# Please register for the programs, activities and events offered

#### **Chapleau Cree First Nation**

P.O. Box 400 828 Fox Lake Road Chapleau ON POM 1K0

Phone: 705-864-0784 Fax: 705-864-1760

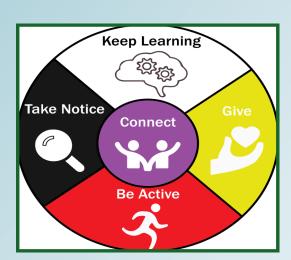
E-mail: reception@chapleaucree.ca

#### **Life's Sacred Journey**

P.O. Box 400 814 Fox Lake Road Chapleau ON POM 1K0

Phone: 705-860-0003 Fax: 705-860-0004

E-mail: bandrep@lifessacredjourney.ca



#### **Chapleau Cree Health Centre**

P.O. Box 400 801 Fox Lake Road Chapleau ON POM 1K0

Phone: 705-864-0200 Fax: 705-864-0206

E-mail: h.adminassist@chapleaucree.ca





For the week of July 8 to July 14, 2024

## **Summer Hours:**

Monday - Thursday 8:00AM - 5:00PM

# Friday 8:00AM - NOON

Participation and Feedback on Activities/Events/Programs is always welcomed

Please submit feedback to

Kyle Corston @ 705-864-0784 or

communityrelations@chapleaucree.ca



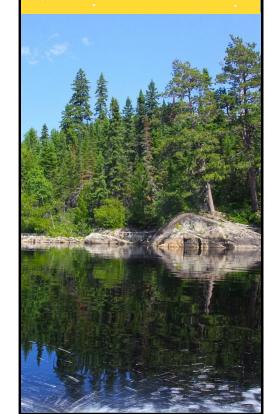
## **This Week's Highlights:**

- Nutrition BINGO
- Massage w/ Kathleen
- Regalia Belt Making Workshop



Oški-kîšikâw MONDAY Opaskowi-Pisim July 8







Nîso-kîsikâw
TUESDAY
Opaskowi-Pisim
July 9







Apihtawan
WEDNESDAY
Opaskowi-Pisim
July 10







Nêwi-kîsikâw THURSDAY Opaskowi-Pisim July 11

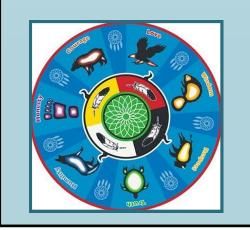


MASSAGE w/ KATHLEEN



3pm-8pm @ Health





Pahkwêšikani-kîšikâw FRIDAY Opaskowi-Pisim July 12





Not Receiving the
Weekly Pamphlet in a
timely manner?
Call Kyle Corston at the
Band Office 705 864 0784
and give your email—
you'll
receive the pamphlet
right to your in-box

Matinawe-Kisikaw
SATURDAY
Opaskowi-Pisim
July 13



Regalia Belt Making Workshop



9:30am-4pm @ Band Office

Ayamihêwi-kîsikâw

SUNDAY

Opaskowi-Pisim

July 14

Regalia Belt Making Workshop



9:30am-4pm @ Band Office



# WEDNESDAY JULY 10, 2024



Set your schedule and join us for Nutrition Bingo at the Band Office.
7:00 to 9:00 pm Prepare for a night of fun with your friends while playing bingo and winning cool prizes

You must register to play, so please call

Waitlist Welcomed

Don't forget your bags for your prizes

В 12

# MASSAGE



# Thursday July 11, 2024 3:00-5:00 PM & 7:00-8:00 PM

30 minute Massage Appointments available
With Kathleen Bouchard
By Appointment ONLY.

CCFN members, others welcome to waitlist



Please call Health at 705-864-0200 to book your session.





**JOIN US AND LEARN** 

# Wiigwaasi Jjiimaan Waskwayosih Birchbark Canoe Build

JULY 18 - 28, 2024 WAHKOHOTWIN INNOVATION CENTRE 40 PINE ST. CHAPLEAU, ON

An open invitation to participate in this interactive cultural experience. Build and learn about the traditional birchbark canoe alongside Community Elders, Guardians and Wahkohtowin staff. Follow our event, and visit us between 8:00AM - 4:00PM Monday through Saturday at the Innovation Centre.



Wahkohtowin









Build Cultural Connections With Us wahkohtowin.com

## **FREE OF CHARGE**

## Wills and Estate Management

Nicole Richmond, an Anishinabe lawyer from Biigtigong Nishnaabeg, is returning to provide Wills and Estate Planning to On-Reserve Band Members for Singles and Couples.

If you have already had your first appointment with her, she will reach out to you for follow-up information and to arrange signatures.

