

**Please register for the programs,  
activities and events offered**

**Chapleau Cree First Nation**

P.O. Box 400  
828 Fox Lake Road  
Chapleau ON  
P0M 1K0

Phone: 705-864-0784  
Fax: 705-864-1760  
E-mail: reception@chapleaucree.ca

**Life's Sacred Journey**

P.O. Box 400  
814 Fox Lake Road  
Chapleau ON  
P0M 1K0

Phone: 705-860-0003  
Fax: 705-860-0004  
E-mail: bandrep@lifessacredjourney.ca

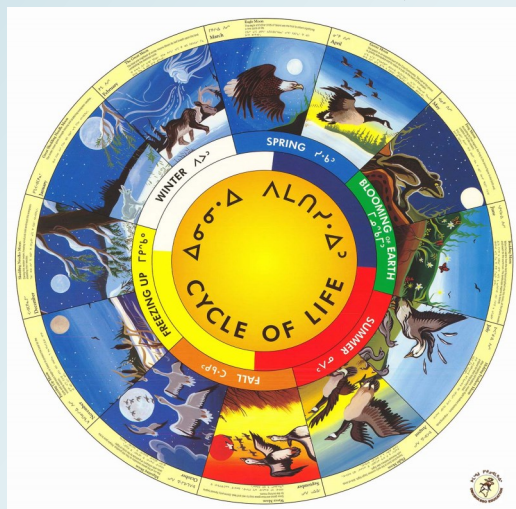
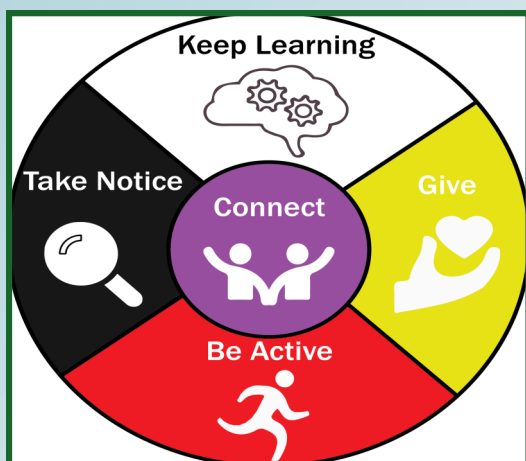
**Chapleau Cree Health Centre**

P.O. Box 400  
801 Fox Lake Road  
Chapleau ON  
P0M 1K0

Phone: 705-864-0200  
Fax: 705-864-0206  
E-mail: h.adminassist@chapleaucree.ca



 <https://www.facebook.com/groups/118989737892773>



For the week of  
**August 26 to  
September 1, 2024**

**Summer Hours:**

**Monday - Thursday  
8:00AM - 5:00PM**

**Friday  
8:00AM - NOON**

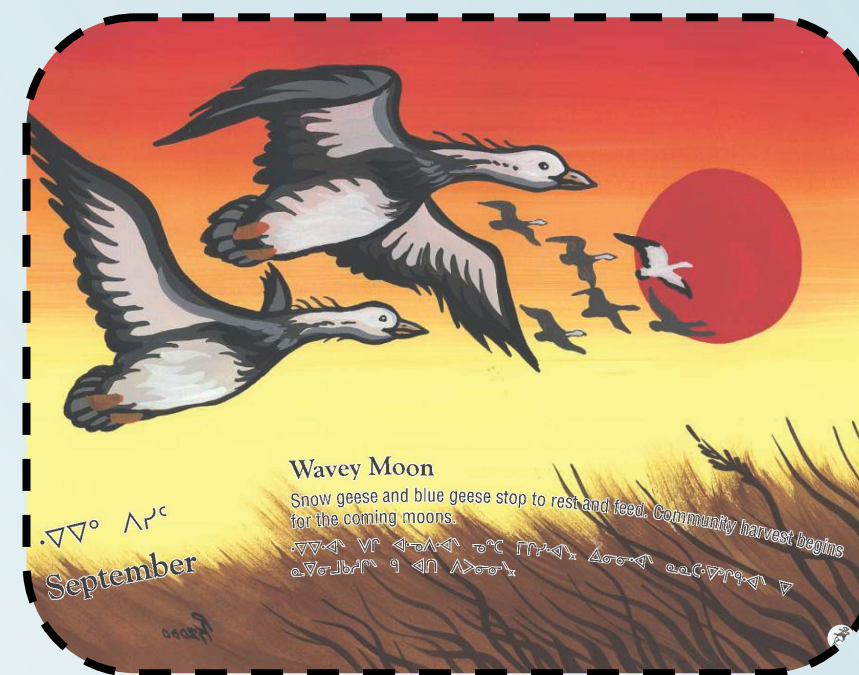
Participation and Feedback on  
Activities/Events/Programs is  
always welcomed

Please submit feedback to  
**Kyle Corston @ 705-864-0784** or  
[communityrelations@chapleaucree.ca](mailto:communityrelations@chapleaucree.ca)



***This Week's Highlights:***

- **Chiropractor in Spa Room!**
- **Overdose Awareness Dinner**
- **Bowen Therapy w D. Barnes**
- **Community Dinner**  
(porkchops w stuffing & gravy!)



