

**Please register for the programs,
activities and events offered**

Chapleau Cree First Nation

P.O. Box 400
828 Fox Lake Road
Chapleau ON
P0M 1K0

Phone: 705-864-0784
Fax: 705-864-1760
E-mail: reception@chapleaucree.ca

Life's Sacred Journey

P.O. Box 400
814 Fox Lake Road
Chapleau ON
P0M 1K0

Phone: 705-860-0003
Fax: 705-860-0004
E-mail: bandrep@lifessacredjourney.ca

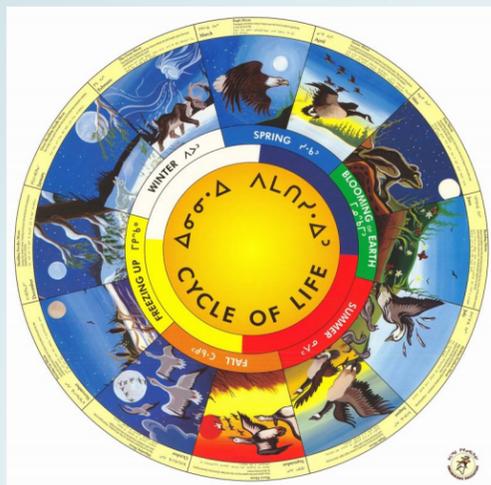
Chapleau Cree Health Centre

P.O. Box 400
801 Fox Lake Road
Chapleau ON
P0M 1K0

Phone: 705-864-0200
Fax: 705-864-0206
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



For the week of
**September 9 to
September 15, 2024**

Summer Hours:

**Monday - Thursday
8:00AM - 5:00PM**

**Friday
8:00AM - NOON**

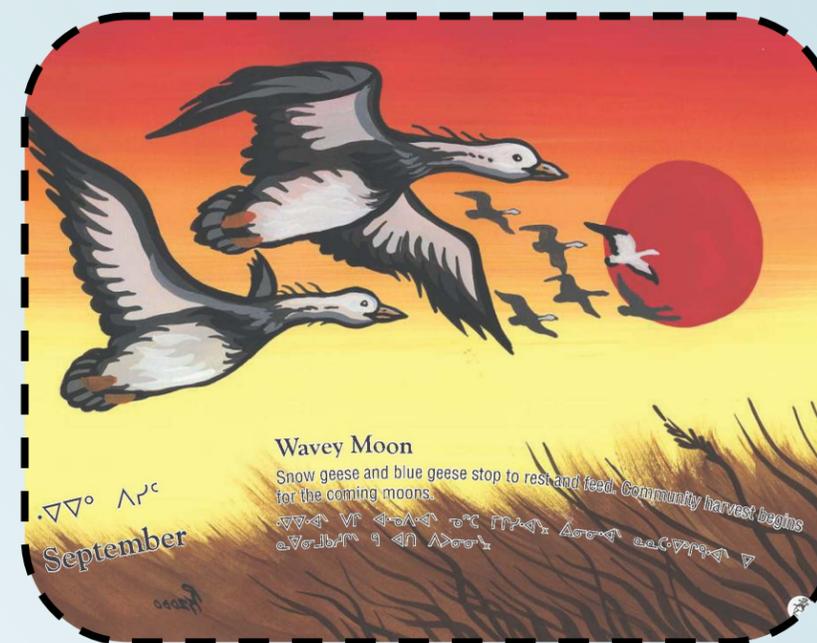
Participation and Feedback on
Activities/Events/Programs is
always welcomed

Please submit feedback to
Kyle Corston @ 705-864-0784 or
communityrelations@chapleaucree.ca



This Week's Highlights:

- **Chief & Council Meetings Resume**
 - Lunch & Learn (FASD)
 - Massage w/ Kathleen



Oški-kīšikâw
MONDAY
Wehwewi-Pisim
September 9



LUNCH & LEARN
(FASD)



