

Monday, August 9, 2021

REGISTRATION DEADLINE:

Hand Drum Making
Register with Culture or LSJ

6:00 PM - 8:00 PM on ZOOM

ILR - Learn Moose Cree "L" Dialect
Beginner's Syllabics
Register with Culture



Participation and feedback for
Activities/Events/Programs
are encouraged and greatly
appreciated.

Submit feedback to
Padraic Taaffe by (705)-864-0200 or
hcc@chapleaucreehealth.ca

Tuesday, August 10, 2021

9:30 AM - 4:30 PM @ Pow Wow Grounds

Hand Drum Making
with Culture and LSJ

REGISTRATION DEADLINE:
12:00 PM

Family Tent Camping
at Wakami Provincial Park
Register with Health

Town Run

7:00 PM - 8:00 PM @ Health

Weight Watchers
Meeting
Confirm participation with Health

Wednesday, August 11, 2021

10:00 AM - 4:00 PM

Day Trip to Big Bear Restaurant
For Seniors and Elders
Register with Culture

7:00 PM - 9:00 PM on ZOOM

ILR - Learn Moose Cree "L" Dialect
Register with Culture



Thursday, August 12, 2021

Town Run

NEW WEEKLY BINGO

Playing for TWO Lines

Congratulations to the following ONE-LINE winners:
Chase Cachagee, Barb Cormier, Lorraine Desormiers,
Sophie Hannivan, and Hallee & Tanner Moreau

LEGEND					
NUMBERS DRAWN THIS WEEK					
NUMBERS DRAWN PREVIOUSLY					
B	I	N	G	O	
1	16	31	46	61	
2	17	32	47	62	
3	18	33	48	63	
4	19	34	49	64	
5	20	35	50	65	
6	21	36	51	66	
7	22	37	52	67	
8	23	38	53	68	
9	24	39	54	69	
10	25	40	55	70	
11	26	41	56	71	
12	27	42	57	72	
13	28	43	58	73	
14	29	44	59	74	
15	30	45	60	75	

Saturday, August 14, 2021

Family Tent Camping @ Wakami



Friday, August 13, 2021

Family Tent Camping @ Wakami

REGISTRATION DEADLINE:

12:00 PM

Men's Engagement Day (Aug. 28)
at Grassy Lake
(Mushkwashewee Saakaakekan)
Submit Meal Suggestions!
Register with Culture

Sunday, August 15, 2021

Family Tent Camping @ Wakami

Flight Moon

Young birds born in the early
summer begin flight.
And all birds with renewed
feathers take flight.



**For the week of
August 9 - 15, 2021**

Summer Hours

Monday - Thursday

8:00 AM - 5:00 PM

Friday

8:00 AM - 12:00 PM

Please **pre-register** and
wear a face mask for **all**
programs, activities, and events
offered in our community.



Chapleau Cree First Nation
P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0
Tel: (705) 864-0784 ♦ Fax (705)864-1760
reception@chapleaucree.ca



BIDDING OPPORTUNITY
Provision of Catering Services to
Chapleau Cree Health Services
Lunch N Learn – Healthy Eating
Health Centre at noon

Chapleau Cree Health Services will be hosting a Lunch N Learn on Thursday, August 18, 2021 at 12:00 PM.

Brief Description	Lunch for approximately 25 participants. Entrée, fruit, vegetables, dessert Coffee, water, juice, tea *Please Note: Adjustments will be made as for any increases in the number of participants*
Contract Duration	August 18, 2021
Venue	Chapleau Cree Health Services – Common Room

- **Interested bidders will be required to submit a healthy menu (to be included with the bid) and must follow the current Ontario best practices guidelines for food handling/serving to prevent the spread of COVID-19**
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen, cooking equipment, tablecloths, napkins, utensils will be provided by Chapleau Cree Health.
- The successful bidder must provide their own take-out containers.
- The successful bidder will be responsible for all necessary clean up and disposal of leftover food. Kitchen must be returned to original condition.
- 50% holdback will be instituted on any advances to be released after inspection of kitchen/facility clean-up following the event.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Padraic Taaffe, Healthcare Coordinator
Chapleau Cree Health Services
P.O. Box 400
Chapleau, ON P0M 1K0

or by email to healthcarecoordinator@chapleaucreehealth.ca

Subject Line: **Catering Bid: August 12, 2021, Lunch N Learn**

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu will be August 12, 2021.



