SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
October 2019		Migrating Moon The cry of the geese resonates as they bid goodbye. People gaze to the skies with whispers of gratitude to the birds of flight.				
		1	2	3	4	5
	N	Mental Illness Awareness Week. Sept. 30 th – Oct. 4 th Please see attached schedule of activities.				
	stop STIGMA of mental illness	Meals on Mocs/Town Run ******* Girl's Drumming 3:30 – 4:30 PM @ Turtle Lodge	Meals on Mocs ******* Bingo with Senior's 2:00 PM @ Mukeso ******* Homework Club Public School 3:30 - 4:30 PM @ Band Office ******** Snack & Yak 6:30 PM @ Health Deadline to register is 12:00 PM ********* Women's Drumming 7:00 PM @ Turtle Lodge	Meals on Mocs/Town Run ****** Boy's Drumming 3:30 – 4:30 PM @ Health ******* Parent/Caregiver Support Group (Life's Sacred Journey) 6:30 – 8:30 PM @ Health		
6	7	8	9	10	11	12
		Cultural Harvest @ Grassy Lake October 7-11				
13	14 Thanksgiving	15 Meals on Mocs/Town Run *******	16 Meals on Mocs *******	17	18	19
Winter Hours Start 8:30 AM – 4:30 PM Mon. – Fri.	CCFN Offices Closed Happy Thanksgiring	Youth Program (Life's Sacred Journey) 3:30 – 4:30 PM ****** Pregnancy & Infant Loss Remembrance Dinner & Healing With Anne Marie 5:30 PM @ Health ******* Chief & Council Meeting 6:00 PM @ Band Office	Paint with Senior's 2:00 PM @ Mukeso House ******* Homework Club Public School 3:30 - 4:30 PM @ Band Office ******* Parent/Caregiver Support Group (Life's Sacred Journey) 6:30 - 8:30 PM @ Health	Meals on Mocs/Town Run ******* Service Canada Workshop 1:00 PM @ Health ******* Reflexology 1:00 - 4:30 PM	Murder Mystery o	
20	Meals on Mocs ****** Youth Bingo 6:30 PM @ Band Office	22 Meals on Mocs/Town Run ******* Open Workshop Secure Certificate of Indian Status Application 10:00 AM @ Band Office ******* Girl's Drumming 3:30 – 4:30 PM @ Turtle Lodge ******** Ladies Beading Circle Session 2 of 2. 7:00 PM @ Health	Meals on Mocs ****** Bingo with Senior's 2:00 PM @ Mukeso House ******* Homework Club Public School 3:30 - 4:30 PM @ Band Office ******* Building our Bundle Dinner & Workshop 5:30 PM @ Band Office	Meals on Mocs/Town Run ****** Boy's Drumming 3:30 – 4:30 PM @ Health ******* Nutrition Bingo 7:00 PM @ Health	<u>@ Bai</u> Fri. Oct. 25 th Sat. Oct. 26 th 10	26 Re Learning Classes ad Office 7:00 – 9:00 PM 1:00 AM – 3:00 PM iat. 2:00 – 3:00 PM
27	28 Meals on Mocs ****** Homework Club Fatima School 3:30 - 4:30 PM @ Band Office ******* Youth Movie Night 4:30 PM @ Band Office ********	29 Meals on Mocs/Town Run ******* Nature Walk in Community Identifying Plants & Wildlife Learning & Using Cree Words 3:30 – 4:30 PM ******** Parent/Caregiver Support Group	30 Meals on Mocs ****** Tea & Treats trip with Senior's 2:00 PM depart from Mukeso House ******* Homework Club Public School 3:30 - 4:30 PM @ Band Office ******* Community Dinner 5:30 PM @ Band Office	Meals on Mocs/Town Run ****** Foot Care with Barb 9:00 AM – 4:00 PM Halloween		
	Women's Sharing Circle 7:00 PM @ Health	(Life's Sacred Journey) 6:30 – 8:30 PM @ Health	******* Women's Drumming 7:00 PM @ Health			