



**CHAPLEAU CREE HEALTH CENTRE'S
WEEKLY PAMPHLET WILL BE
SUSPENDED UNTIL FURTHER NOTICE.**

ALL NOTICES AND FLYERS WILL CONTINUE TO BE
MADE AVAILABLE ONLINE VIA CHAPLEAUCREE.CA.



P.O. Box 400 ♦ Fox Lake Reserve, Ontario ♦ P0M 1K0

Ph (705) 864-0784 ♦ Fax (705) 864-1760

reception@chapleaucree.ca

COVID-19 COVID-19 COVID-19 COVID-19 COVID-19 COVID-19 COVID-19 COVID-19 COVID-19 COVID-19

NOTICE

ESSENTIAL-SERVICES ONLY

UPDATED: *January 15, 2021*

Effective immediately, Chapleau Cree First Nation offices will remain closed to the general public and continue to provide **ESSENTIAL SERVICES ONLY** to our members and business associates. This decision was made to continue and ensure the safety of both our employees and the community at large and will remain in effect until [Ontario's January 12th, 2021 Stay-At-Home order](#) has been lifted.

Chapleau Cree staff will be available by phone, email, and other forms of communication during regular business hours. For your safety and that of our employees and community members, we ask that you do not visit our office during this time. Should you feel that you have an emergent matter, please call our office to arrange an appointment with the appropriate staff.

Due to the anticipated business reduction compounded with Ontario's State of Emergency declaration and Stay-At-Home order business hours will be changing periodically to accommodate. The most up-to-date source of these changes will be via our website via chapleaucree.ca.

Where online and teleconferencing is impractical, all meetings, events and activities will otherwise continue to observe Ontario's most-current [Guidance for Meetings and Event Facilities](#) with the greatest care for the health and safety of our staff and participants as defined by Chapleau Cree First Nation.

Our Councillors will continue to keep abreast of the current COVID-19 Pandemic and will meet as necessary to review operation planning for Chapleau Cree First Nation. We ask for patience during this time. I can assure you that we are doing everything possible to assist and support our community, keeping safety and security as our primary concern, while we navigate this difficult time together.

As this situation evolves, we will continue to keep you informed to the best of our ability. Please continue to see our website at www.chapleaucree.ca for further information and updates.

Chief Keith Corston.



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NOTICE

PIMII KAMIK GAS BAR

WHEN: **As of THURSDAY, JAN. 14TH, 2020
UNTIL FURTHER NOTICE**

NEW OPERATING HOURS

7 Days a Week

10:30 AM – 6:30 PM



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NOTICE

CHAPLEAU CREE HEALTH CENTRE

WHEN:

UNTIL FURTHER NOTICE

NEW OPERATING HOURS

MONDAY-FRIDAY

10:00 AM – 12:00 PM

LUNCH: 12:00 PM – 1:00 PM

1:00 PM – 3:00 PM

Office visitations are for emergent needs only.
Staff are otherwise available via email only.

Please call **864-0200** during the hours noted above to request
email contact information for staff currently working from home.



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NOTICE

LIFE'S SACRED JOURNEY

WHEN:

UNTIL FURTHER NOTICE

OFFICE CLOSED

**ALL SERVICES WILL BE COVERED BY BAND
REP WHO WILL BE WORKING FROM HOME**

PLEASE CALL **705-465-0096**



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NOTICE

CHAPLEAU CREE AUTO/TRUCK GARAGE

WHEN: **UNTIL FURTHER NOTICE**

NEW HOURS OF OPERATION

5 DAYS A WEEK

8:00 AM – 12:00 PM

BY APPOINTMENT ONLY

Please call **705-864-9090** during the hours above
to book an appointment.



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NOTICE

CHAPLEAU CREE SMALL ENGINE REPAIR

WHEN: **UNTIL FURTHER NOTICE**

TEMPORARILY
CLOSED FOR
BUSINESS

Please call the Band Office via **705-864-0784**
should you have any questions.

Weekly Bingo Draw



No Winner Announced

Playing For **FULL-CARD**

LEGEND				
	NUMBERS DRAWN THIS WEEK			
	NUMBERS DRAWN PREVIOUSLY			
B	I	N	G	O
1	16	31	46	61
2	17	32	47	62
3	18	33	48	63
4	19	34	49	64
5	20	35	50	65
6	21	36	51	66
7	22	37	52	67
8	23	38	53	68
9	24	39	54	69
10	25	40	55	70
11	26	41	56	71
12	27	42	57	72
13	28	43	58	73
14	29	44	59	74
15	30	45	60	75



Healthy Habits and You!



January 18th, 2021

7 PM- 9 PM

via Zoom

Meeting ID: 306 708 5721

Passcode: Health

**Please call Amanda at 705-864-0200 or email
programfacilitator@chapleaucreehealth.ca to register**





THE AANJICHIGWIN HEALTH PROMOTION PROGRAM PRESENTS:

AANJICHIGWIN SPEAKER SERIES

AANJICHIGWIN "THE PROCESS OF CHANGE"

Doorprize

It's a new year to make healthy
lifestyle behaviour changes
to live a long and healthy life!
Every session you attend earns
you an entry into the grand prize!

*Guest
Speakers*

MARY SPENCER, OLYMPIC BOXER & COVERGIRL - MOTIVATION
PATRICIA TOULOUSE - TRADITIONAL HEALTH & DIABETES
'THOSH' COLLINS - WELL FOR CULTURE
JOBY QUIAMBAO, RD - NEW YEAR, NEW ME: TOP "DIETS" OF 2021
AMANDA LAMBERT, STRONG MINDS - MENTAL HEALTH

Wednesdays at 12pm, starting January 13th

Zoom Meeting ID: 965 9478 9266

Zoom Passcode: 171925

For more information contact:

Lisa-Marie Naponse: lisa-marie.naponse@nmninoeyaa.ca or (705)862-1114

Cynthia McCutcheon: cynthia.mccutcheon@nmninoeyaa.ca or (705)849-7136

AANJICHIGWIN SPEAKER SERIES

May be subject to change

WEDNESDAY JANUARY 13TH

Motivation with Mary Spencer, Olympic Boxer & CoverGrl

WEDNESDAY JANUARY 20TH

Traditional Health & Diabetes with Patricia Toulouse

WEDNESDAY JANUARY 27TH

Well for Culture with 'Thosh' Collins

WEDNESDAY FEBRUARY 3RD

New Year, New me: Top "Diets" for 2021 with Joby Quiambao, RD

WEDNESDAY FEBRUARY 10TH

Mental Health with Amanda Lambert, Strong Minds

Wednesdays at 12pm, starting January 13th

Zoom Meeting ID: 965 9478 9266

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AANJICHIGEWIN SPEAKER SERIES

WEDNESDAY JANUARY 20TH

PATRICIA TOULOUSE

Diabetes & Traditional Health



Patricia Toulouse is an Ojibwe Mother & Grandmother of Sagamok Anishnawbek. A graduate in Human Services, she practices Earth Medicines & treats ailments by individual symptoms. A Traditional Medicine Practitioner with Maamwesying, she provides a traditional approach to medicine, for community members along the North Shore, with a focus on overall health & wellness.

Wednesday January 20th at 12pm

Zoom Meeting ID: 965 9478 9266

Zoom Passcode: 171925

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