**Oški-kīšikāw**  
**MONDAY**  
**Ohpahowi-Pisim**  
**August 26**



**School Aged Back to School Trip!**



@ Niagara Falls



**Nīso-kīšikāw**  
**TUESDAY**  
**Ohpahowi-Pisim**  
**August 27**



**Town Run**  
**10:00 a.m.**  
Call **Health** at  
**705-864-0200** before 9am  
to get picked up

**Chiropractor in Spa Room**



10am-4pm @ Health

**Overdose Awareness Dinner**



5:30-6:30pm @ Band Office

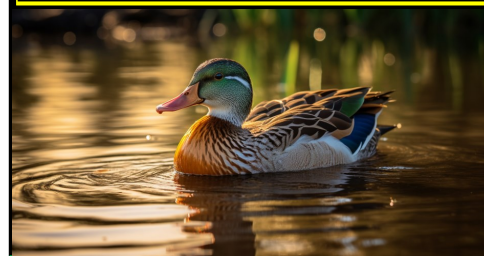


**Apihtawan**  
**WEDNESDAY**  
**Ohpahowi-Pisim**  
**August 28**

**Bowen Therapy**  
**w/ D. Barnes**



1pm-8pm @ Health



**COMMUNITY DINNER**



5:30-6:30pm @ B. Office Hall  
(Porkchops w Stuffing & Gravy!)



**Nēwi-kīšikāw**  
**THURSDAY**  
**Ohpahowi-Pisim**  
**August 29**

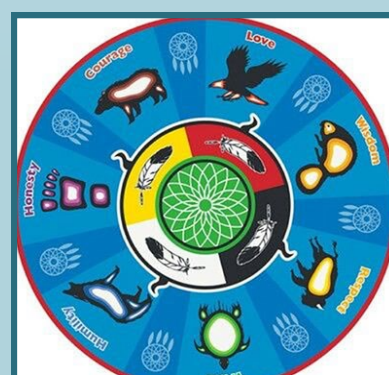


**Town Run**  
**10:00 a.m.**  
Call **Health** at  
**705-864-0200** before 9am  
to get picked up

**Bowen Therapy**  
**w/ D. Barnes**



10am-5pm @ Health



**Pahkwēšikani-kīšikāw**  
**FRIDAY**  
**Ohpahowi-Pisim**  
**August 30**

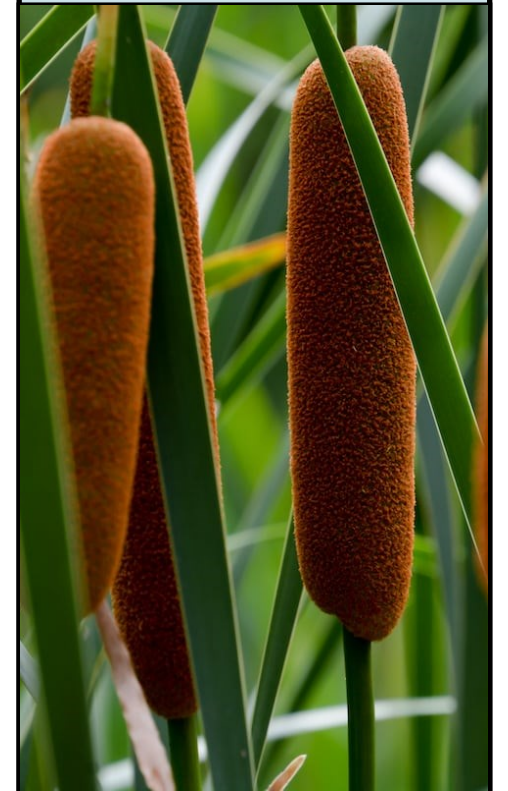


**KEEP CALM**  
IT'S  
**FINALLY FRIDAY**



Not Receiving the Weekly Pamphlet in a timely manner?  
Call **Kyle Corston** at the **Band Office 705 864 0784** and give your email— you'll receive the pamphlet right to your in-box