12pm-1pm @ Health

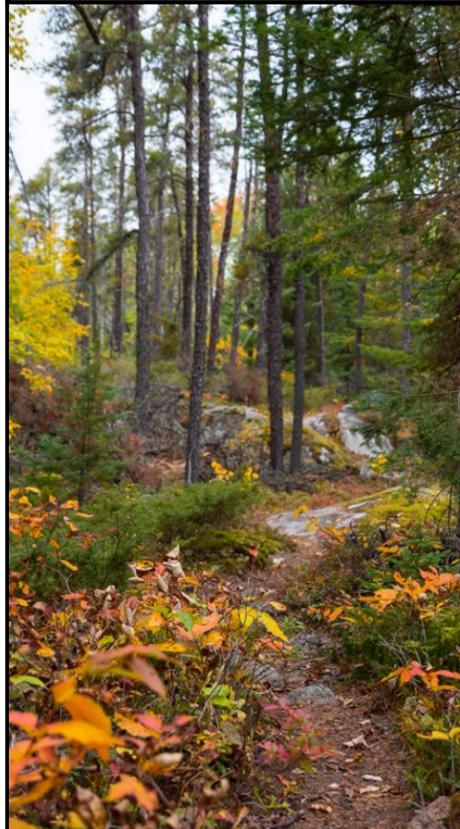
Chief & Council
Meeting 6pm
@ Band Office



Nīso-kīšikâw
TUESDAY
Wehwewi-Pisim
September 10



Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up



Apihtawan
WEDNESDAY
Wehwewi-Pisim
September 11



Nēwi-kīšikâw
THURSDAY
Wehwewi-Pisim
September 12



Town Run
10:00 a.m.
Call **Health** at
705-864-0200 before 9am
to get picked up

MASSAGE
W/ KATHLEEN



3pm-8pm @ Health



Pahkwēšikani-kīšikâw
FRIDAY
Wehwewi-Pisim
September 13



let the
WEEKEND
begin

Not Receiving the
Weekly Pamphlet in a
timely manner?
Call **Kyle Corston** at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your in-box

Matinawe-Kisikaw
SATURDAY
Wehwewi-Pisim
September 14



Ayamihêwi-kīšikâw
SUNDAY
Wehwewi-Pisim
September 15



Lunch & Learn

Topic: FASD

Sept 9, 2024 12:00 pm - 1:00 pm

JOIN US



Call to Register

705 864 0200



MASSAGE



Thursday September 12, 2024

3:00-5:00 PM & 7:00-8:00 PM

30 minute Massage Appointments available

With Kathleen Bouchard

By Appointment ONLY.

CCFN members, others welcome to waitlist



Please call **Health** at **705-864-0200** to
book your session.





1:1 Appointments Available

Bowen Therapy with Dorcas Barnes

September 17 & 18, 2024

@ Health Centre

1:00 pm – 7:00 pm on Sept 17th

10:00 am - 4:00 pm on Sept 18th



Please call Health to book your 1 hour session 705-864-0200.

