

Monday, July 5, 2021



6:00 PM - 8:00 PM on ZOOM

ILR—Learn Moose Cree “L” Dialect
Beginners Cree Syllabics
Register with Culture

REGISTRATION DEADLINE:
12PM, July 5, 2021

7 PM - 10 PM on ZOOM

Nutrition & Diabetes BINGO
Online (Zoom)
Register with Health

Tuesday, July 6, 2021

Town Run

Wednesday, July 7, 2021

7:00 PM - 9:00 PM on ZOOM

ILR—Learn Moose Cree “L” Dialect
Register with Culture



Participation and feedback for
Activities/Events/Programs
are encouraged and greatly
appreciated.

Submit feedback to
Tracy Martin by **(705)-864-0200**
or
hcc@chapleaucreehealth.ca

Thursday, July 8, 2021

A romantic quote about relationships is displayed over a blue-toned background image of a river and forest. The quote is in large, white, sans-serif font. The background shows a river with rocks in the foreground and a dense forest in the background. The text is centered and reads: "A great relationship is about two things: First, appreciating the similarities, and second, respecting the differences." Below the quote, the text "THE LOVENOTEBOOK" is visible in a smaller, white, sans-serif font.

A great relationship is about two things: First, appreciating the similarities, and second, respecting the differences.

THE LOVENOTEBOOK

Saturday, July 10, 2021

Friday, July 9, 2021

NEXT WEEKLY BINGO
JULY 6, 2021!

Sunday, July 11, 2021

Molting Feathers Moon

*After dropping old feathers,
newer flight feathers transform -
migrating birds prepare for their
long hournety back.*



**For the week of
July 5—11, 2021**

Summer Hours

Monday—Thursday

8:00 AM - 5:00 PM

Friday

8:00 AM - 12:00 PM

Please **pre-register** and **wear a face mask** for **all** programs, activities, and events offered in our community.



P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0

Tel: (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca

EMPLOYMENT OPPORTUNITY

Position:	Administrative Support Technician (Full-Time)
Location:	The Chapleau Cree First Nation (CCFN) is a member of the Mushkegowuk Council and is situated on the Fox Lake Reserve, located just outside the community of Chapleau. The community is approximately four hours north of Sault Ste. Marie and two hours southwest of Timmins.
Description:	The incumbent is required to interact with the general public in person, via telephone and electronic transactions, receiving messages for other administrative positions and requests for information that may sometimes be of a sensitive nature. As a result, the incumbent's duties include compliance to confidentiality requirements. A large portion of the work activity involves records and document management, and the position demands a high degree of discipline and adherence to policy and established procedure. The incumbent will be directly responsible to the Community Healthcare Coordinator.
Required Qualifications:	<ul style="list-style-type: none">✓ Valid G driver's license✓ May be required to provide a Canadian Police Information Check
Skills:	<ul style="list-style-type: none">✓ Excellent use of technology for collaboration.✓ Strong computer skills, including Microsoft applications.✓ Rigorous analytical and research skills.✓ Innovative, supportive, highly driven and attention to detail.✓ Ability to communicate with all levels of the organization.✓ Dedicated self-starter, ability to work well under pressure and deadlines.✓ Excellent time management and organizational skills.✓ Ability to complete multiple tasks while dealing with frequent interruptions and tight timelines.
Duties/Responsibilities:	<ul style="list-style-type: none">✓ Greeting/assisting walk-in clients✓ Development of databases for statistical data entry✓ Answering telephone, responding to inquiries, and directing calls to appropriate staff✓ Preparation of memos and other correspondence✓ Maintenance of voicemail system and other business equipment✓ Store and retrieve copies of documents and information to/from CCHC file systems✓ Photocopying and faxing✓ Assist with program facilitation and development✓ Group, categorize and redirect communiqués to appropriate individuals within the CCHC and CCFN offices✓ Order and receive consumable supply items, verify delivery against purchase orders, forward received purchase order data to Financial Programmer✓ Collate information and documents for monthly/weekly community calendars and prepare digital signage for various locations✓ On request of the Healthcare Coordinator or other health staff, perform sundry clerical assignments, and project and research activities such as internet searches, telephone inquiries, and fax requests to gather information for a project or report✓ Provide word processing services and prepare outgoing documents for mailing or courier pickup✓ Maintain the annual office calendar of activities and events, and informs those affected of upcoming obligations and commitments✓ Maintain a daily log in which requests for service are described and activity towards the requests are noted✓ Other related duties
Wage:	\$38,480.00/Annually
Closing Date:	Until filled