**Matinawe-Kisikaw**  
**SATURDAY**  
**Ohpahowi-Pisim**  
**August 31**



**Ayamihēwi-kīšikāw**  
**SUNDAY**  
**Wehwewi-Pisim**  
**September 1**





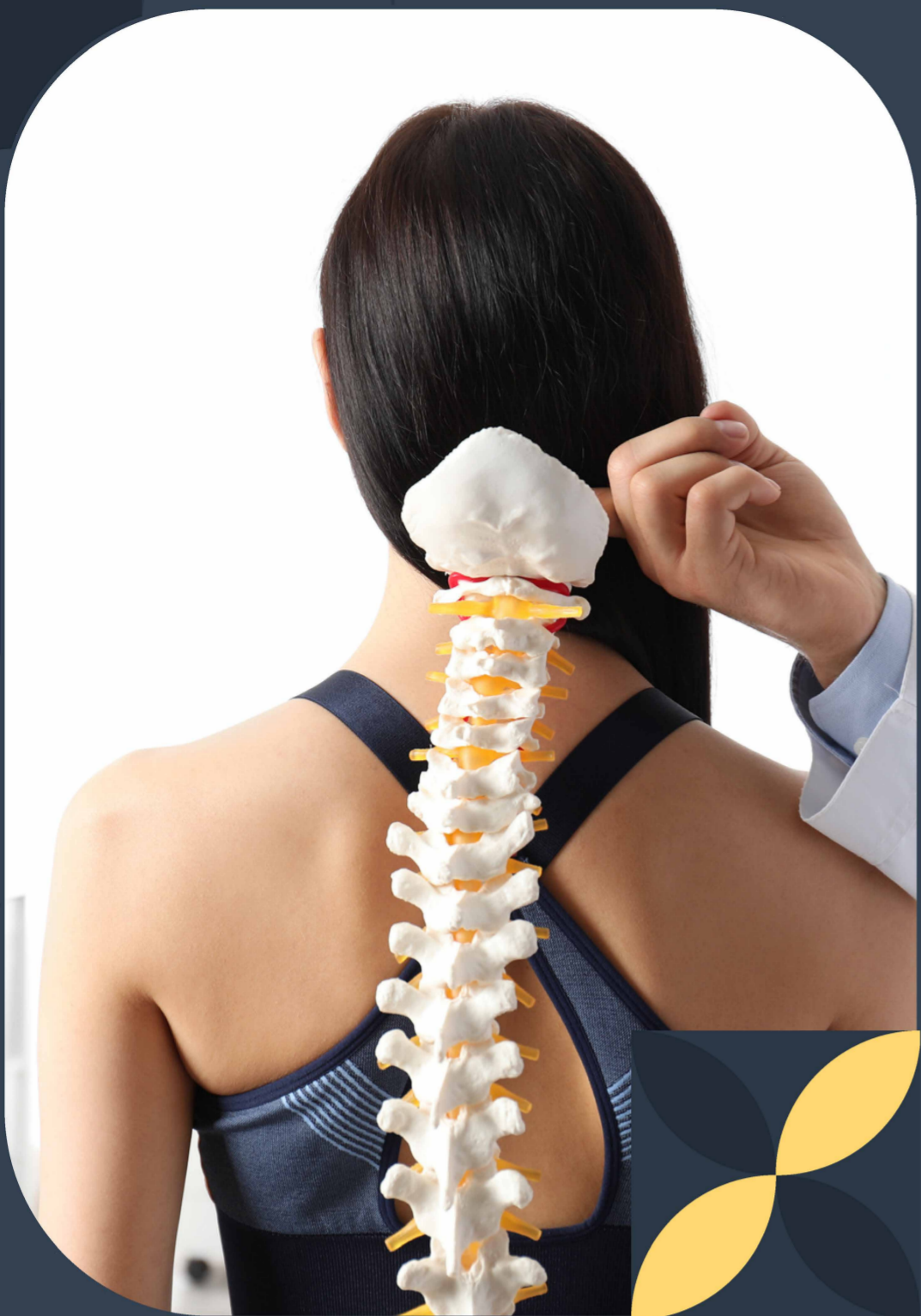
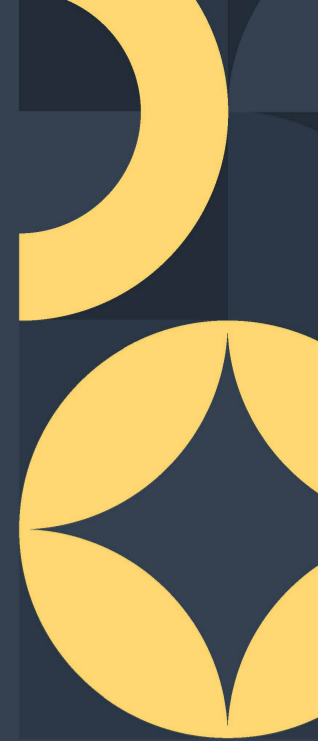
**Attention CCFN Residents:**

