

Monday, Jan 21, 2019



Meals on Mocs



Homework Club Fatima School
3:30 - 4:30 PM @ Band Office

Hockey/Skating with Amara
6:30 - 7:30 PM @ outdoor rink



Please Sign Up today for Friday's
Elder Supper with Amara
By calling the Health Centre

Tuesday, Jan 22, 2019



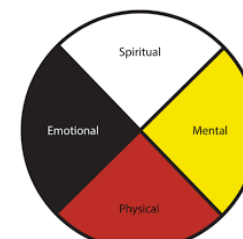
Meals on Mocs /Town Run

Maamwesying's Healthy Fat's
Presentation & Dinner
5:30 PM @ Health

Community Yoga
7:30 - 8:30 PM @ Health



Wednesday, Jan 23, 2019



Meals on Mocs

Smoking Cessation Group Meeting
12:00 - 1:00 PM @ Health
New Registries Welcome

Crafts with Senior's
2:00 PM @ Mukeso House

Homework Club Public School
3:30 - 4:30 PM @ Band Office



Women's Sharing Circle
7:00 PM @ Health



Thursday, Jan 24, 2019

Meals on Mocs/Town Run

Reflexology with Kathleen

1:00 - 4:30 PM @ Health

Senior's Cast Iron cooking

With Cheryl

2:00 PM @ Mukeso House

Youth Movie Night

5:30 PM @ Band Office

Saturday, Jan 26 2019

No scheduled activities.
Have a safe and fun weekend.

A great time to start planning your
snow sculptures.



**For the week of
Jan 21 - Jan 27, 2019**

**Winter Hours
Monday - Friday
8:30 AM - 4:30 PM**

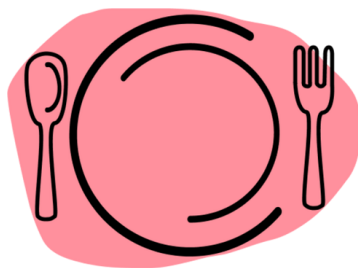
**Activities/Events/Programs
participation & feedback is
always welcomed
& greatly appreciated**

Great Shedding Needles Moon
**The winter moon gains strength
forcing and scattering evergreen
needles.**

**Please come join the
interesting/interactive
activities, events and programs
offered in our community.**

Friday, Jan 25, 2019

Elder Supper with Amara
5:30 PM @ Mukeso House



Sunday, Jan 27, 2019

No scheduled activities