Individuals are invited to submit their application, résumé and three references to the following:

Edith Larocque, Band Administrator
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0
bandadmin@chapleaucree.ca

**We thank all applicants, but only those selected for an interview will be contacted.
First Nation individuals and CCFN band members are encouraged to apply!**



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P.O. Box 400 ♦ Fox Lake Reserve ♦ Chapleau, Ontario ♦ P0M 1K0
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EMPLOYMENT/TRAINING OPPORTUNITY

Position:	Housing Internship
Location:	The Chapleau Cree First Nation (CCFN) is a member of the Mushkegowuk Council and is situated on the Fox Lake Reserve, located just outside the community of Chapleau. The community is approximately four hours north of Sault Ste. Marie and two hours southwest of Timmins.
Description:	A youth employment initiative providing work experience and on-the-job training for First Nations and Inuit Youth. The goal of the program is to assist youth in pursuing long-term employment in the housing sector.
Trainee Qualifications:	<ul style="list-style-type: none">✓ Indigenous Youth between ages of 15-30✓ Must not be otherwise employed throughout the internship✓ Not receiving Employment Insurance benefits or agree to discontinue the benefits before the start of the internship✓ Not required to reside in First Nation Community
Skills:	<ul style="list-style-type: none">✓ Training provided
Duties/Responsibilities:	<ul style="list-style-type: none">✓ This position provides work experience or on-the-job training in the area of housing. The intern opportunity may include administration or office positions, maintenance, construction, renovation or client counselling.✓ Other related duties as deemed necessary
Hourly Wage:	\$14.25
Closing Date:	Until filled

Individuals are invited to submit their application, résumé and three references to the following:

Edith Larocque, Band Administrator
Chapleau Cree First Nation
P.O. Box 400
Chapleau, ON P0M 1K0
bandadmin@chapleaucree.ca

Subject Line: Employment: Housing Intern

Note: Electronic bids missing the above subject may be missed from consideration.
We thank all applicants, but only those selected for an interview will be contacted.
First Nation individuals and CCFN band members are encouraged to apply!



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BIDDING OPPORTUNITY

Provision of Catering Services to

Chapleau Cree First Nation

Youth Summer Cultural Camp Meals

Band Office and Grassy Lake/Mushkwashewee Saakaaekaan from July 12 – 15, 2021

Brief Description	Mon., July 12/21 Brown Bag Lunches with a.m. & p.m. snacks *Pick up at 8:00 a.m. @ Band Office Tues., July 13/21 Hot Takeout Style Lunch for @ 12:00 p.m. at Grassy Lake Wed., July 14/21 Brown Bag Lunch with a.m. & p.m. snacks *Pick up at 8:00 a.m. @ Band Office Thur., July 15/21 Hot Takeout Style Lunch for @ 12:00 p.m. at Grassy Lake *Individually packed morning and afternoon snacks for four (4) days (to be picked up at 8:00 a.m. Monday & Wednesday ONLY in preparation for day trips) Approximately 30 participants Entrée, fruit, vegetables, dessert, coffee, water, juice, tea *Please Note: Adjustments will be made as for any increases in the number of participants*
Contract Duration	July 12-15, 2021
Venue	Chapleau Cree Band Office – Banquet Hall and Grassy Lake/Mushkwashewee Saakaaekaan

- **Interested bidders will be required to submit a healthy menu (to be included with the bid) and must follow the current Ontario best practices guidelines for food handling/serving to prevent the spread of COVID-19**
- All shopping, storage, transportation, preparation, serving and clean-up of food supplies will be the responsibility of the successful bidder.
- Kitchen and cooking equipment will be provided by Chapleau Cree First Nation.
- **The successful bidder will be responsible for purchasing all take out containers and necessary clean up and disposal of leftover food. Kitchen must be returned to original condition.**
- 50% holdback will be instituted on any advances to be released after inspection of kitchen/facility clean-up following the event.

Interested candidates are welcome to submit a bid and proposed menu plan to:

Tracy Martin, Health Care Coordinator
Chapleau Cree First Nation Health Centre
P.O. Box 400
Chapleau, ON P0M 1K0

or by email to healthcarecoordinator@chapleaucreehealth.ca

Subject Line: **Catering Bid: July 6, CCFN Youth Summer Cultural Camp**

Note: Electronic bids missing the above subject may be missed from consideration.

