



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Summer Hours Monday – Thursday 8:00 AM – 5:00 PM Friday's 8:00 AM – 12:00 PM	JULY	2018	Molting Feathers Moon			
1 	2 CCFN Offices Closed	3 Meals on Mocs/Town Run ***** Yoga with Senior's 1:30 PM @ Health *****	4 Meals on Mocs ***** Baking with Senior's 2:00 PM @ Mukeso House *****	5 Deadline to Register for Foam Fest 2018 ***** Meals on Mocs/Town Run	6 CCFN Offices Close @ 12:00 PM	7
Chapleau Cree FN 2 nd Annual Community Canoe Trip July 3-6 approx. 35 kms of retracing our ancestor's waterways *See attached poster						
Pinnguaq Te(a)ch Workshop - Learn to Code 10 AM – 4 PM @ Health Ages 7-13 years old *Please Register with Health ASAP						
8	9 Meals on Mocs ***** Foot Care 9:00 AM – 4:00 PM @ Health	10 Meals on Mocs/Town Run ***** Yoga with Senior's 1:30 PM @ Health *****	11 Meals on Mocs ***** Bingo with Senior's 2:00 PM @ Mukeso House	12 Meals on Mocs/Town Run ***** Reflexology 1:00 – 4:30 PM	13 CCFN Offices Close @ 12:00 PM	14
Youth Cultural Camp July 9 – 13 @ Racine Lake						
15	16 Meals on Mocs	17 Meals on Mocs/Town Run ***** Yoga with Senior's 1:30 PM @ Health ***** Nutrition Bingo 7:00 PM @ Health	18 Meals on Mocs ***** Crafts with Senior's 2:00 PM @ Mukeso House ***** Youth Bingo 6:30 PM @ Band Office	19 Lunch and Learn Noon @ Health	20 Depart Foam Fest 7 AM Offices Closed @12:00 PM	21 Foam Fest 2018 
22 Return from Foam Fest	23 Meals on Mocs	24 Meals on Mocs/Town Run ***** Yoga with Senior's 1:30 PM @ Health ***** Youth Movie Night 5:30 @ Band Office	25 Meals on Mocs ***** Bingo with Senior's 2:00 PM @ Mukeso House ***** Community Information Dinner at 5:30 PM @ Band Complex	26 Meals on Mocs/Town Run ***** Reflexology 1:00-4:30 PM	27 Offices Close @ 12:00 PM	28
29	30 Meals on Mocs	31 Yoga with Senior's 1:30 PM @ Health				