**A planned power outage is scheduled on  
August 25, 2024 for 8.5 hours  
from 9:30am to 6pm.**

**This outage has been planned to provide crews  
optimal time to complete critical maintenance to  
enhance the ongoing reliability and quality of the  
service provided to our area.**

**Meegwetch and thank you for understanding.**





# WELLNESS THROUGH CHIROPRACTIC CARE

Welcome to Mushkegowuk Health , where we prioritize your well-being through personalized chiropractic care. Our experienced team is dedicated to helping you achieve optimal health and vitality.

## Services Offered



### Spinal Adjustments

Expert chiropractors restoring balance to your spine.



### Peripheral Joint

Relax and rejuvenate with therapeutic massages.



### Rehabilitation Exercises

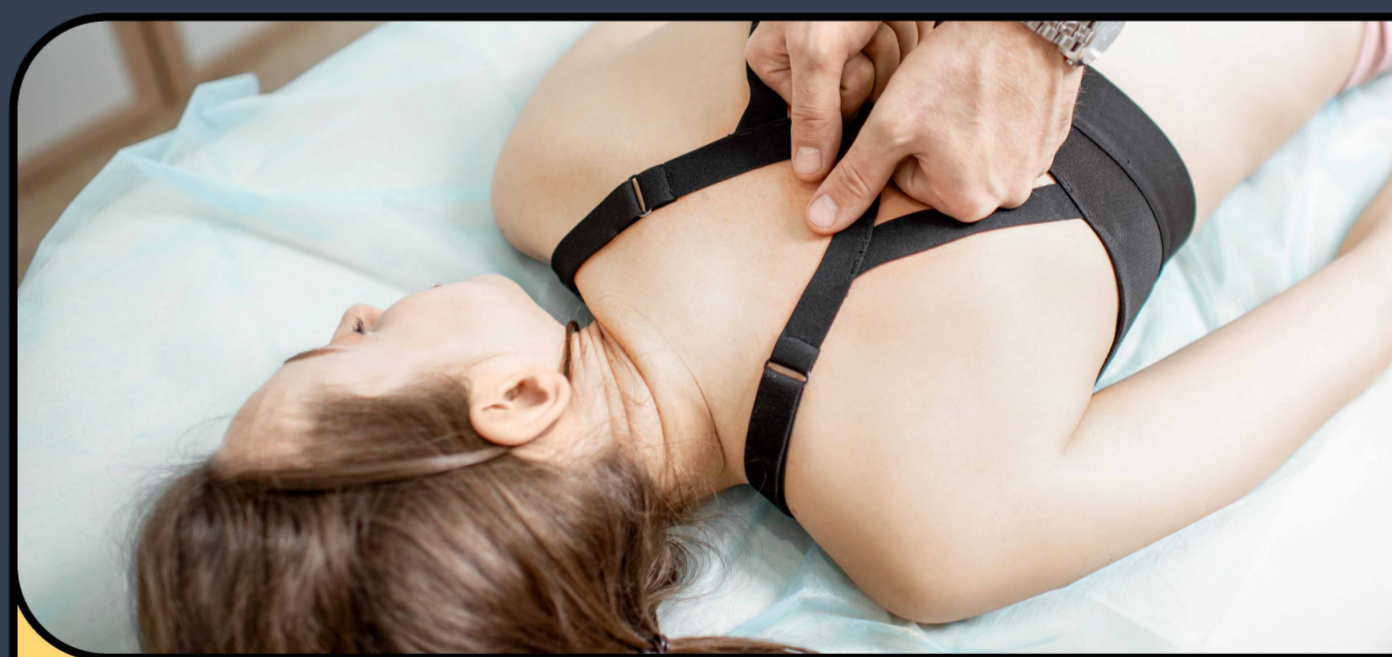
Strengthen and enhance your body's natural healing abilities.

## Meet Our Expert

### DR. David Popovic

Expert chiropractor

August 27, 2024 10:00 am to 4:00 pm



Ready to prioritize your well-being? Contact us today

### HEALTH CENTRE

 705 864 0200

CCFN Members Waitlist for others Welcome.