Deadline to submit bid and menu will be July 6, 2021 @ 12:00 PM.



COVID-19 Pfizer Vaccine Clinic for Youth 12+ years **By Appointment ONLY!**

Date: July 6th, 2021

Time: 3:30 PM - 4:30 PM

Location: Band Office Basement

Any Chapleau Cree First Nation Youth 12 years of age on this date can qualify to receive their 2nd dose of the Pfizer vaccine.

Please call **Tracy** at **705-864-0200** to book your appointment.



NORTHERN CLINIC – APPOINTMENTS

David O'Hara, Nurse Practitioner

Brunswick House First Nation Health Centre

Tuesday, July 6th	Wednesday, July 7th
1:00 pm – 3:30 pm	9:00 am – 12:00 pm

Chapleau Cree First Nation, 814 Fox Lake Road

Across from the Health Centre

Wednesday, July 7th	Thursday, July 8th
1:00 pm – 3:30 pm	9:00 am – 12:00 pm

APPOINTMENT BOOKING LINE (MON – THURS, 8:30AM-4PM)

(705) 856-8282 OR TOLL FREE: 1-833-564-2726

Your call is important!

Please leave a message if we do not answer, we'll get back to you as soon as possible.

~ PHONE APPOINTMENTS AVAILABLE TOO ~

(REGULAR BUSINESS HOURS)

David O'Hara, Nurse Practitioner

Shirley Hale, Nurse Practitioner

Melody Hawdon – Mental Health Wellness Worker

~ PHONE, VIRTUAL AND IN-CLINIC APPOINTMENTS ~

EXTENDED HOURS AVAILABLE!

To book an appointment contact Melody directly

(705) 904-4158 Email melody.hawdon@nmninoeyaa.ca

Call for more information: Foot Care, and Diabetes & Hypertension Management

Maamwesying kina gweyahn N'Minobimaadizing – Working As One for the Wellbeing of All

NUTRITION & DIABETES BINGO

Monday, July 5, 2021

7:00-10:00 PM Via Zoom



Play bingo from the comfort of your own home

Call Health at **(705) 864-0200** to register or email

adminassist@chapleaucreehealth.ca

Meeting ID: **747 874 9140**

Passcode: **Health**

DEADLINE to Register: July 5, 2021 @ 12 noon

Great Prizes & Fun for all!!



Chapleau Cree First Nation's 2021



Youth Summer Cultural Day Camp

Are you interested in crafts, traditional teachings and ceremonies, water sports, woodland skills, medicine gathering, drumming and singing?

All *Chapleau Cree First Nation* **Local Youth**
Ages 5-15 years old are invited to register for this year's
Youth Summer Cultural Day Camp

Please see the attached registration form, to be **completed and returned** back to Chapleau Cree Health by **July 6, 2021**. All snacks, meals and transportation will be provided for youth and program staff **ONLY**.

ABSOLUTELY, NO LATE REGISTRATIONS WILL BE ACCEPTED!

*Limited space available, if required, a selection process will be implemented
(i.e. CCFN Band Members registered first)*

Youth Ages 5-10 Years Old

July 12/21	Lake Superior	Pic Nic & Collecting Grandfather Rocks at Katherine's Cove, Lake Superior
July 13/21	Grassy Lake/ Mushkwashewee Saakaaekaan	Cultural & Land Based Activities Crafts, Games, Fishing/Swimming

Youth Ages 11-15 Years Old

July 14/21	Lake Superior	Pic Nic & Hike Agawa Rock Pictographs
The area is one of the most visited indigenous archaeological sites in Canada.		The majority of paintings from the Agawa site are said to date from the 17th and 18th centuries.
July 15/21	Grassy Lake/ Mushkwashewee Saakaaekaan	Cultural & Land Based Activities Crafts, Games and Fishing/Swimming

All registered youth are expected to **FULLY** participate in **ALL CULTURAL** and **SCHEDULED** camp activities.

For more information please contact Tracy Martin or Cheryl Dupuis

@ Health 705-864-0200



CHAPLEAU CREE FIRST NATION

YOUTH SUMMER CULTURAL DAY CAMP



JULY 12TH – 15TH, 2021

**Lake Superior &
Grassy Lake/Mushwasheewee Saakaaekaan**

PACKING LIST

Not sure what to bring to camp? Here's a packing list to help ensure you have brought everything to have a comfortable day camping experience.

