

Monday, November 23, 2020



**National Addictions
Awareness Activities**

**Youth Pizza & Movie
with Stephanie Scott**

Presenting

Gord Downie's

(from Tragically Hip)

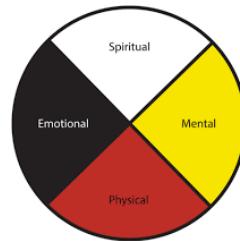
"The Secret Path"

5:00 PM @ Band Office

REGISTRATION DEADLINE

1:00 PM

Tuesday, November 24, 2020



Town Run

**National Addictions
Awareness Activities**

10:00 AM Pipe Ceremony

@ Turtle Lodge

11:00 AM LSJ Sobriety

Drum Walk @ Turtle Lodge

12:00 PM Lunch @ Band Office

Max. 25 people - Must pre-register

1:30— 6:00 PM @ Health

One on One Healing or Spirit Names
with Traditional Healer, Jake Agoneh

**Gift for Healing and Spirit Name
should be given to Traditional Healer,
Jake Agoneh @ appointment**

Call Health for Appointment

3:00 PM Elders & Seniors Drumming
with Adrienne B. @ Mukeso House

Wednesday, November 25, 2020



**National Addictions
Awareness Activities**

Sunrise Ceremony

@ Turtle Lodge

9:30 AM—2:30 PM @ Health

One on One Healing or Spirit Names
with Traditional Healer, Jake Agoneh

**Gift for Healing and Spirit Name
should be given to Traditional Healer,
Jake Agoneh @ appointment**

Call Health for Appointment

1:30— 3:00 PM @ Band Office

Birch Bark Crafts for Adults

3:30—4:30 PM @ Band Office

Birch Bark Crafts for Youth

4:00 PM Feast for Sweat @ Health

5:00 PM Sweat @ Turtle Lodge

**Deadline to submit NAAW nominations
is November 25th, 2020 at 4:00 PM.**

Thursday, November 26, 2020

BINGO Numbers

Drawn in Morning

Town Run

Friday, November 27, 2020

BINGO #s Drawn

(As of Nov 19, 2020)

I 28, N 39, N 42, B 6, G 55

Previous #'s Drawn

B 14, I 21, O 65, O 72, O 75

I 27, I 29, N 40, G 59, O 71

B 4, I 20, G 56, I 30, G 50

I 18, N 38, G 49, G 52, O 74

N 31, N 32, N 43, O 61, O 68

Have a safe,
healthy and happy
weekend everyone!

Saturday, November 28, 2020



Use caution as the weather
changes rapidly during
Freezing Up Moon

Sunday, November 29, 2020

Friendly Reminders:

Participants must
PRE-REGISTER, BRING
and **WEAR facemask** for
ALL programs/activities.
Band complex maximum
current capacity is 25.

705-864-0200



**For the week of the
Nov. 23 - Nov. 29, 2020**

Winter Hours
Monday - Friday
8:30 AM - 4:30 PM

Activities/Events/Programs
Participation & feedback is
always welcomed
& greatly appreciated

Freezing Up Moon

Earth and waterways begin to freeze to
protect the land for the wintering
moons.

Please pre-register for the
interesting/interactive programs,
activities and events offered
in our community.



ADDICTIONS AWARENESS WEEK

November 23rd – November 27th, 2020

Nominate a Chapleau Cree First Nation bandmember who has been "Living the Good Life" and role modeling an ADDICTIONS FREE lifestyle.

Nomination ballots are available at the Health Center.

Fill in the ballot & enter it into the ADDICTIONS AWARENESS ballot box located at Health.

Deadline to submit nominations is November 25th, 2020 at 4:00 PM.

For more information, contact Amanda at 705-864-0200.

National Addictions Awareness Week 2020

NOMINATION BALLOT

Bandmembers are nominated by the community, family and friends of the Chapleau Cree First Nation for **role modelling** and **inspiring** others to live an **ADDICTIONS FREE lifestyle**.

I would like to nominate: _____

Please give a brief explanation as to why you are nominating this individual to be recognized:

Nominated by: _____

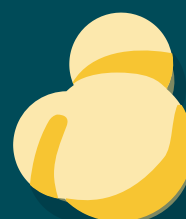


Youth Pizza & Movie Night

Presenting

Gord Downie's

"The Secret Path"



