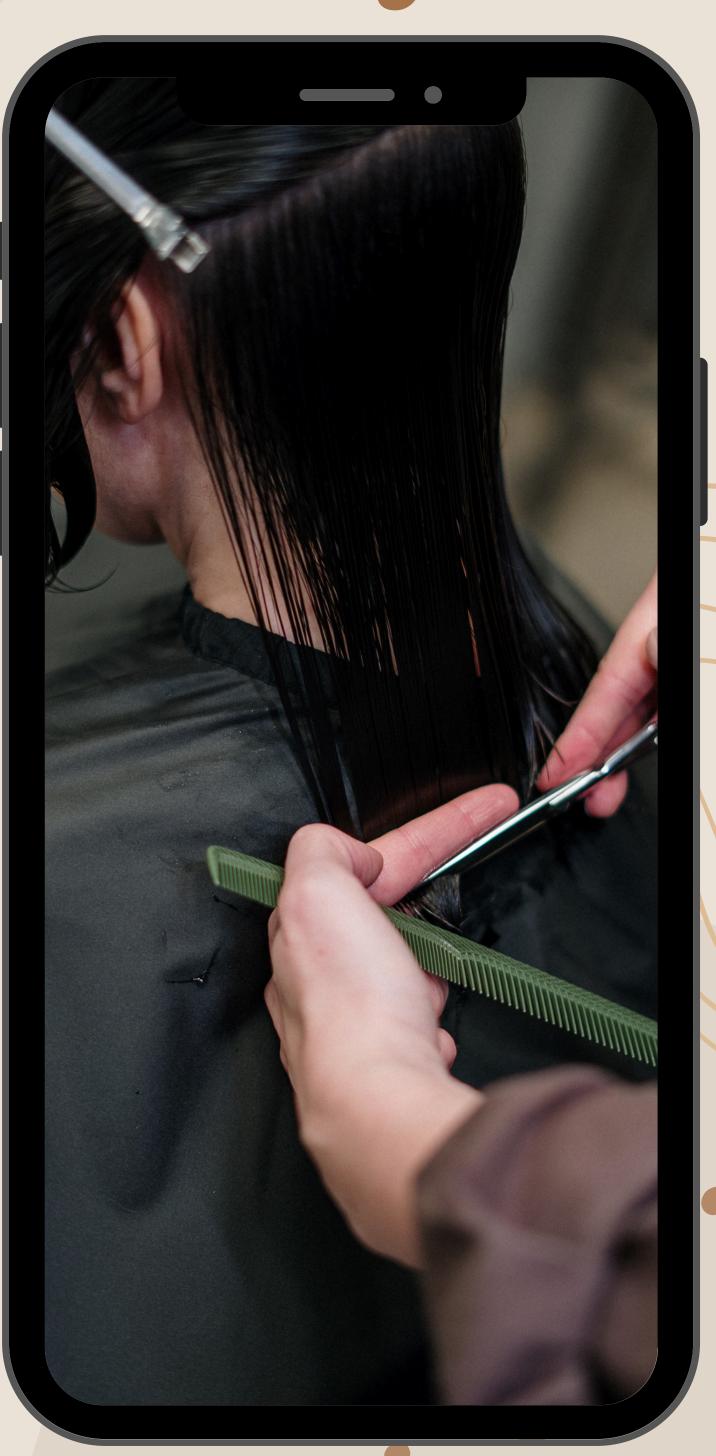
Call Health to book

your appointment

705-864-0200

FREE of charge to community but gratuity tip encouraged if possible.







ADULTS ONLY BEADING SOCIAL

TUESDAYS - NOVEMBER 12 & 26 - 7PM - 9PM



TO REGISTER CALL DEBBIE - 705-864-0200 FOR INQUIRIES CALL NATHALIE - EXT. 203

10 PARTICIPANTS ONLY

OPENTO CCFN BAND MEMBERS
WAITLIST WELCOMED



BOWEN

with Dorcas Barnes

November 27th appointments
1:00 PM-8:00 PM
November 28th appointments
Bowen Therapy

10:00 AM-5:00 PM

at Health Centre

The Bowen Technique is a gentle non-invasive, holistic therapy.

It can benefit adults and children of all ages

Conditions Which Have Responded to The Bowen Technique

Headache **Tinnitus** Migraine Hay Fever Neck Pain Whiplash Jaw Problems Frozen Shoulder Respiratory Problems **Breast Problems** Tennis Elbow Digestive Conditions Kidney Problems Fertility Problems Diarrhoea / Constipation Menstrual Problems Pelvic Pain Carpal Tunnel / RSI Groin Strain Sciatica Hamstring Problems Other Conditions: Knee Pain Back Pain Muscle Spasms / Pain Joint Problems Stress Depression Ankle Problems Fatigue Bunions MS Hammer Toe ME PMT

Call to book your appointment at Health 705-864-0200

Priority CCFN Members, waitlist welcomed





NOVEMBER 30 AND DECEMBER 1, 2024 9AM - 3:30PM

WITH RAVEN
MARTIN OF RAVEN
CREEATIONS

TO REGISTER CALL DEBBIE - 705-864-0200

for inquiries call Nathalie - ext. 203

10 participants only open to CCFN Band Members Waitlist Welcomed











MAAMWESYING DIABETES NURSE EDUCATOR IN COLLABORATION WITH MAAMWESYING ONTARIO HEALTH TEAM - LOWER LIMB PRESERVATION PRESENTS...

YOUR FEET & DIABETES

Join us at Chapleau Cree Health Centre TUESDAY NOVEMBER 26TH

12 Noon
All are welcomel
*Please register with health for this event