# DRUG OVERDOSE AWARENESS DINNER

**5:30 PM**

**August 27th**

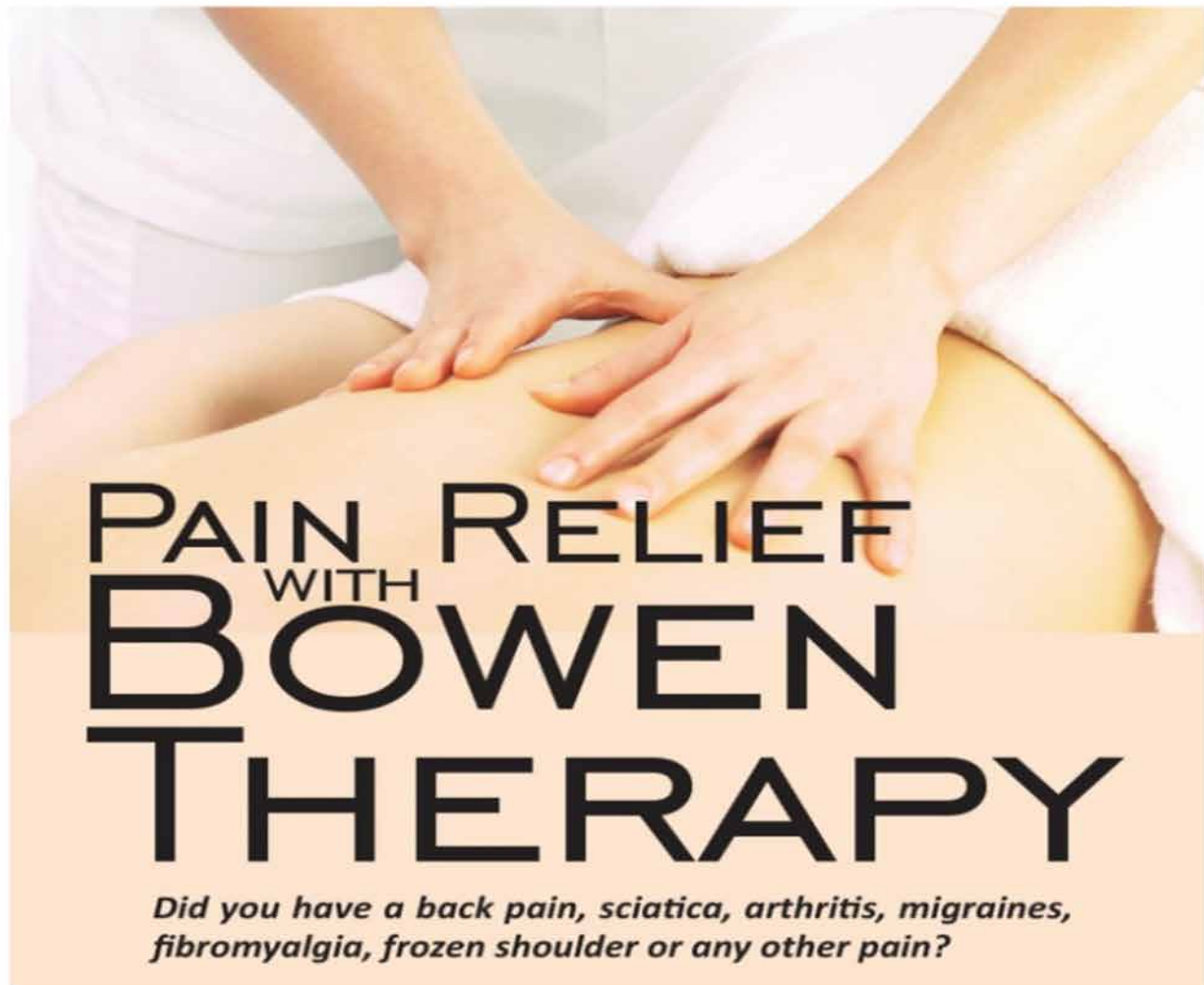


Chapleau Cree Band Office

**Register at**

Health

705-864-0200



## **1:1 Appointments Available**

Bowen Therapy with Dorcas Barnes

**Aug 28 & 29, 2024**

**@ Health Centre**

**1:00 pm – 7:00 pm on Aug 28th**

**10:00 am - 4:00 pm on Aug 29th**

Please call Health to book your 1 hour session 705-864-0200.

CCFN Members Others Waitlist Welcome





JOIN US FOR THE

# COMMUNITY Dinner


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**FOOD, DRINK, GOOD MOOD**

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Aug 28, 2024

Band Office: 5:30



**CALL HEALTH AT 705 864 0200,  
YOU MUST REGISTER FOR THE  
COMMUNITY DINNER.**



# EVERY CHILD MATTERS

## Children's contest

Join us in for an art night to create your own Every Child Matters Logo! The winning image will be used for this years t-shirt design!