Nov. 23/20



5:00PM



Band Office



Register by 1:00 PM
with Stephanie Scott



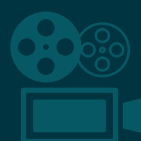
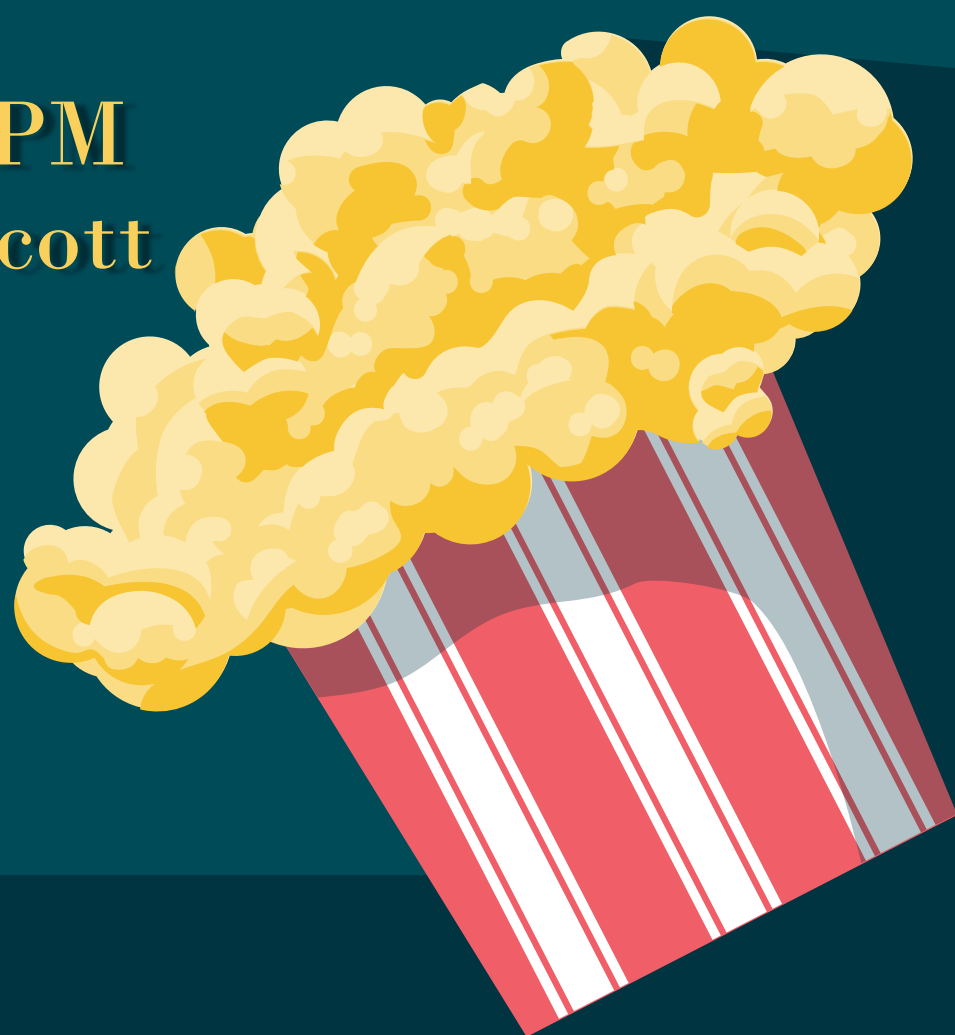
Pizza, Drinks



Snacks



Bring & Wear
Your Mask



Call out for all Pipe Carriers

Sacred Pipe Ceremony

- This is one of the most **powerful** and sacred **spiritual** rituals.
- The pipe symbolizes **unity** and **harmony** of the world.
 - The bowl of the pipe represents truth, and the stem represents the way we are to live in harmony and **balance** with all of **creation**.
- Smoking the pipe stresses the unity of everything.



PIPE CEREMONY

TUESDAY, NOVEMBER 24/20
10:00 AM @ TURTLE LODGE

LUNCH TO FOLLOW AT
12:00 PM @ BAND OFFICE
MUST REGISTER WITH HEALTH

Addictions Awareness

**Sacred Pipe
Ceremony with
Traditional Healer,
Jake Agoneh**



Life's Sacred Journey Sobriety Walk

When:

Tuesday, November 24th
@11:00am-12:00pm

Where:

The Turtle Lodge

National Addictions and Awareness Week

Contact us to register! : prevention@lifessacredjourney.ca or 705-860-0001

Registration open till Monday the 23rd at 4:00pm



ONE ON ONE HEALING OR SPIRIT NAME APPOINTMENTS

WITH TRADITIONAL HEALER, JAKE AGONEH

Tuesday, November 24 & Wednesday, November 25, 2020

Call Health @ 705-864-0200 to book appointment

Healing 1.0 hour and or Spirit Names 15 min.



November 20, 2020 to December 13, 2020

Chapleau Cree First Nation band members residing in the Chapleau Area are invited to participate in the Annual Community Christmas Shopping Trip valid between the dates of November 20, 2020 to December 13, 2020.

This year's Christmas Shopping Trip will be adjusted due to Covid-19 and larger cities have increasing positive Covid cases. If Chapleau Area bandmembers wish to participate in the Christmas Shopping Trip, you can choose one of three locations to travel independently to; Sudbury, Timmins or Sault Ste. Marie. Chapleau Cree Health Services will reimburse 1 standard room rate (1 room per family unit) at a hotel to a maximum of 2 nights stay, applicable to these dates only. Also, a \$100 Pimii Kamik gas voucher (1 voucher per family unit) will be given to help cover the cost of travelling to this event. The gas vouchers will be given after hotel receipts are submitted for reimbursement. Meals will be reimbursed upon receipt of hotel room stay up to a maximum of \$75.00 per person/per day for a maximum of 2 people per family.

Are you interested in participating in this event? Do you need assistance booking your hotel room? Please contact Dianna at Health reception 705-864-0200 immediately if you are planning to attend this event.





Call 705-864-0200 to register before 4:00 p.m. on Tuesday, Dec. 1/20

Come enjoy good food and learn how the Men's Initiative can benefit the male and youth in our community. Youth aged 12+ are welcome to attend. Presentations for younger youth will be scheduled in new year.