Monday, July 12, 2021 Tuesday, July 13, 2021 Wednesday, July 14, 2021 YOUTH SUMMER CULTURAL CAMP YOUTH SUMMER CULTURAL CAMP YOUTH SUMMER CULTURAL CAMP **Town Run** 6:00 PM - 8:00 PM on ZOOM 7:00 PM - 9:00 PM on ZOOM ILR—Learn Moose Cree "L" Dialect ILR—Learn Moose Cree "L" Dialect **Beginners Cree Syllabics** Register with Culture Register with Culture Participation and feedback for Activities/Events/Programs are encouraged and greatly appreciated. Submit feedback to **Tracy Martin by (705)-864-0200** hcc@chapleaucreehealth.ca

Thursday, July 15, 2021

YOUTH SUMMER CULTURAL CAMP

Town Run

Friday, July 16, 2021

NEW WEEKLY BINGO

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42 57 72 43 58 73 44 59 74

75

Sunday, July 18, 2021

45

Molting Feathers Moon

After dropping old feathers, newer flight feathers transform migrating birds prepare for their long hournety back.



For the week of July 12—18, 2021

Summer Hours

Monday—Thursday 8:00 AM - 5:00 PM Friday

8:00 AM - 12:00 PM

Please pre-register and wear a face mask for all programs, activities, and events offered in our community.



Saturday, July 17, 2021



Chapleau Cree First Nation

P.O. Box 400 \bigstar Fox Lake Reserve \bigstar Chapleau, Ontario \bigstar P0M 1K0

Tel: (705) 864-0784 ◆ Fax (705) 864-1760

reception@chapleaucree.ca

BIDDING OPPORTUNITY Provision of Catering Services to

Chapleau Cree First Nation St. John's Residential School Commemoration Light Lunch

Band Office on August 4, 2021

Brief Description	Light Lunch for approximately 30 participants (traditional lunch/feast preferred) Entrée, Fruit, vegetables, dessert, coffee, tea, water, juice Approximately 60 participants *Please Note: Adjustments will be made as for any increases in the number of participants*		
Contract Duration	Wednesday, August 4, 2021		
Venue	Chapleau Cree Band Office – Banquet Hall		

- Interested bidders will be required to submit a healthy menu (to be included with the bid) and must follow the current Ontario best practices guidelines for food handling/serving to prevent the spread of COVID-19
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen and cooking equipment will be provided by Chapleau Cree First Nation.
- The successful bidder will be responsible for purchasing all take out containers and necessary clean up and disposal of leftover food. Kitchen must be returned to original condition.
- 50% holdback will be instituted on any advances to be released after inspection of kitchen/facility clean-up following the event.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Tracy Martin, Health Care Coordinator Chapleau Cree First Nation Health Centre P.O. Box 400 Chapleau, ON POM 1KO

or by email to healthcarecoordinator@chapleaucreehealth.ca

Subject Line: Catering Bid: July 19, St. Johns Residential School Memorial Light Lunch Note: Electronic bids missing the above subject may be missed from consideration.



Multiple Bear Sightings on Reserve



Please warn and watch your children closely

Kindly keep your animals leashed and monitored closely for their protection.



It's
Happening
Again

Featured Film:

The Call of the Wild

Thurs. con

CUNCESSION

@ Dusk

Cotton Candy

Chapleau Cree

Popcorn

Ballfield

Soda Pop

and Water!

Many Parking Spots Available* for Members! Arrive before 9:30 PM to Park and Visit Consession!

THE WELL WICHT

*Note: Parking spots/capacity are first-come first-served.



St. John's Residential School Commemoration 2021



Wednesday, August 4, 2021

10:00 AM Cemetery

(located next to Chapleau Ojibwe FN formerly known as the Blue Heron Inn)

"Every Child Matters"

Light lunch to follow

@ Chapleau Cree FN Band Office

*Dine in or takeout style lunch will be determined as per the COVID-19 guidelines for food handling at that time

Deadline to register: July 23, 2021 @ 11:00 AM

Please call 705-864-0200 to register or email Cheryl Dupuis at culture@chapleaucree.ca

CHAPLEAU CREE FIRST NATION



Family Cance Trip on the Nebskwashi River

August 5th, 6th, 7th, & 8th, 2021

PACKING LIST

Not sure what to bring to camp? Here's a packing list to help ensure you have brought everything to have a comfortable camping experience.