<ul style="list-style-type: none">• backpack for outings & camp take home items• 1 waterproof rain jacket• baseball cap or sun hat• extra shoes & rubber boots• swim shoes or flip flops• swim shorts or bathing suits• towel• 1 cotton t-shirt• 1 quick dry/other pants• fleece long sleeved/hooded sweater• warm jacket• water bottle with name on it	<ul style="list-style-type: none">• sunglasses• bug spray, sunscreen• personal bundle (if have)• hand drum/rattle (if have)• folding camp chair• fishing rod & tackle• personal medication in a Ziploc bag with your child's name on it (epi-pen, inhalers, pain, cold/flu, antihistamine etc.)• personal snacks, books, magazines, toiletries• Multi-tool axe/hammer provided at Winter Cultural Camp
Disclaimer	<i>Chapleau Cree FN Staff/Helpers will not be responsible for lost/damaged items.</i>



CHAPLEAU CREE FIRST NATION

YOUTH SUMMER CULTURAL DAY CAMP

JULY 12TH – 15TH, 2020



Lake Superior &
Grassy Lake/Mushwasheewee Saakaaeekaan

REGISTRATION FORM

Chapleau Cree First Nation Youth Cultural Camp will be offered from July 12th – July 15th, 2021 to girls and boys between the ages of 5-15 years of age who are local members/affiliated of Chapleau Cree FN.

Please complete the following registration form and return it by mail, fax, or e-mail to:

- 1. Chapleau Cree Youth Cultural Camp, P.O. Box 400, Chapleau, ON, P0M 1K0
- 2. fax 705-864-0206
- 3. healthcarecoordinator@chapleaucreehealth.ca or culture@chapleaucree.ca

DEADLINE TO REGISTER IS JULY 6TH, 2021 BY NOON. NO EXCEPTIONS!

Participant Name:		
Date of Birth:		
CCFN Bandmember:	<input type="radio"/> YES <input type="radio"/> NO (if answered no, please answer next question)	
Do you have an affiliation to CCFN?	<input type="radio"/> YES <input type="radio"/> NO	
	If yes, please describe:	
Do you suffer from or have you suffered from serious allergies (including nuts, peanuts, biting insects, anaphylaxis)?	<input type="radio"/> YES <input type="radio"/> NO	
	If yes, please describe:	
Are you presently taking any medication that could alter your physical or mental faculties?	<input type="radio"/> YES <input type="radio"/> NO	
	If yes, do you have your medication with you? (e.g. Epi Pen, inhaler)	
Please list any disabilities, special needs, recent injuries, illnesses and any subsequent limitations and treatments:		
Are you a nervous, weak or non-swimmer?	<input type="radio"/> YES <input type="radio"/> NO	
Special Diet Requirements:	<input type="radio"/> YES <input type="radio"/> NO	
	If yes, please describe:	
OHIP #		
Contact Person Email		
#1 Emergency Contact Name:		Relationship:
#1 Emergency Contact Phone:	Day:	Evening:
#2 Emergency Contact Name:		Relationship:
#2 Emergency Contact Phone:	Day:	Evening:
Child's t-shirt size (circle one)	Youth S M L XL	Adult S M L XL XXL

Your child's enrolment is not complete until confirmation has been sent to you via email by July 6th. We ask that you contact us immediately if your child is unable to attend camp.

Transportation to and from Youth Cultural Camp 2021 will be provided. Pick up & drop off will be available for youth residing ON RESERVE only and youth should be ready at 8:15 a.m. for pick up and will be dropped off at home before 4:45 p.m. Youth residing OFF RESERVE must arrive at the Health Centre by 8:15 a.m. and will be ready for pick up at Health Centre for 4:45 p.m.

Chapleau Cree Youth Cultural Day Camp 2021 will start on Monday July 12th. Participants will be expected to follow safety rules and behavioural expectations for Cultural Camp which will be explained to all youth during travel. The last camp day will be Thursday, July 15th.

CHAPLEAU CREE FIRST NATION

YOUTH SUMMER CULTURAL DAY CAMP 2021

Parental Consent

My child may be photographed or videotaped (referred to as images) and their name and images used in Chapleau Cree First Nation reports, publications, promotional material and social media, both in print and online and media coverage related to this camp or initiatives of Chapleau Cree First Nation. I, on behalf of my child, assign and transfer Chapleau Cree First Nation any and all rights, including copyright, which I or my child may have in the images and I understand that Chapleau Cree First Nation may grant the right to other parties to use these images of my child, along with their name, for the purpose of promotional activities related to Chapleau Cree First Nation’s work.

