Monday, December 14, 2020





Younger Girls' Drumming with Sandy

3:30 - 4:30 PM @ Health

Christmas Nutrition Bingo REGISTRATION DEADLINE

Tuesday, December 15, 2020



**Town Run** 

Older Girls' Drumming with Sandy

3:30 - 4:30 PM @ Health

**Youth Movie Night** 

**REGISTRATION DEADLINE** 

Women's Drumming 6:00 PM @ Health Centre



Wednesday, December 16, 2020



Maamwesying Nurse Practitioner

David O'Hara

9:00 AM - 3:00 PM @ Health

BY APPOINTMENT ONLY REGISTER VIA 1-833-564-2726 X 241

Christmas Nutrition Bingo 7:00 PM via ZOOM



Thursday, December 17, 2020

**BINGO Numbers** 

Drawn in Morning

**Town Run** 

Youth Christmas Movie Night

How The Grinch

Stole Christmas

5:00 PM @ Band Office

Friday, December 18, 2020

### CCFN Office Close @ 12:00 PM

### **BINGO #s Drawn**

(As of Dec. 10, 2020) Playing for Full Card

	NUMBERS DRAWN THIS WEEK				
	NUMBERS DRAWN PREVIOUSLY				
В	- 1	N	G	0	
1	16	31	46	61	
2	17	32	47	62	
3	18	33	48	63	
4	19	34	49	64	
5	20	35	50	65	
6	21	36	51	66	
7	22	37	52	67	
8	23	38	53	68	
9	24	39	54	69	
10	25	40	55	70	
11	26	41	56	71	
12	27	42	57	72	
13	28	43	58	73	
14	29	44	59	74	
15	30	45	60	75	

Saturday, December 19, 2020

## **BINGO WINNERS**

1 Line - Martina Raposo
2 Lines - Margaret Henderson
3 Lines - Keenan Domingue
Good Luck on winning the
Full Card!

Sunday, December 20, 2020

**Friendly Reminders:** 

Participants must <a href="PRE-">PRE-</a>
<a href="REGISTER">REGISTER</a>, BRING and
<a href="BRING ALL">BRING ALL</a>
<a href="BRING ALL">WEAR FACE MASK for ALL</a>
<a href="programs/activities">programs/activities</a>.

705-864-0200



For the week of **Dec. 14 - Dec. 20, 2020** 

Winter Hours Monday - Friday 8:30 AM - 4:30 PM

Please PRE-REGISTER and WEAR A

FACE MASK for the interesting/
interactive programs, activities and
events offered in our community.

#### **SHEDDING NEEDLES MOON**

During this weaker moon, freezing wind and cold embraces the evergreen shedding their needles.

Participation and feedback for Activities/Events/Programs are encouraged and greatly appreciated. Submit feedback to Tracy Martin via (705)-864-0200 or

health care coordinator @chapleaucree health. ca



# NORTHERN CLINIC NEW STAFF ANNOUNCMENT DAVID O'HARA, NURSE PRACTITIONER

We are pleased to welcome David to our Northern Primary Health Care Team
Schedule your on-site appointment

Location: Chapleau Cree Health Services

When: Wednesday, December 16, 2020 9:00 am to 3 pm. PROVIDING VIRTUAL AND PHONE APPOINTMENTS TOO

Appointment Line and More Information: 1-833-564-2726 x 241 or 705-914-0296

# Feeling Overwhelmed? Confused? Angry? Battery Low?



### Reach out to Melody Hawdon, Mental Health Wellness Worker

by phone or use of technology for face to face appointments with extended hours

Monday	Tuesday	Wednesday	Thursday	Friday
9am – 5pm	10am – 6pm	9am – 5pm	10am – 6pm	10am – 6pm

Contact Melody directly @ 705-904-4158 or <u>melody.hawdon@nmninoeyaa.ca</u>
Appointment Line: 1-833-564-2726 x 241 or 705-914-0296 (M – F, 8:30am to 4:00pm)

Do you have any questions about COVID-19 screening or require information?

Call: Diedre Dupuis, Client Care Coordinator: 705-914-0296 or Toll-free 1-833- 564-2726

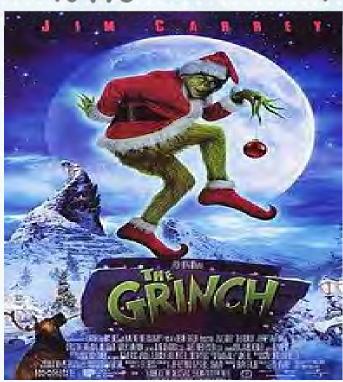
If you are experiencing symptoms of COVID-19 Contact:

7					
Telehealth Ontario	CHAPLEAU COVID-19	WAWA & AREA COVID-19			
1-866-797-0000	Assessment Centre.	Assessment Centre.			
Public Health Sudbury & Districts:	By appointment only:	By appointment only:			
1-705-522-9200	1-705-864-2568	705-914-1114			
Toll-free 1-866-522-9200					

Maamwesying kina gweyahn N'Minobimaadizing – Working As One for the Wellbeing of All



# Youth Movie & Pizza Night



Thursday, December 17<sup>th</sup>, 2020 5:00 PM @ Band Office

# Registration Deadline

Tuesday, December 15<sup>th</sup>, 2020 Register @ the Band Office

SOCIAL DISTANCING & MASKS ARE MANDATORY