- A Bag with clothing
- A Ziploc or drybag with a full outfit (shirt, pants, etc.)
- Hat, sunglasses
- Lip balm (SPF)
- Swimsuit & towel
- A dry pair of shoes
- Wet shoes, or water shoes (no flip flops)
- Mini stove kit with pot, pan, fork/knife/spoon kit provided to youth at previous events (Please inform us if not such that we can provide stoves)
- Rain jacket
- Sweater for the evenings
- Bug spray, sunscreen
- Bug sp Disclaimer

- Personal bundle
- Fishing rod & some tackle
- Personal medication in a
 Ziploc bag with your child's
 name on it (epi-pen, inhalers, pain, cold/flu, antihistamine etc.)
- Personal snacks
- Multi-tool axe/hammer
 provided at Winter Cultural
 Camp for those who attended
- Reusable water bottle
- Camera

(Please pack lightly as all other necessities will be provided by Leaders)

Chapleau Cree FN Staff/Helpers will not be responsible for lost/damaged items.

*Please note: A meeting will be planned at end of July for those registered

CHAPLEAU CREE FIRST NATION





Family Cange Trip on the Nebskwashi River

August 5th, 6th, 7th, & 8th, 2021

REGISTRATION FORM

Chapleau Cree First Nation's Family Canoe Trip will be offered from August 5-8, 2021 to families interested in experiencing canoeing with portaging. The canoe trip entails two full days canoeing and portaging to destination with 3 overnights. This team building adventure will be exciting as we explore the waterways, shorelines/rocks with land-based camping, fishing, and sharing.

Youth must be accompanied by parent/guardian.

Please complete the following registration form and return it by mail, fax, or e-mail to:

- 1. Life's Sacred Journey, Chapleau Cree First Nation, P.O. Box 400, Chapleau, ON, POM 1KO
- 2. Fax 705-860-0002
- 3. prevention@lifessacredjourney.ca or culture@chapleaucree.ca

DEADLINE TO REGISTER IS JULY 23rd, 2021 BY NOON. NO EXCEPTIONS!

Please complete one registration form per person attending.

Limited spaces available. If required, a selection process will be implemented (ex. CCFN Band Members will always take first priority)

Participant Name:				
Date of Birth:				
CCFN Bandmember:	YES	ONO (if answered	no, please answer next question)	
Do you have an affiliation to	○ YES ○ NO			
CCFN?	If yes, please describe:			
Do you suffer from or have you	○ YES ○ NO			
suffered from serious allergies (including nuts, peanuts, biting insects, anaphylaxis)?	If yes, please describe:			
Are you presently taking any	○ YES ○ NO			
medication that could alter your physical or mental faculties?	If yes, do you have your medication with you? (e.g. Epi Pen, inhaler)			
Please list any disabilities, special needs, recent injuries, illnesses and any subsequent limitations and treatments:				
Are you a nervous, weak or non-swimmer?	YES	○ NO		
Special Diet Requirements:	○ YES ○ NO			
	If yes, please describe:			
OHIP#				
Contact Person Email				
#1 Emergency Contact Name:			Relationship:	
#1 Emergency Contact Phone:	Day:		Evening:	
#2 Emergency Contact Name:			Relationship:	
#2 Emergency Contact Phone:	Day:		Evening:	

Your enrolment is not complete until confirmation has been sent to you via email by July 29, 2021. We ask that you contact us immediately if your family is unable to attend.

Non Insured Health Benefits What you need to know

About the program

The Non-Insured Health Benefits (NIHB) program provides <u>eligible First Nations and Inuit clients</u> with coverage for a range of health benefits that are not covered through other:

- social programs
- private insurance plans
- provincial or territorial health insurance

What the program covers

The program **may cover** some of the following if your private insurance, provincial or territorial health insurance does not: vision care

dental care

mental health counselling



medical supplies and equipment

prescription and over-the-counter medications

traditional healers

medical transportation to access medically required health services that are not available:

- on reserve
- in the community of residence

Benefit claims

You will need to show <u>client identification</u> in order for providers to bill the program directly.

We encourage providers to enroll with the program in order to submit claims directly so clients avoid covering upfront costs. Some health service providers bill the program directly through Express Scripts Canada. This website provides information on the claims administration and payment processes for providers of:

- dental
- pharmacy
- medical supplies and equipment

Where a client does pay, the program accepts claims using the client reimbursement process.

Vision care and mental health providers can contact the NIHB <u>regional office</u> if they need more information. Medical transportation is also managed by the regional office.

A First Nations or Inuit community, self-government, or health authority may be responsible for providing some or all NIHB benefits.

For more information, contact Chalias Caldwell at financialprogrammer@chapleaucreehealth.ca or 705-864-0200