INDIGENOUS ARCHAEOLOGICAL MONITOR TRAINING

Offered by the Ontario Archaeological Society (OAS)

WHAT WILL YOU LEARN?

- Introduction to archaeology
- Identification of artifacts and bones
- Ontario Archaeological Legislation and Rules
- Topics involving mapping, drones, 3D printing, ceramics and more!
- Earn an Archaeological Monitor Certificate from OAS

When: August 23rd-September 3rd

Where: Online/Virtually (must have access to a computer and stable internet)

Who: Members of First Nations aged 14 and up located in the Algoma, Cochrane, Manitoulin, Sudbury Districts

Wages: \$15 per hour/40 hour per week for two weeks

Number of available spots: 40 (first come, first serve)

Deadline to apply: August 15th

Contact: Sarah Hazell

Email: workshop@ontarioarchaeology.org





HAND DRUM MAKING



BIRTHING YOUR DRUM FOLLOWED BY A SWEAT

EVERYONE WELCOME

TUESDAY AUGUST 10TH

Where: Pow Wow Grounds



9:30 AM: MAKE YOUR HAND DRUM

12:00 PM: BIRTHING & FEASTING YOUR DRUM

2:00 PM: SWEAT WITH JOHNNY

After Sweat: Drumming with the Community

Lunch and Supplies provided. **Registration Deadline: August 9th, 2021**

Please email Dakota: prevention@lifessacredjourney.ca or Cheryl: culture@chapleaucree.ca

Or call Life's Sacred Journey at (705) 860-0001

ALL AGES

CALLING ALL DRUMMERS TO THE POW WOW GROUNDS!





Seniors & Elders Day Trip to Hawk Junction

All Seniors & Elders are invited for a
day trip to the Big Bear Restaurant
in Hawk Junction for Lunch.

Wednesday, August 11, 2021

Leaving Health at 10:00 a.m.

Registration Deadline:

Tuesday, August 10, 2021 at 12:00 PM

Please call Health at 705-864-0200

Family Group Tent Camping Weekend at Wakami Provincial Park & Ceremony at Indian Burial Site August 13, 14 & 15, 2021



Friday, August 13th

- 11:00 a.m. Set up at Wakami
- 3:00 p.m. Ceremony at Indian Burial Site

Saturday, August 14th

- 10:00 a.m. Let the games begin!
- 1:00 p.m. Canoe Revival Skills
- 3:00 p.m. Canoe & Kayaking
- 7:00 p.m. Let the games continue!

Sunday, August 15th

- 10:00 a.m. Let the games continue!
- 12:00 p.m. Family Time
- *return home day



Do you enjoy tent camping, playing bocci ball, ring toss, challenges/games, swimming and gathering around the fire?

Want to learn canoe revival skills/kayaking?

Don't have a tent/supplies? (tent, portable stove/bbq may be available for loan on first come first served basis.

If so, please join us for a weekend of family tent camping.

Participants must provide own transportation, meals and register as a group for this event.

REGISTRATION DEADLINE:TUESDAY, AUGUST 10, 2021 @ 12:00 PM NO EXCEPTIONS

Please call Health to register 705-864-0200

Two known native graveyard sites are located within the park. One is located within the day-use area and the other is located within an undeveloped area of the park. The park lies within the James Bay Treaty #9 and the Robinson Huron Treaty #61 area. Status Indians enjoying treaty rights may continue subsistence activities.

Healthy Eating Lunch & Learn with Barb Cormier RN

**Wednesday, August 18, 2021 ~ 12:00 PM
@ Health**

Must pre-register for event by Aug. 12.

Maximum 25 participants.



