SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	gust	2019	Flight Moon Young birds born in the early summer begin flight. And all birds with renewed feathers take flight.			
				1 Meals on Mocs  ******  Town Run	2	3
4	5 Civic Holiday CCFN Offices Closed		Meals on Mocs ******  Bingo with Senior's 2:00 PM @ Mukeso House  Passion - Inspire Your Nation!  AM – 4:00 PM @ Health	Meals on Mocs  ******  Town Run  ******  Deadline to register for International Youth Day Celebration	St. John's Residential School Commemoration 2019 10:00 AM ****** Registration & Social Night With Emery Burningrass 6:00 PM @ Outdoor Rink	CCFN 26 <sup>th</sup> Annual Traditional Gathering & Pow Wow Aug. 10 <sup>th</sup> -11 <sup>th</sup>
11	12 Meals on Mocs  ******  International Youth Day  Celebration  1:00 – 7:00 PM  @ Health/Ball Field  ******  Deadline to register with  Stephanie Scott for the "Proposed"  Back-to-School Shopping/Museum  Trip 2019	Meals on Mocs  ******  Town Run	Meals on Mocs  ******  Paint with Senior's  2:00 PM @ Mukeso House	15 Meals on Mocs/ Town Run  ******  Nutrition Bingo 7:00 PM @ Health  *******  Deadline to register for Healthy Babies Healthy Children Family Kitchen.  *******  Deadline to register for Wisdom  & Creativity Elders Lunch	Drop-In Clinic Blood Pressure & Glucose 10:00 AM @ Health  "Proposed" Back-to-School	
"Proposed" Back-to-S	Meals on Mocs  ******  Healthy Babies Healthy Children Family Kitchen 10:00 AM – 12:00 PM @ Health  School Shopping/Museum Trip 2019 Aug. 16-19	20 Meals on Mocs/Town Run  ******  Wisdom & Creativity Sharing Elders Lunch with Cultural Coordinator & Communications 12:00 PM @ Grassy Lake Transportation leaving from Health @ 11:00 AM	Meals on Mocs  ******  Bingo with Senior's  2:00 PM @ Mukeso House	Meals on Mocs/Town Run  ******  Foot Care with Barb  9:00 AM – 4:00 PM  ******  Deadline to register for  Senior's Community Kitchen	<u>@ F</u> Fri. Aug. 2 Sat. Aug. 24 <sup>t</sup>	uage Learning Classes lealth Centre 23 <sup>rd</sup> 7:00 – 9:00 PM h 10:00 AM – 3:00 PM th Sat. 2:00 – 3:00 PM
25	Meals on Mocs ****** Senior's Community Kitchen 10:00 AM – 12:00 PM @ Health	Meals on Mocs  ******  Town Run  ******  Direct Funding by the Independent Living Assoc.  Lunch & Learn  12:00 PM @ Health	28 Meals on Mocs  *******  Overdose Awareness by Maamwesying  Lunch & Learn  12:00 PM @ Health  *******  Tea & Treats trip with Senior's  2:00 PM depart from Mukeso House  *******  Community Dinner  5:30 PM @ Band Office  3 Day Turtle Concepts Youth Workshop  Aug.27-29	Meals on Mocs ****** Town Run	30	31