(please check one) **YES** ☐ **NO** ☐

BEHAVIOUR EXPECTATIONS/ELEMENTS OF RISK

- 1. As participants in the CCFN Culture Camp, you are acting as representatives of Chapleau Cree First Nation and are always expected to conduct yourself in a respectable and responsible manner.
 - 2. Participants/Parents/Guardians accept that employees/volunteers and others designated as supervisors will be in complete charge of the participants. The participants are directly answerable to the supervisors for the duration of the CCFN Culture Camp.
 - 3. Every effort will be made to ensure participant’s safety. However, there may be times during the CCFN Culture Camp that participants may not be directly supervised and will be expected to accept responsibility for their own safety and behaviour.
 - 4. Participants must not (i) possess or use alcohol or illegal drugs, or (ii) leave the group (or location) without a supervisor’s permission.
 - 5. Participants must not deviate from the arrangements made by the CCFN Culture Camp supervisor.
- Activities/programs may present various elements of risk. Incidents related to such activities may occur and cause injury through no fault of the supervisor, First Nation or the facility at which the activity or event is being held. **Participants must assume these risks.**

The Chapleau Cree First Nation does not provide any accidental death, disability, dismemberment or medical expenses insurance on behalf of the participants participating in these activities. Parents/Guardians are encouraged to purchase appropriate accident insurance.

NOTE TO PARENTS/GUARDIANS: Prior to the CCFN Culture Camp, please inform the supervisor of any health/medical concerns that may present a risk or prevent your child from participating in these activities.

Participants not demonstrating an acceptable level of behaviour may be excluded or withdrawn from the CCFN Culture Camp. In this instance, it will be the parent’s/guardian’s responsibility to come and pick up the child to return home. In cases where my child misbehaves he/she may be sent home with an escort at my expense, if other appropriate arrangements are not possible.

The CCFN Culture Camp is a drug and alcohol-free zone. Any visitors and guests under the influence of drugs or alcohol will be asked to leave the camping area.

I have read and understood all the information outlined above. I give permission for the supervisor to obtain professional assistance in the event that my son/daughter requires medical attention. I hereby grant permission for my son/daughter to take part in the CCFN Culture Camp.

Both pages of the Youth Cultural Camp Registration Form must be filled in for this application to be complete.

Participant’s Name:	Parent/Guardian Signature:
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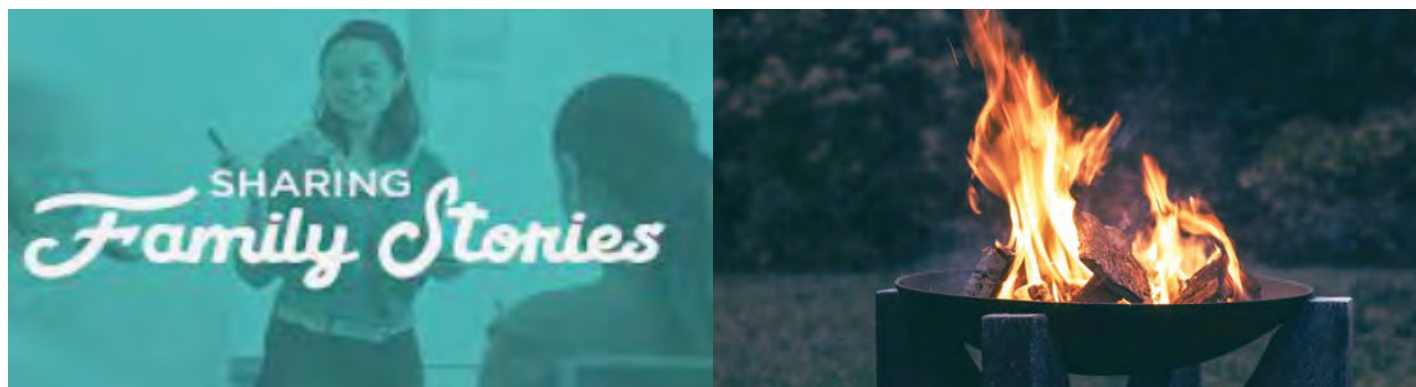
Date: _____



Tuesday, July 6, 2021

1:00 – 4:00 PM

@ Pow Wow Grounds



Give-a-ways in support of Family Well-Being

To register please call **Health** at **705-864-0200**



Sewing Machine Basics Teaching Workshop for Youth Females Ages 12-18 years old Wed., July 7, 2021 | 6:00 PM @ Health

Want to sew but don't know how?