MENS ENGAGEMENT DAY AT GRASSY LAKE

Saturday, August 28, 2021

9:00 AM - 9:00 PM

9:00 AM Breakfast

12:30 PM Lunch

5:30 PM Dinner

FEATURING •

Kris Morrison/Indigenous Mens Alliance

Chapleau Cree FN Male Members & Residents

Please email culture@chapleaucree.ca to register
and submit your suggested menu ideas before:

August 13th at 12:00 PM

AGES 19+ EVENT

**ACTIVITIES,
CHALLENGES,
TEACHINGS &
TEAM BUILDING**

Tipi Teachings

Games

Archery

Darts

Pool

Building Ring Toss Game

Prizes

CATERED MEALS

Breakfast

Lunch

Supper

Snacks

**BENEFITING
MEN , FAMILIES
& LEADERSHIP**



Summer Word Search

(any direction)



H S B C I O W S M Y P X W S S O W L S C
G T T Y A B W R O I F H H R E Q Y E S A
W C R N T N F N Y B A S E B A L L M A M
L L A A N J O E P E K W I R I E V O R P
X S G R E F L E I C O W L M L J F N G F
V R S R G R U I I L J A A C S A O A T I
S A P Y P O E B F N H F I A U X T D E R
N E X Z O G Q H E I G S N C K Q M E E E
N B I Y G O T H T A P D T G M O H N W A
C S U R Y C A F T O C H J Z S D F Q S W
B P W N R I K H P A M H Q Q J W V D S Y
U A N I L E C Q S W Z Y U H I L Y G I D
S T R L M Y B T L R I I I L V I D N O F
F E P B U M L E S D T J D P I V D I F I
I Z M M E E I B U O S R Q B I G M P A O
S X N A K Q O N E L I H M C S H V M E U
H O G A G A U S G C B G H U X B D A D L
I F R I S B E E E U R V D R B H Z C O X
N O L E M R E T A W J M A E R C E C I S
G I H S A W K S B E N M L M Y O S A G E

barbeque
bears
camping
family
frisbee
lemonade
Nebskwashi
watermelon

baseball
blueberries
canoeing
fishing
games
mosquitoes
popsicle
sweetgrass
wild rice

beach
campfire
sandcastle
flowers
ice cream
Mother Earth
sage
swimming

Prizes to be drawn for each age group:

➤ Ages: 4-10 x \$25.00 gift card

➤ Ages: 11-15 x \$25.00 gift card

➤ Ages: 16 + x \$25.00 gift card

Deadline to hand in: August 31, 2021

Please email/hand in to Dakota: prevention@lifessacredjourney.ca or Cheryl: culture@chapleaucree.ca



NORTHERN CLINIC – ON-SITE APPOINTMENTS

David O'Hara, Nurse Practitioner

Brunswick House First Nation Health Centre	Chapleau Cree First Nation 814 Fox Lake Road
Tuesday, August 24 th	Wednesday, August 25 th
9:00am – 3:00pm	9:00am – 3:00pm

Melody Hawdon – Mental Health and Wellness Worker

IN-CLINIC, PHONE, VIRTUAL APPOINTMENTS ~ EXTENDED HOURS AVAILABLE!

Monday, August 9 th	Tuesday, August 10 th	Wednesday, August 11 th
Monday, August 23 rd	Tuesday, August 24 th	Wednesday, August 25 th

*For location and to book an appointment contact Melody directly
(705) 904-4158 or Email melody.hawdon@nmninoeyaa.ca*

Angela Fletcher, Registered Practical Nurse

Providing Foot Care, Diabetes & Hypertension Management – Call to book an Appointment!

Appointment Booking Line:

705-856-8282

Toll Free: 1-833-564-2726

(Mon – Thurs 8:30am-4pm)

*Your call is important to us, if we do not respond,
please leave a message and we will call you back as soon as possible – Miigwetch*

~ PHONE APPOINTMENTS AVAILABLE TOO ~

David O'Hara, Nurse Practitioner

Shirley Hale, Nurse Practitioner

Maamwesying kina gweyahn N'Minobimaadizing – Working As One for the Wellbeing of All