SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November		2019	<b>Freezing Up Moon</b> Earth and waterways begin to freeze to protect the land for the wintering moons.			
Movember Men's Health Addictions Awareness Week				Donna Gull's Fashion Show a Nov. 2 <sup>nd</sup> in Timmins at the Ramada	Š	2 CCFN AGM 10:00 AM @ Band Office ****** Movember Men's Health Dinner & Talk/Poker & UFC Viewing 6:00 PM @ Health
3 Daylight Saving Time ends. Clocks go back 1 hour	<ul> <li>Meals on Mocs         <ul> <li>******</li> <li>Elder's Falls Prevention                 Lunch &amp; Learn                 12:00 PM @ Health                 *******</li> <li>Homework Club Fatima School                 3:30 - 4:30 PM @ Band Office                     *******</li> <li>Chief Council Meeting                 6:00 PM @ Band Office</li> </ul> </li> </ul>	<ul> <li>5 Meals on Mocs &amp; Town Run ******</li> <li>Snack &amp; Yak</li> <li>6:30 PM @ Health</li> <li>Deadline to register is 12:00 PM ******</li> <li>Supper for Girl's Drum Group Only "Honouring our Youth"</li> <li>3:30 - 6:00 PM Meet @ Health</li> </ul>	<ul> <li>6 Meals on Mocs ******</li> <li>Bingo with Senior's 2:00 PM @ Mukeso House ******</li> <li>FLU SHOT Clinic 11:00 AM – 7:00 PM ******</li> <li>Homework Club Public School 3:30 - 4:30 PM @ Band Office ******</li> <li>Women's Drumming 7:00 PM @ Turtle Lodge</li> </ul>	<ul> <li>Meals on Mocs &amp; Town Run         <ul> <li>*******</li> </ul> </li> <li>Tread Carefully Chiropodist Services             with Tracy Oliver. 8:30 AM             Call Health to book Appt.</li></ul>	<ul> <li>8 Tread Carefully Chiropodist Services with Tracy Oliver. 8:30 AM Call Health to book Appt. *******</li> <li>Remembrance Ceremony 11:00 AM @ Band Office. Lunch to follow *******</li> <li>Community Gathering Potluck Style Supper (Culture &amp; LSJ)</li> <li>Food, Fun &amp; Family Games 5:00 PM @ Band Office</li> </ul>	
10 Addictions Awareness Week	11 Remembrance Day CCFN Offices Closed	12 Meals on Mocs & Town Run ****** Full Moon Ceremony All women welcome 7:00 PM @ Turtle Lodge Grounds ******* Youth Movie Night 4:30 PM @ Band Office	<ul> <li>Meals on Mocs         <ul> <li>*******</li> <li>Paint with Senior's</li> <li>2:00 PM @ Mukeso House</li> <li>*******</li> </ul> </li> <li>Homework Club Public School</li> <li>3:30 - 4:30 PM @ Band Office</li> <li>*******</li> <li>Addictions Awareness Dinner &amp;</li> <li>Presentation</li> <li>"Are you ready to Quit?" with Anne Marie</li> <li>LeBlanc 5:30 PM @ Band Office</li> </ul>	<ul> <li>Meals on Mocs &amp; Town Run         <ul> <li>******</li> <li>Youth program with *LSJ*</li> <li>3:30 – 5:30 PM</li> <li>******</li> <li>Building Our Bundle</li> <li>Dinner &amp; Workshop</li> <li>5:00 PM @ Band Office</li> <li>******</li> </ul> </li> </ul>	<ul> <li>15</li> <li>Mitten Making with Cheryl Up-cycle/Re-purpose Your Old Sweaters, Sleeves &amp; Buttons!</li> <li>3:00 – 8:00 PM @ Health</li> <li>*Light supper will be served</li> </ul>	<b>16</b> Addictions Awareness Good Life Awards & Dinner Guest Speaker – Clarence Cachagee Musical Performance by Terri-Anne Strongarm 5:30 PM @ Band Office
17	<ul> <li>Meals on Mocs         <ul> <li>******</li> <li>Homework Club Fatima School</li> <li>3:30 - 4:30 PM @ Band Office</li> <li>******</li> <li>Paint Night</li> <li>7:00 PM @ Health</li> </ul> </li> </ul>	<b>19</b> Meals on Mocs & Town Run ****** Girl's Drumming 3:30 – 4:15 PM @ Health	20 Meals on Mocs ****** Bingo with Senior's 2:00 PM @ Mukeso House ****** Homework Club Public School 3:30 - 4:30 PM @ Band Office ****** FLU SHOT CLINIC 12:00 – 4:00 PM	21 Meals on Mocs & Town Run ******* Reflexology 1:00 – 4:00 PM ******* Youth Bingo 6:30 PM @ Band Office	22 <u>6<sup>th</sup> Cree Language Learning ( @ Health</u> Fri. Nov. 22 <sup>nd</sup> 7:00 – 9: Sat. Nov. 23 <sup>rd</sup> 10:00 AM – Younger Youth Sat. 2:00 –	:00 PM - 3:00 PM
24	25 Meals on Mocs ****** Homework Club Fatima School 3:30 - 4:30 PM @ Band Office ****** Women's Sharing Circle 7:00 PM @ Health	26 Meals on Mocs & Town Run ****** Youth Program with L.S.J.* 3:30 – 5:30 PM @ Health *Lifes Sacred Journey* ****** Parent/Caregiver Support Program 6:30 – 8:30 PM	27 Meals on Mocs ******* Tea & Treats trip with Senior's 2:00 PM depart from Mukeso House ******* Homework Club Public School 3:30 - 4:30 PM @ Band Office ******* Community Dinner 5:30 PM @ Band Office *******	28 Meals on Mocs & Town Run ****** Boy's Drumming 3:30 – 4:30 PM @ Health De	<b>29</b> Christmas Sudbury Shopping Trip epart from Health Thurs. 28 <sup>th</sup> @ 3:00 Pr Return Sunday afternoon.	<b>30</b>