CCFN Members Others Waitlist Welcome

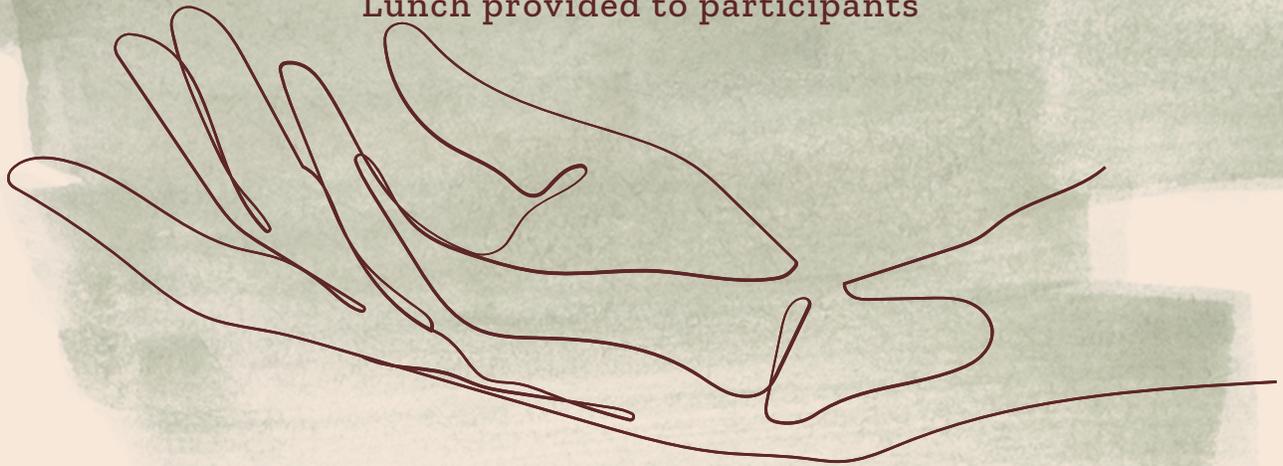


Reiki Level 1 Certification

September 18th, 2024

10:00 AM - 4:00 PM

Lunch provided to participants



Maximum 10 Participants

MUST Pre-register for this event!