If you were not able to meet with her in June, you can make an appointment for July. She is also planning on returning in September if you are not available for these dates.

# Appointments Available

Monday July 22nd

All Day

Tuesday July 23rd

Morning

Call Padraic Taaffe to make an appointment 705-864-0784 or email edo@chapleaucree.ca

Presented by: Life's Sacred Journey

# Community Powwow Practice Nights

open to all ages facilitated instruction open practice CCFN Band Members only

Practice sessions will take place on the following evenings:

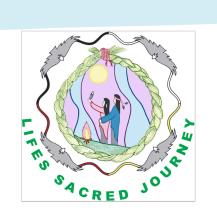
First session:
Tuesday, July 23, 2024
6-7:30pm

Second session:
Tuesday, July 30, 2024
6-7:30pm

Third session:
Tuesday. August 6, 2024
6-7:30pm

Location: Band Office Basement





Must register with:





# What is the Indian Boarding Homes Class Action?

In the 1950s, the Indian Boarding Homes Program placed First Nations and Inuit children in private homes for the purpose of attending school. This Settlement provides compensation to people placed in these homes. You are a Primary Class Member if Canada placed you in a private home, between September 1, 1951 and June 30, 1992. You may still be eligible if you were placed after June 30, 1992. People who were placed in private homes, but died on or after July 24, 2016, may also be eligible, and their estate can apply on their behalf.

# How can I know if I am eligible?

You can use the eligibility checker available on the Indian Boarding Homes Program Class Action website at: https://boardinghomesclassaction.com/eligibilitychecker

# When can I apply?

You can start applying for compensation starting **Wednesday August 21, 2024**.

# How can I start my Application?

Starting on August 21, 2024, you can visit the website **https://boardinghomesclassaction.com/** to find the claim forms. You can submit claims online, or by downloading and mailing it to the Administrator.

## What if I don't want to participate?

If you want to sue Canada on your own for your placement in the Indian Boarding Homes Program, you must Opt-Out. You will need to submit an **Opt-Out form** before the expiry date of **Monday July 22nd, 2024**.

## How do I opt-out?

You can visit **the website to fill out the online Opt-Out Form.** You can also download the PDF form and email it to class counsel at:

## Klein Lawyers LLP:

ibhclassaction@callkleinlawyers.com **Dionne Schulze s.e.n.c:**percival@dionneschulze.ca

# You can also contact the Claims Administrator at:

#### Email:

claims@boardinghomesclassaction.com **Phone:** 

+1 (888) 499-1144

For more information, visit our website by scanning the QR Code.





#### PRIMARY HEALTH CARE SERVICES

#### **ATTENTION**

Indigenous Individuals and their Families in the Chapleau and Wawa Area, the Northern Clinic is open with Clinic locations at:

Chapleau Cree First Nation (814 Fox Lake Reserve, Chapleau, ON)

Brunswick House First Nation Health Centre (1 Kanata Street, Chapleau, ON)

Family Well—Being Lodge, 3 Maple Street, Wawa, ON (Upper Level)

Michipicoten First Nation Medical Centre

\* Clinic times for services may vary at each location.

### Maamwesying Northern Clinic offers a wide range of Primary Care services:

- Advanced Foot Care
- Disease Management
- Diabetes Management
- Hypertension Management
- Counselling
- Smoking Cessation
- Virtual Care (OTN)
- Immunization
- COVID Screening
- Baby and Child Wellness Checks
- Cancer Screening

- Cultural and Wellness Programming
- Cedar Baths
- Organize FASD Assessment Clinics
- IUD Insertion and Removal
- Suture Removal
- Wound Care
- Ordering Diagnostic Tests
- Consultation and Referrals
- Medication Reconciliation
- Referral to Specialists

.... and more

To Make an Appointment: 1-833-564-2726 705-856-8282 (Local Wawa)

**Summer Hours:** 

Monday to Thursday — 8:30am to 4:00pm

Friday — 8:30am to 12:30pm

(times vary with each location)

Your call is important to us, if we do not answer, please leave a message and we will call you back as soon as possible – Miigwetch