Waitlist  
for  
Non-Band  
Members

Light  
Snacks  
will be  
served

**AUGUST 29, 2024**  
**5:00 P.M**

will be held at Chapleau Cree Band office Hall

PLEASE REGISTER FOR THIS EVENT BY CONTACTING

CHARNELLE KAPASHESIT @ 705-860-0001

HILARY BROOMHEAD @ 705-860-0003





## Chapleau Cree First Nation

# Get Rogers 5G plans

Starting at

# \$45/mo<sup>±</sup>

after program discount<sup>1</sup> and Automatic Payments Discount<sup>2</sup> when you bring your own device.



## **ROGERS** Authorized Dealer

Sign up today!

Contact your Rogers Authorized dealer with your status card and I will help you get started or Visit the secure Portal for more information on plans and devices and to and place order

**Linda Hunter**  
Account Executive  
Rogers Authorized Dealer  
Beyond Wireless  
[linda.hunter@beyondwireless.ca](mailto:linda.hunter@beyondwireless.ca)  
m 705 507 5148

Subject to change without notice. A Setup Service Fee of \$60 applies to setup your device and related services. Taxes extra. Rogers Preferred Program: Employee verification is required. Rogers reserves the right to request proof of employment from each Individually Paid Employee at any time. A one-time Employee Pricing Fee of \$50 may apply for existing customer. Existing customer's with in-market Rogers consumer plans with 6 months or less term on their term plan switching to the plan above are not eligible to receive this discount. This offer cannot be combined with any other offers, incentives and/or discounts unless made eligible by Rogers. Plan and device will be displayed separately on your bill. <sup>±</sup> Where applicable, additional airtime, data, long distance, roaming, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra and billed monthly. However, there is no airtime charge for calls made to 9-1-1 from your Rogers wireless device. Plan includes calls and messages from Canada to Canada numbers only. On the Rogers Network or in an Extended Coverage area, excluding calls made through Call Forwarding, Video Calling or similar services. <sup>1</sup> Discount of up to \$25/month available on both primary and additional lines. Excludes trick, hotspot, voicemail, Talk & Text and Wireless Home Phone additional lines. May not be combined with any other monthly device fee discount offer, unless specifically stated. Plan change or phone upgrade will suspend this discount. <sup>2</sup> A \$5/month discount is available on eligible Rogers Preferred Program customers who set up Automatic Payments on their account (not res prepaid). You must keep Automatic Payments active with an eligible plan to maintain this discount. Account will end if you move to an ineligible plan or cancel Automatic Payments. Rogers & Device are related trademarks and legal entities of Rogers Communications Inc. or an affiliate used under license. © 2021 Rogers Communications.



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## JOB OFFER

### SHOP LABOURER

#### Chapleau, Ontario

The shop labourer performs general duties in the mechanic shop. Duties include washing the equipment before the PM, operating basic hand tools, housekeeping of the yard and assisting machine operators. Maintenance and distribution of the tool crib is also a component of this position.

#### 7/7 Schedule

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#### Required profile:

- Underground hard rock mining common core (770225) (asset)
- Knowledge of SAP software (asset)

**Send your application before  
September 1st, 2024**

**EMPLOIS@MEGLAB.CA**



## September 2024 Meals on Mocs Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
		<b>Greek Salad</b> <b>Shepherd's Pie Soup</b> <b>Chicken Cutlets</b> <b>Hashbrown Casserole</b> <b>Apple Crumble</b>	<b>Macaroni Salad</b> <b>Broccoli Cheddar Soup</b> <b>Sloppy Joes with Baked Potato</b> <b>Lemon Meringue Pie</b>	<b>Tossed Salad</b> <b>Tomato Gnocchi Soup</b> <b>Mongolian Beef with Rice</b> <b>Cinnamon Roll Cookies</b>		
8	9	10	11	12	13	14
		<b>Cesar Salad</b> <b>Mushroom Soup</b> <b>Chicken Penne Alfredo</b> <b>Fresh Fruit</b>	<b>Coleslaw</b> <b>Cheeseburger Soup</b> <b>BLT with Wedges</b> <b>Banana Pudding Cake</b>	<b>Spinach Salad</b> <b>Minestrone Soup</b> <b>Beef Stroganoff</b> <b>Blueberry Cream Cheese Bars</b>		
15	16	17	18	19	20	21
		<b>Pasta Salad</b> <b>Vegetable Soup</b> <b>Hot Beef Sandwiches</b> <b>Mashed Potatoes</b> <b>Vegetable</b> <b>Peanut Butter Cookies</b>	<b>Three Bean Salad</b> <b>Cream of Potato Soup</b> <b>Chicken Pot Pie</b> <b>Marble Cake</b>	<b>Cucumber Salad</b> <b>Chili &amp; Scone</b> <b>Bread Pudding</b>		
22	23	24	25	26	27	28
		<b>Broccoli Salad</b> <b>Cream of Tomato Soup</b> <b>Chicken Burgers with Fries</b> <b>Confetti Cake</b>	<b>Community Dinner</b>	<b>Fruit Salad</b> <b>Chicken &amp; Rice Soup</b> <b>Philly Cheesesteak</b> <b>Tortellini</b> <b>Strawberry Shortcake</b>		
29	30					



