

Monday, August 30, 2021

5:00 PM - 8:00 PM @ Health
Reflexology

30-Minute Appointments
Register with Tracy

7:00 PM - 8:30 PM @ Health
Teen Girls' Healthy Self-Care
Ages 13+

Register with Tracy

6:00 PM - 8:00 PM on ZOOM

ILR - Learn Moose Cree "L" Dialect
Beginner's Syllabics
Register with Culture

Tuesday, August 31, 2021

Town Run

6:00 PM - 8:00 PM @ Health
Weight Watchers

Walk then Meeting
Confirm participation with Health

Participation and feedback for
Activities/Events/Programs
are encouraged and greatly
appreciated.

Submit feedback to
Padraic Taaffe by (705)-864-0200 or
hcc@chapleaucreehealth.ca

Wednesday, September 1, 2021

7:00 PM - 8:30 PM @ Health

Teen Boys' Healthy Self-Care
Ages 13+
Register with Tracy

7:00 PM - 9:00 PM on ZOOM

ILR - Learn Moose Cree "L" Dialect
Register with Culture

Thursday, September 2, 2021

Town Run

11:00 AM - 3:00 PM @ Beach

Family Outdoor Games
Fire with Bannock, Marshmallows
Register with Culture

2:00 PM - 4:00 PM @ Health

Walk-In Clinic
Blood-Pressure and Glucose
Register with Tracy

Saturday, September 4, 2021

September

Virtual Family Fish Derby (Sept. 3 - 6)

Friday, September 3, 2021

NEW WEEKLY BINGO

Playing for FULL CARD

Congratulations to TWO-Line Winners:
 Noah Raposo, Lorraine Desormiers

LEGEND				
NUMBERS DRAWN THIS WEEK				
NUMBERS DRAWN PREVIOUSLY				
B	I	N	G	O
1	16	31	46	61
2	17	32	47	62
3	18	33	48	63
4	19	34	49	64
5	20	35	50	65
6	21	36	51	66
7	22	37	52	67
8	23	38	53	68
9	24	39	54	69
10	25	40	55	70
11	26	41	56	71
12	27	42	57	72
13	28	43	58	73
14	29	44	59	74
15	30	45	60	75

Virtual Family Fish Derby (Sept. 3 - 6)

Sunday, September 5, 2021

Wavey Moon

*Snow geese and blue geese stop
 to rest and feed. Community
 harvest begins for the coming
 moons.*

Virtual Family Fish Derby (Sept. 3 - 6)



For the week of
August 30 - September 5, 2021

Summer Hours
 Monday - Thursday
 8:00 AM - 5:00 PM
 Friday
 8:00 AM - 12:00 PM

Back to School Shopping
 Reimbursement Timeline
 Aug. 13 - Sept. 5, 2021

Please **pre-register** and
wear a face mask for **all**
 programs, activities, and events
 offered in our community.

REFLEXOLOGY



Monday August 30th 2021

5:00—8:00 PM

30 minute Reflexology

Appointments available

With Kathleen Bouchard

By Appointment ONLY.

Please call Tracy at 705-864-0200 to book your 1/2 hour session.



ALL Teens age 13-18 yrs of age



At Health Centre

7:00-8:30 PM

Teen Girls on Monday August 30th

Teen Boys on Wednesday September 1st

Please register for this event with Tracy at 705-864-0200





Family Outdoor Games & Open Fire Lunch & Swimming

PRIZES!

Come join us for some family fun
with games/challenges, kayaking
& outdoor lunch

**Bannock on a stick, wiener
roast & smores!**

Thursday, September 2, 2021

11:00 AM @ Fox Lake Beach

(If it rains location will be at outdoor rink)

Deadline to Register: Wed., Sept. 1/21 @ 1:00 PM

Please call Health at 705-864-0200

WALK-IN CLINIC

Blood Pressure
And
Glucose Testing



Thursday September 2nd

2:00-4:00 PM

At Health Centre

V I R T U A L LABOUR DAY WEEKEND

Adult Prizes (19+)

1st Place



2nd Place



3rd Place



Youth Prizes

1st Place



2nd Place



3rd Place



Friday, September 3 - Monday, September 6, 2021

Deadline to Register & Pick up cards: Thursday, September 2, 2021 @ 4:30 PM

Please call the **Health Centre (705-864-0200)** to get your registration card.
*Contest open to Chapleau Cree Band Members and their immediate family
residing within the Chapleau area.*

Fish any of your favourite lakes in the Chapleau area.

For a chance to win a prize, **take a clear picture with a measurement tape** of your **longest** Bass, Pike, Pickerel, Trout, etc. with your **registration card**, and **submit your pictures** with Fish Derby in subject line to **Cheryl Dupuis** via **culture@chapleaucree.ca**.

All entries must be submitted no later than
Monday, September 6, 2021 at 11:59 PM.

Prizes will be awarded on
Tuesday, September 7, 2021 at 3:00 PM.



Snack & Yak



Wednesday September 8th, 2021

6:30 PM

Via Zoom

Must pre-register for this event by September 7th

Contact Tracy at 705-864-0200

Or

Email: programfacilitator@chapleaucreehealth.ca



YOGA

With Kathleen
September 13th
7:00-8:00 PM
Band Office

Call Tracy to register at 705-864-0200