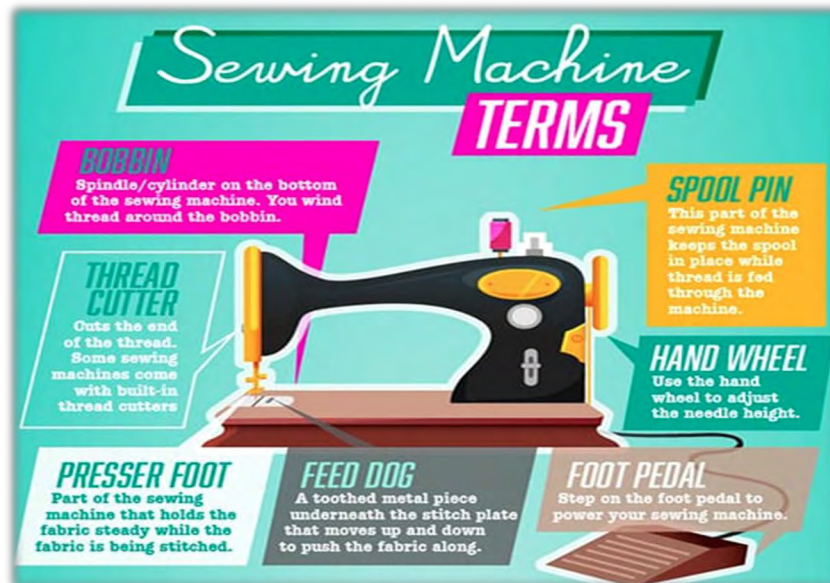
Do you plan on using CCFN Health's sewing equipment in the future?

Need a refresher on all of the basics?

Come learn about sewing machine: safety, terms, parts, functions, care, and maintenance. Choosing the correct needle and thread will go a long way in caring for the machine and reduce thread/bobbin jams.

All sewing machine models are similar in function, and every user **must** know the basics on how to use and care for it before and after each use.

All the participants attending this workshop will complete a sewing craft.



These workshops are **MANDATORY for EVERYONE** interested in using CCFN Health Centre sewing machines.

More workshops for various ages/genders will be offered in the near future.

To register, please call the Health Centre at 705-864-0200 as space is limited.

Classes are Limited
to 5 youth

*More sessions to
follow in near future



Material, ribbon and
sewing supplies
will be provided.

Participants must have pre-requisite of Sewing Machine Basics Workshop offered by Health on July 7th

Ribbon Skirt Making Class with Kasey B. for Female Youth Ages 12-18 Years Old

THURSDAY, JULY 8TH, 2021 6:00 PM @ HEALTH

To **REGISTER** please call Health at 705-864-0200

REGISTRATION DEADLINE: 1:00 PM on WEDNESDAY, JULY 6TH, 2021





Youth, Elders & Seniors Outdoor Lunch, Fire & Engagement Circle

Tuesday, July 27, 2021

12:00 P.M.