CANADA ONTARIO RESOURCE  
DEVELOPMENT AGREEMENT  
(CORDA)

**The CORDA Office is now accepting  
funding applications for  
2025-2026**

**Applications are due to the  
CORDA Office by Monday October  
7, 2024 @ 11:59 p.m. EST .**

CORDA is an agreement between Canada, Ontario and  
First Nations' members in Ontario.

The Agreement promotes resource and  
economic development opportunities.

First Nations, their members and organizations, and Territorial  
Organizations in Ontario are eligible to apply for funding.



**The maximum funding  
level per project is  
\$35,000.00**

To obtain more information about project  
eligibility or to request an application package,  
please contact:

Kathleen Bowles, Secretariat,  
CORDA Office or visit:

<http://www.hiawathafirstnation.com/services-departments/corda/>

Projects may include:

- training
- employment
- stewardship
- traditional learning
- equipment
- supplies
- Forestry • Trapping
- Fishing • Harvesting (such as wild rice)
- Resource Planning • Eco Tourism
- Maple Syrup production • Traditional Craft
- And More!



CORDA Office

431 Hiawatha Line, Hiawatha, ON K9J 0E6

Tel: 705-295-4421 / Fax: 705-996-4501

[corda@hiawathafn.ca](mailto:corda@hiawathafn.ca)



# Canada Ontario Resource Development Agreement (CORDA)

*Promoting resource and economic development initiatives of Ontario First Nations  
by providing financial assistance to develop and utilize sustainable natural resources*

## REGENERATION FROM THE PAST

*Enabling communities  
to build economic and  
resource management while  
achieving business capacity*

The Canada Ontario Resource Development Agreement (CORDA) was established to assist the First Nation people of Ontario utilize renewable natural resources to their economic benefit.

**CORDA** provides funding to First Nations people in Ontario to access, develop, utilize and manage natural resources.

**CORDA** believes that each individual project promotes, strengthens, and revitalizes the socio-economic structure of the First Nation peoples of Ontario while allowing First Nations people to sustain their ancestral activities.

**CORDA** funding has resulted in increased employment activity, improved economic circumstances and improvement in the general quality of life for First Nation people.

**CORDA** has funded projects that take natural resources to market, creating local jobs and services.

## CONSERVATION IN THE PRESENT

### **CORDA Funded Projects**

Today, **CORDA** reflects a joint partnership between Canada, Ontario and First Nations in Ontario. The CORDA Committee reviews funding proposals, approves projects and monitors successes.

Committee members include representatives from:

- *Association of Iroquois and Allied Indians*
- *Grand Council Treaty #3*
- *Independent First Nations*
- *Nishnawbe Aski Nation*
- *Anishinabek Nation*
- *Federal Government*
- *Ontario Provincial Government*

### **Funding Applications**

Project applications received by the submission deadline will be reviewed and ranked based on selection criteria. The criteria includes Administrative, Economic and Cultural considerations.

***\$35,000.00 = maximum funding level  
for CORDA projects***

*Projects may, at times, be approved for  
funding at an amount less than requested.*

## PRESERVATION FOR THE FUTURE

Applications for funding are due to the  
CORDA Office the first Monday in October.

### Applications must:

- 1) Promote natural resource development, management, harvesting and conservation in Ontario;
- 2) Involve one or more of the following:
  - Commercial fishing
  - Fur trapping
  - Forestry, including Forest Management Plans and Strategic Planning Programs
  - Traditional Harvesting and non-timber forest products
  - Deer, moose, barren-ground caribou and bear hide utilization
  - Sports fishing and hunting, including assistance to guides and outfitters
  - Fishing and hunting for domestic use
  - Processing and marketing of products derived from natural resources such as wild rice harvesting and maple syrup production
  - Environmental projects relating to resource development or management
  - Natural resource planning such as those projects related to natural heritage or addressing invasive species

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### Canada Ontario Resource Development Agreement

