

Monday, September 30, 2019



Mental Illness Awareness Week

Meals on Mocs

Homework Club Fatima School
3:30 - 4:30 PM @ Band Office

**“Orange Shirt Day”
Every Child Matters**

11:00 AM Pipe Ceremony &
Drumming at St. John’s Residential
School Cemetery

12:00 PM Luncheon at Health

1:00 PM Sharing Circle with Guest
Speakers-John Saylor & Paul Wesley

3:00 PM Sweat with Paul & Shem
Wesley @ Pow Wow Grounds

5:00 PM Feast the Ancestors &
those who crossed over

Massages 30 min. with Kathleen
1:00 - 4:00 PM @ Health

Call Health to book Appointment

Tuesday, October 1, 2019



Mental Illness Awareness Week

Meals on Mocs

Town Run

Mental Illness Awareness
Lunch & Learn
12:00 PM @ Health

Massages 30 min. with Kathleen
1:00 - 4:00 PM @ Health

Girls Drumming
3:30 - 4:30 PM @ Turtle Lodge

Massages 30 min. with Kathleen
6:30 - 8:00 PM @ Health

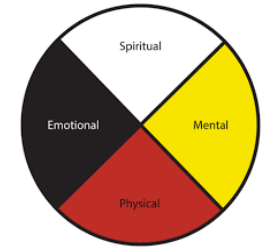
Ladies Beading Circle

Session 1 of 2

7:00 - 9:00 PM @ Health

Call Health to book Appointment

Wednesday, October 2, 2019



Mental Illness Awareness Week

Meals on Mocs

Massages 30 min. with Kathleen
1:00 - 4:00 PM @ Health

Bingo with Senior’s
2:00 PM @ Mukeso House

Homework Club Public School
3:30 - 4:30 PM @ Band Office

Call Health to book Appointment

Thursday, October 3, 2019

Mental Illness Awareness Week

Meals on Mocs/Town Run

Open discussion on removing the Stigma of Mental Illness and how it relates to the Medicine Wheel. Guest speaker Anne Marie Leblanc

9:00 - 11:00 AM @ Health

Private 1 on 1
45min. sessions
with Anne Marie Leblanc
1:00 - 4:00 PM @ Health

Boy's Drumming
3:30 - 4:30 PM @ Health

Parent Support Group
(Lifes Sacred Journey)
6:30 - 8:30 PM @ Health

Call Health to book Appointment

Friday, October 4, 2019

Mental Illness Awareness Week

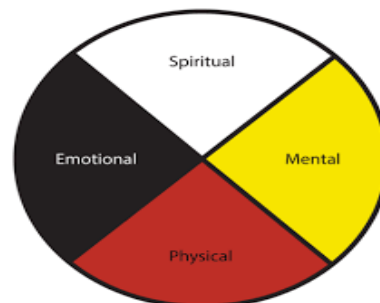
Reiki Healing Sessions
with Anne Marie
8:30 - 11:30 AM

Call Health to book Appointment

Saturday, October 5, 2019



Sunday, October 6, 2019



**For the week of
Sept. 30 - Oct. 6, 2019**

Summer Hours
Monday - Thursday
8:00 AM - 5:00 PM
Friday
8:00 AM - 12:00 PM

**Activities/Events/Programs
Participation & feedback is
always welcomed
& greatly appreciated**

Migrating Moon

The cry of the geese resonates as they bid goodbye. People gaze to the skies with whispers of gratitude to the birds of flight.

Please come join the interesting/interactive activities, events and programs offered in our community.