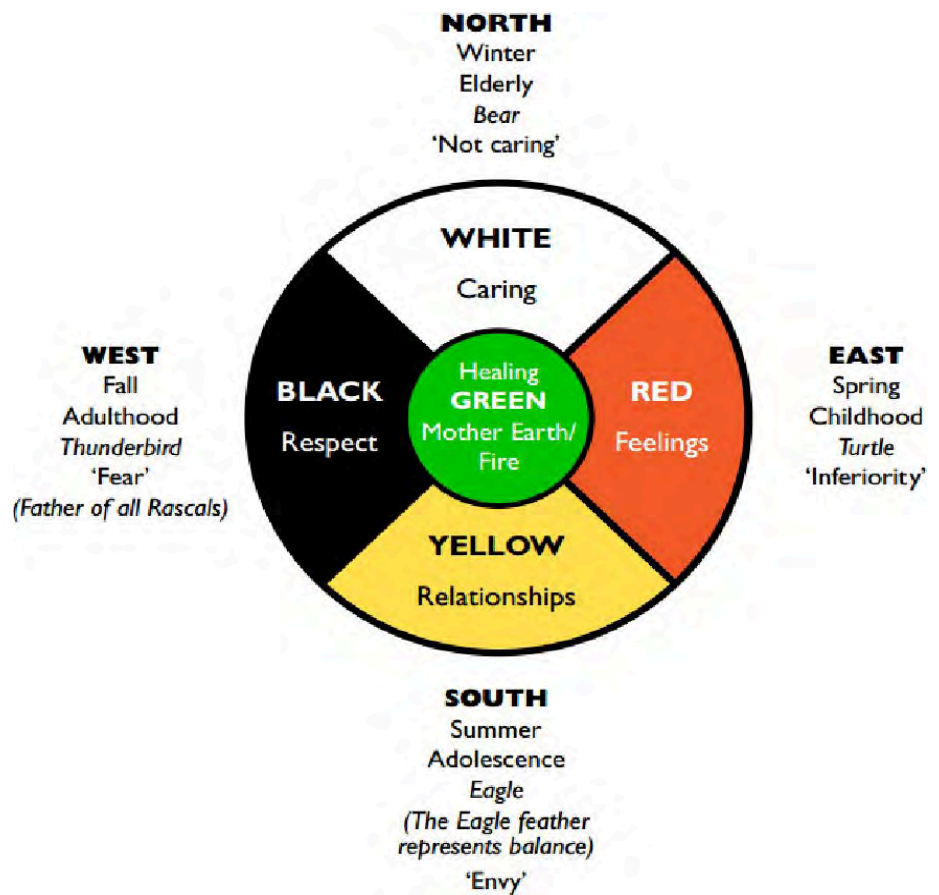
@ Mukeso House Gazebo

Deadline to register:

July 16, 2021

Please call **Dakota** at Life's Sacred Journey to register at **705-860-0001**

Or email Dakota at prevention@lifessacredjourney.ca



FAMILY WELL-BEING PROGRAM





Sewing Machine Basics Teaching Workshop

for Adult Females Ages 19+ years

Wed., July 28, 2021 | 6:00 PM @ Health

Want to sew but don't know how?

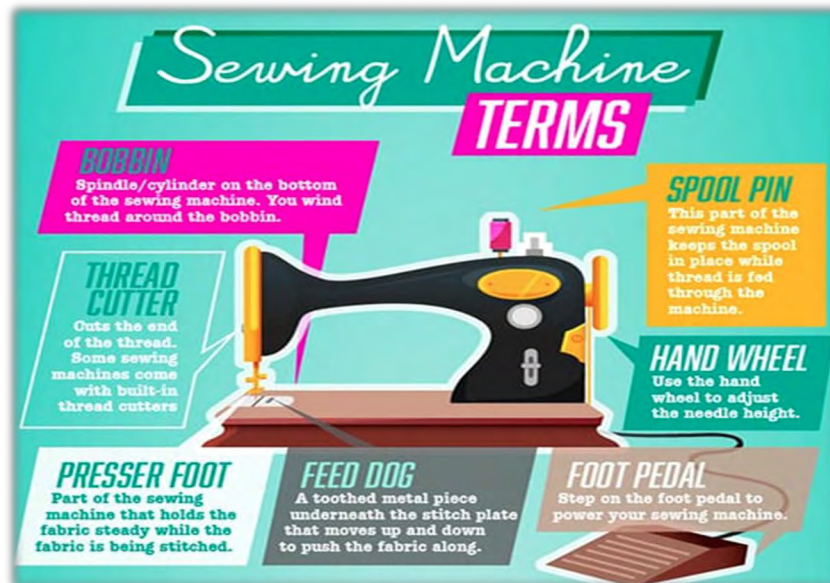
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More workshops for various ages/genders will be offered in the near future.

To register, please call the Health Centre at 705-864-0200 as space is limited.

The background of the entire image is a blurred photograph of an archery target with several arrows. The target has concentric rings of white, red, and black. Several arrows with blue and orange fletching are visible, some hitting the target. The text is overlaid on this background.

Land Based Summer Activity

1:1 Archery Instruction

with Lana Parry

Monday, July 25 , 2021 1:00 PM - 5:30 PM

&

Tuesday , July 26, 2021 9:00 AM - 3:00 PM

Chapleau Cree Ball Field

**Open to Chapleau Cree Bandmembers and their
immediate family.**

**Please call Health at 705-864-0200 to schedule your
30 minute session**

**Family or cohorts will be able to do group sessions.
Please bring your face mask and remember to social
distance.**