#### CORDA Office

Phone: 705-295-4421 ext. 213

Fax: 705-996-4501

E-mail: corda@hiawathafn.ca

## CORDA Funded Projects

Since 1949, CORDA has been a First Nation natural resource funding program. Funded projects include:

- ✓ Fish Processing
- ✓ Trap Cabin Renovations
- ✓ Fur Harvest and Management
- ✓ Trap Exchange Program
- ✓ Wilderness Fishing Adventures
- ✓ Eco-Cabins
- ✓ Transportation Assistance
- ✓ Natural Resources Inventory
- ✓ Habitat Protection
- ✓ Commercial Fishing
- ✓ Firewood Processing
- ✓ Traditional Agriculture
- ✓ Maple Syrup Production
- ✓ Marketing Wild Rice Cereal
- ✓ Quilling
- ✓ Caribou Tufting
- ✓ Beading
- ✓ Traditional Medicines
- ✓ Fish Hatchery

### Acknowledgement:

Funding for CORDA is provided jointly by:

*Crown-Indigenous Relations and Northern Affairs Canada / Indigenous Services Canada  
and the Ontario Ministry of Northern Development, Mines, Natural Resources and Forestry*



For more information Contact  
Canada Ontario Resource Development Agreement



### CORDA Office

431 Hiawatha Line, Hiawatha, ON K9J 0E6

Phone: 705-295-4421 ext. 213 • Fax: 705-996-4501 • E-mail: corda@hiawathafn.ca



# Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705)864-1760

[reception@chapleaucree.ca](mailto:reception@chapleaucree.ca)



## BIDDING OPPORTUNITY Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	For approximately 25 Individuals Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree Health Centre

- Breakfast
  Lunch
  Snacks
  Dinner

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree Health Services
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Marlene Kapashesit  
 Chapleau Cree First Nation  
 P.O. Box 400  
 Chapleau, ON P0M 1K0  
 or [hcd@chapleaucree.ca](mailto:hcd@chapleaucree.ca)

Subject Line: FSA September 9, 2024 Lunch and Learn

*Note: Electronic bids missing the above subject may be missed from consideration.*

Deadline to submit bid and menu is: 08/30/2024



# Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705)864-1760

[reception@chapleaucree.ca](mailto:reception@chapleaucree.ca)



## BIDDING OPPORTUNITY Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	For approximately 85 Individuals Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree Band Office

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Breakfast | <input type="checkbox"/> Lunch             |
| <input checked="" type="checkbox"/> Snacks    | <input checked="" type="checkbox"/> Dinner |

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree ,
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Marlene Kapashesit  
Chapleau Cree First Nation  
P.O. Box 400  
Chapleau, ON P0M 1K0  
or [hcd@chapleaucree.ca](mailto:hcd@chapleaucree.ca)

Subject Line: Mushkeg.Dinner, Sept 23, Breakfast Sept 27, with snack bag  
*Note: Electronic bids missing the above subject may be missed from consideration.*

Deadline to submit bid and menu is: 09/03/2024





# Chapleau Cree First Nation

P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705)864-1760

[reception@chapleaucree.ca](mailto:reception@chapleaucree.ca)



## BIDDING OPPORTUNITY Provision of Catering Services to Chapleau Cree First Nation Services

Brief Description	For approximately 85 Individuals Entrée, fruit, vegetables, dessert as well as sugar free desserts. Coffee, water, juice, tea. *Please Note: Adjustments will be made as for any increases in the number of participants*
Venue	Chapleau Cree Other Grassy Lake

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Breakfast | <input checked="" type="checkbox"/> Lunch  |
| <input checked="" type="checkbox"/> Snacks    | <input checked="" type="checkbox"/> Dinner |

- Interested bidders will be required to submit a healthy menu for the event, to be included with the bid.
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, kitchen cooking equipment, food warmer, tablecloths, napkins, utensils will be provided by Chapleau Cree ,
- Any leftover food and refreshments shall remain on site.
- The successful bidder will be responsible for clean up of all cooking equipment being used.
- Kitchen must be returned to original condition.
- Any additional kitchen supplies and/or special equipment, caterer must consult directly with the event contact indicated below and provide a 3-day advance notice of any requests.
- If successful bidder has any special requests, must speak directly with the event contact.
- Bidder to communicate with event contact for all other details.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Marlene Kapashesit  
Chapleau Cree First Nation  
P.O. Box 400  
Chapleau, ON P0M 1K0  
or [hcd@chapleaucree.ca](mailto:hcd@chapleaucree.ca)

Subject Line: AGA-Mushkekwuk Council Meeting-September 24-26, 2024  
*Note: Electronic bids missing the above subject may be missed from consideration.*

Deadline to submit bid and menu is: 09/03/2024