Call Health at 705-864-0200



JOIN US FOR THE

COMMUNITY Dinner

FOOD, DRINK, GOOD MOOD

Sept 18, 2024

Band Office: 5:30



**CALL HEALTH AT 705 864 0200,
YOU MUST REGISTER FOR THE
COMMUNITY DINNER.**





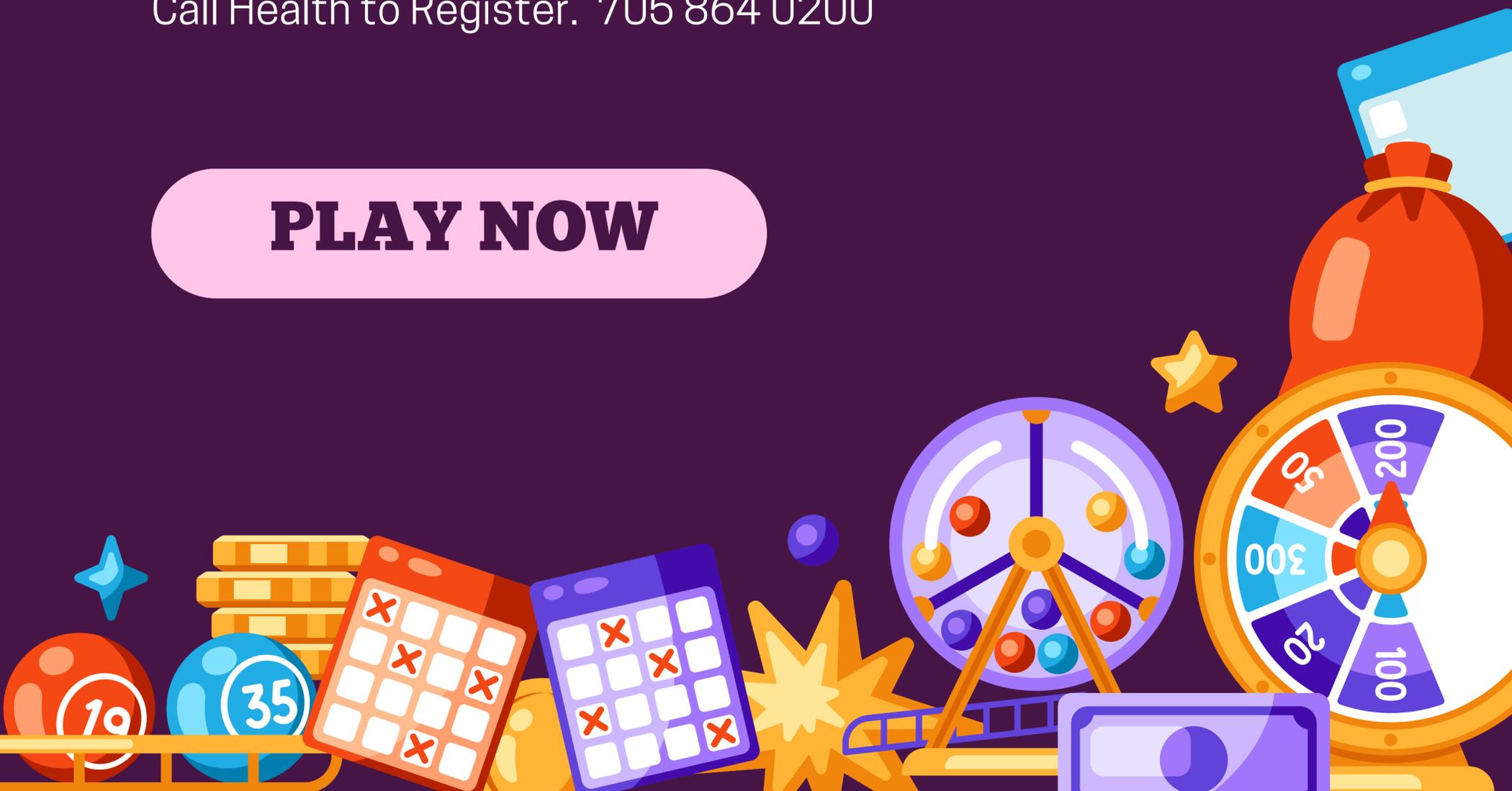
NUTRITION BINGO NIGHT

At this exciting event, get ready to shout "BINGO!" and win some fantastic prizes.

**07 PM, SEPTEMBER 19, 2024
BAND OFFICE BASEMENT**

Call Health to Register. 705 864 0200

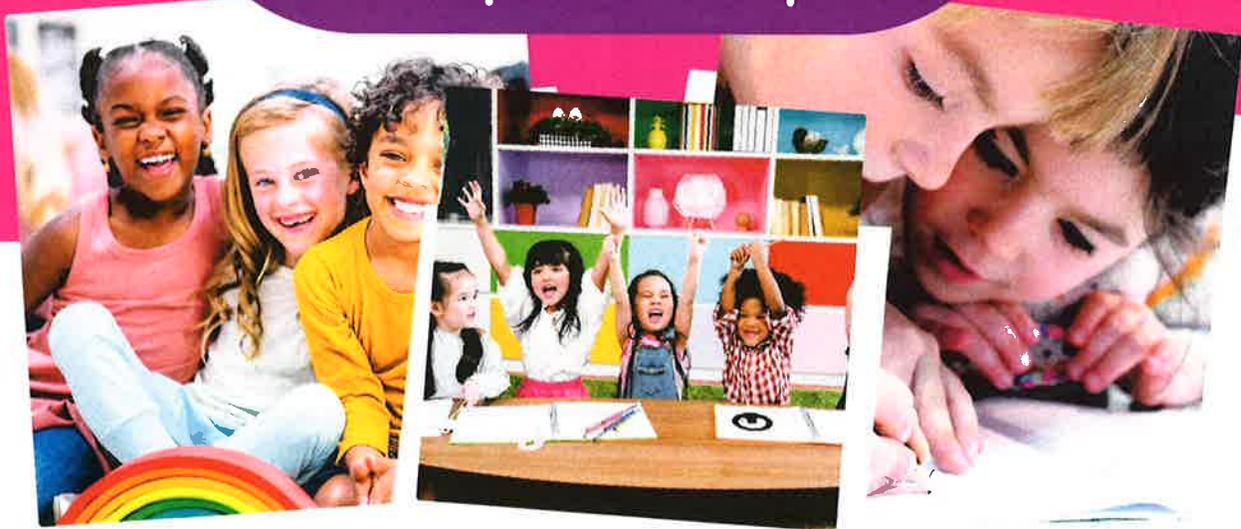
PLAY NOW



BACK TO SCHOOL PARTY FOR SCHOOL AGED CHILDREN

Come and celebrate going back to school with pizza, snacks and games.
And come and meet Nathalie, the Event Co-ordinator.

**MONDAY, SEPTEMBER
23, 2024
5:00 pm - 7:00 pm**



**CALL DEBBIE TO REGISTER
CALL NATHALIE FOR INQUIRIES**

**705-864-0200
705-864-0200 ext. 203**



Open to CCFN Members
Children 6 years old and younger to
be accompanied by parent
Waitlist welcomed



Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705)864-1760

reception@chapleaucree.ca



BIDDING OPPORTUNITY Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	For approximately 25 Individuals Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree Health Centre

- Breakfast
 Lunch
 Snacks
 Dinner

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree Health Services
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Marlene Kapashesit
 Chapleau Cree First Nation
 P.O. Box 400
 Chapleau, ON P0M 1K0
 or hcd@chapleaucree.ca

Subject Line: Lunch and Learn Alzheimer Awareness Sept 16, 2024
 Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu is: 09/12/2024