



**TURTLE CONCEPTS &
CHAPLEAU CREE HEALTH**



BOOT CAMP

August 27-29

The benefits of Turtle Concepts' Boot Camp is designed to help flourish and strengthen our youth's mind, body and spirit. We want to enhance their inclusive experience by providing the learning tools and guides in order to conquer any situation they face with pride and succeed.

By participating in our Boot Camp, it allows for the following:

- Become more confident in what you do.
- Have fun while working out your body.
- Learn respect, trust and bravery.
- Gain the confidence to accomplish any task you face.
- Learn various social skills that will develop your future.
- Learn skills to meeting new people.
- Learning how to overcome difficulties you may come across.
- Building resiliency.
- Building strength and bonds.
- and most of all it is the most fun you can have!

It's the chance to create memories, have laughs, and much more!

SIR YES SIR!

GENERAL

PRIVATE

LOCATION:

Chapleau Cree
Health Centre

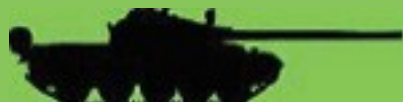
TIME:

10:30 AM - 3:00 PM

AGES:

10 and up

Lunch Provided



Please register by

Aug. 20th

Chapleau Cree Health
Centre

health.reception@chapleaucreehealth.ca

705-864-0200