## **JULY 2024**

**MONDAY** 



**TUESDAY** 

# **SERVICE SCHEDULE Northern Clinic**

**FRIDAY** 

**THURSDAY** 

MONDAT	IUESDAT	WEDNESDAT	INUKSDAT	FRIDAT
1	2	3	4	5
CANADA DAY STATUTORY HOLIDAY	Alicia NP-814 Fox Lake Clinic Kasey DNE-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Jackie C&WW-Chapleau Shirley NP-Michipicoten-2 Nish	Kasey DNE-3 Maple Clinic Angie RPN – 3 Maple Clinic (Footcare) Shirley NP-3 Maple Clinic AM Jackie C&WW-Chapleau	Kasey DNE-BHFN HC - (Footcare) Angie RPN-BHFN Health Centre Jackie C&WW-Chapleau	Kasey DNE-814 Fox Lake Clinic AM Angie RPN-814 Fox Lake Clinic AM Shirley NP-3 Maple Clinic AM
8	9	10	11	12
Kasey DNE-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Melody MHWW-Chapleau Jackie C&WW-3 Maple Clinic	Kasey DNE-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Melody MHWW-Chapleau Jackie C&WW-3 Maple Clinic	Kasey DNE-814 Fox Lake Clinic Angie RPN-3 Maple Clinic (Footcare) Melody MHWW-Chapleau/Wawa PM Jackie C&WW-3 Maple Clinic Dr. Oberai, 3 Maple Clinic AM	Kasey DNE-814 Fox Lake Clinic Angie RPN CC AM – 3 Maple PM Melody MHWW-Wawa Jackie C&WW-3 Maple Clinic	Kasey DNE-814 Fox Lake Clinic AM Angie RPN-814 Fox Lake Clinic AM
15	16	17	18	19
Kasey DNE-814 Fox Lake Clinic Angie RPN-814 BHFN HC Shirley NP-BHFN HC 10:30-2:30pm Jackie C&WW-Chapleau	Kasey DNE-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Melody MHWW-OTN/Phone Jackie C&WW-Chapleau Shirley NP-Michipicoten-2 Nish	Kasey DNE- 3 Maple Clinic (Footcare) Angie RPN- Lady Dunn (Footcare) Shirley NP-3 Maple Clinic AM Dr. Oberai, 3 Maple Clinic AM Melody MHWW-OTN/Phone Jackie C&WW-Chapleau	Kasey DNE-BHFN HC Angie RPN- BHFN HC Melody MHWW-OTN/Phone Shirley NP, Indigenous FC, SSM Jackie C&WW-Chapleau	Kasey DNE-814 Fox Lake Clinic AM Angie RPN-814 Fox Lake Clinic AM
22	23	24	25	26
Alicia NP-814 Fox Lake Clinic Kasey DNE-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Melody MHWW-Chapleau Shirley NP-3 Maple Clinic AM Jackie C&WW-3 Maple Clinic	Alicia NP-814 Fox Lake Clinic Kasey DNE-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Melody MHWW-Chapleau Shirley NP-Michipicoten-2 Nish Jackie C&WW-3 Maple Clinic	Alicia NP-814 Fox Lake Clinic Kasey DNE-814 Fox Lake Clinic (DEP) Angie RPN-3 Maple Clinic Melody MHWW-Chapleau/Wawa PM Jackie C&WW-3 Maple Clinic Shirley NP-3 Maple Clinic AM	Alicia NP- BHFN Health Centre Kasey DNE-BHFN HC — (Footcare) Angie RPN-BHFN HC Shirley NP-3 Maple Clinic Jackie C&WW-3 Maple Clinic Melody MHWW-Wawa	Kasey DNE-814 Fox Lake Clinic AM Angie RPN-814 Fox Lake Clinic AM
29	30	31		
Alicia NP-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Jackie C&WW-Chapleau Melody MHWW-OTN/Phone	Alicia NP-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Jackie C&WW-Chapleau Melody MHWW-OTN/Phone Shirley NP-Michipicoten-2 Nish	Alicia NP-814 Fox Lake Clinic Angie RPN-814 Fox Lake Clinic Shirley NP-3 Maple Clinic AM Melody MHWW-OTN/Phone Jackie C&WW-3 Maple Clinic	** Subject to change **	
	<b>Appointments:</b> 1-833-564-2726 or 705-856-8282			
	Summer Hours: Monday to Thursday — 8:30am to 4:00pm. Friday 8:30am to 12:30pm  Your call is important, if we are unable to answer please leave a detailed message & we'll call you back ASAP			

**WEDNESDAY** 

#### **Northern Clinic Team**

Alicia Castonguay Nurse Practitioner
Shirley Hale Nurse Practitioner
Dr. Anjali Oberai
Kasey Bissaillion RPN, Diabetes Nurse Educator
Angela Fletcher RPN, Advanced Foot Care
Jackie Tangie-Roy, Cultural and Wellness Worker
Melody Hawdon, Mental Health and Wellness Worker
Diedre Dupuis, Client Care Coordinator



#### **SMOKING CESSATION PROGRAM**

Are you thinking about quitting Smoking?

Do you have a family member or friend that you want to support?

Call our appointment line for more information and to book an appointment?